

ABSTRAK

Dalam menghadapi persaingan kerja yang semakin ketat, setiap freelancer diharapkan memiliki kemampuan dalam menghadapi tantangan dan beradaptasi dengan perkembangan dunia kerja saat ini. Untuk mengatasi hal itu diperlukan adanya kecerdasan dalam menghadapi setiap tantangan dan hambatan yang disebut dengan adversity quotient. Penelitian ini bertujuan untuk mengetahui hubungan adversity quotient dengan career adaptability pada freelancer. Subjek penelitian ini adalah freelancer, dengan masa kerja kurang dari 2 tahun. Pengumpulan data dilakukan dengan menggunakan skala adversity quotient dan skala career adaptability, yang memiliki koefisien reliabilitas Cronbach Alpha sebesar 0,863 dan 0,875. Teknik analisis data yang digunakan adalah teknik analisis pearson correlation. Berdasarkan hasil penelitian, diperoleh koefisien korelasi 0,951 ($p < 0,01$). Hal ini berarti ada hubungan positif antara adversity quotient dengan career adaptability pada freelancer, dan menunjukkan bahwa variabel adversity quotient memiliki kontribusi sebesar 90,5% terhadap variabel career adaptability, sedangkan 9,5% dipengaruhi oleh faktor lain.

Kata kunci : career adaptability, adversity quotient, freelancer

ABSTRACT

In the face of increasingly fierce work competition, every freelancer is expected to have the ability to face challenges and adapt to the development of the world of work today. To overcome this, intelligence is needed to face every challenge and obstacle called adversity quotient. This study aims to determine the relationship of adversity quotient with career adaptability of freelancers. The subject of this research is a freelancer, with a work period of less than 2 years. Data collection was performed using an adversity quotient scale and career adaptability scale, which has a Cronbach Alpha reliability coefficient of 0.863 and 0.875. The data analysis technique used is Pearson correlation analysis technique. Based on the results of the study, a correlation coefficient of 0.951 ($p < 0.01$) was obtained. This means there is a positive relationship between adversity quotient with career adaptability on freelancers, and shows that the adversity quotient variable has a contribution of 90.5% to the career adaptability variable, while 9.5% is influenced by other factors.

Keywords : career adaptability, adversity quotient, freelancer