

HUBUNGAN ANTARA *SELF-CONFIDENCE* DENGAN *HARDINESS* PADA MAHASISWA YANG KULIAH SAMBIL BEKERJA

Kristovel

Fakultas Psikologi, Universitas Mercu Buana Yogyakarta
email : kristovelgandu@gmail.com

ABSTRAK

Tujuan penelitian adalah untuk mengetahui hubungan antara *self-confidence* dengan *hardiness* pada mahasiswa yang kuliah sambil kerja. Subjek penelitian adalah mahasiswa Fakultas Psikologi kelas karyawan/sore UMBY berjumlah 84 orang. Teknik pengambilan sampel penelitian menggunakan *purposive sampling*. Metode penelitian yang digunakan adalah kuantitatif dengan alat ukur berupa skala *hardiness* dan skala *self-confidence*. Analisis data penelitian menggunakan *pearson correlation product moment*. Hasil penelitian menunjukkan terdapat hubungan positif dan signifikan antara *self-confidence* dengan *hardiness*, di mana nilai *p value* sebesar $0,000 < 0,005$. Artinya lebih kecil dari probabilitas 0,005. Hasil penelitian ini juga menunjukkan kontribusi *self-confidence* terhadap *hardiness* sebesar 49,8%.

Kata Kunci : *Hardiness, Self-Confidence, Mahasiswa Kuliah Sambil Kerja.*

***RELATIONSHIP BETWEEN SELF-CONFIDENCE AND HARDINESS
STUDENTS ARE STUDYING WHILE WORKING***

Kristovel

Faculty of Psychology, Mercu Buana University Yogyakarta
email: kristovelgandu@gmail.com

ABSTRACT

The research objective was to determine relationship between self-confidence and hardiness students who study while working. Research subjects were 84 students of Psychology Faculty UMBY. Research sampling technique used purposive sampling. Method used is quantitative with measuring instruments in form a hardiness scale and a scale self-confidence. Analysis research data using Pearson correlation product moment. Results showed that there was a positive and significant relationship between self-confidence and hardiness, where p value was $0.000 < 0.005$. Means that it's smaller than probability 0.005. Results also showed contribution self-confidence to hardiness of 49.8%.

Keywords: Hardiness, Self-Confidence, Students Study While Working.