

ABSTRAK

Saat ini segala kebutuhan semakin kompleks, maka dari itu banyak mahasiswa yang memutuskan untuk kuliah sambil bekerja. Tentunya mahasiswa tersebut harus memiliki suatu kecerdasan untuk dapat beradaptasi dalam menghadapi segala hambatan dan tantangan di dunia kerjanya yang disebut dengan *adversity quotient*. Penelitian ini bertujuan untuk mengetahui hubungan *adversity quotient* dengan *career adaptability*. Subjek di dalam penelitian ini berjumlah 100 mahasiswa yang kuliah sambil bekerja di Universitas Mercu Buana Yogyakarta. Dalam pengumpulan data penelitian ini menggunakan alat ukur berupa skala *adversity quotient* dan skala *career adaptability*. Teknik analisis data ini menggunakan teknik analisis *pearson correlation*. Berdasarkan hasil penelitian, diperoleh koefisien korelasi (r_{xy}) = 0,205 dan $p = 0,020$ ($p < 0,050$) yang berarti terdapat hubungan positif *adversity quotient* dengan *career adaptability* pada mahasiswa yang kuliah sambil bekerja di Universitas Mercu Buana Yogyakarta. Nilai koefisien determinasi (R^2) diperoleh sebesar 0,042 yang berarti menunjukkan bahwa sumbangan variabel *adversity quotient* dengan *career adaptability* sebesar 4,2% dan sisanya 95,8% dipengaruhi oleh faktor lain.

Kata kunci : *adversity quotient, career adaptability, mahasiswa yang kuliah sambil bekerja.*

ABSTRACT

Currently, all needs are increasingly complex, therefore many students decide to study while working. Of course, the student must have an intelligence to be able to adapt in the face of all obstacles and challenges in the world of work which is called the adversity quotient. This study aims to determine the relationship between adversity quotient and career adaptability. The subjects in this study amounted to 100 students who study while working at the University of Mercu Buana Yogyakarta. In collecting data, this research uses measuring tools in the form of adversity quotient scale and career adaptability scale. This data analysis technique uses the Pearson correlation analysis technique. Based on the results of the study, the correlation coefficient (r_{xy}) = 0.205 and $p = 0.020$ ($p < 0.050$) which means that there is a positive relationship between adversity quotient and career adaptability in students studying while working at Mercu Buana University, Yogyakarta. The value of the coefficient of determination (R^2) is 0.042, which means it shows that the contribution of the adversity quotient variable with career adaptability is 4.2% and the remaining 95.8% is influenced by other factor.

Keywords : adversity quotient, career adaptability, students studying while working.