

## DAFTAR PUSTAKA

- Abramova, O., Krasnova, H., Baumann, A., & Buxmann, P. (2016, Januari). Gender Differences in Online Dating: What Do We Know So Far? A Systematic Literature Review. *2016 49th Hawaii International Conference on System Sciences (HICSS)* (hal. 3858-3867). IEEE.
- Adamczyk, K. (2015). Development and validation of the Polish-language version of the Dating Anxiety Scale in a sample of young adults. *Psychologia Społeczna*, 4 (35), 478-488. doi:  
<https://doi.org/10.7366/1896180020153508>
- Adamczyk, K., & Segrin, C. (2016). The Mediating Role of Romantic Desolation and Dating Anxiety in the Association Between Interpersonal Competence and Life Satisfaction Among Polish Young Adults. *Jurnal of adult devolpment*, 23 (1), 1-10. doi:<https://doi.org/10.1007/s10804-015-9216-3>
- Azwar, S. (2012). *Penyusunan skala psikologi (Edisi 2)*. Yogyakarta: Pustaka Pelajar.
- Azwar, S. (2017). *Metode penelitin psikologi (Edisi II)*. Yogyakarta: Pustaka Pelajar.
- Baron, R. A., & Branscombe, N. R. (2012). *Social Psychology 13th ed.* United States of America: Pearson Education.
- Bonilla-Zorita, G., Griffiths, M. D., & Kuss , D. J. (2021). Online Dating and Problematic Use: A Systematic Review. *International Journal of Mental Health and Addiction volume*, 19(6), 2245–2278. doi:<https://doi.org/10.1007/s11469-020-00318-9>
- Cacioppo, J. T. & Hawkley, L. C. (2009). Perceived social isolation and cognition. *Perceived social isolation and cognition.*, 13(10), 447-454. doi:<https://doi.org/10.1016/j.tics.2009.06.005>

- Cacioppo, J. T., & Patrick, W. (2008). *Loneliness: Human Nature and The Need For Social Connection*. United States of America: Alan Witschonke Illustration.
- Calvert, J. D., Moore, D., & Jensen, B. J. (1987). Psychometric Evaluation of the Dating Anxiety Survey: A Self-Report Questionnaire for the Assessment of Dating Anxiety in Males and Females. *Journal of Psychopathology and Behavioral Assessment*, 9 (3), 341-350. doi:<https://doi.org/10.1007/BF00964562>.
- Chorney, D. B., & Morris, T. L. (2008). The Changing Face of Dating Anxiety: Issues in Assessment With Special Populations. *Clinical psychology science and practice*, 15 (3), 224-238. doi:<https://doi.org/10.1111/j.1468-2850.2008.00132.x>
- Coduto, K. D., Lee-Won, R. J., & Baek, Y. M. (2020). Swiping for trouble: Problematic dating application use among psychosocially distraught individuals and the paths to negative outcome. *Journal of Social and Personal Relationships*, 37(1), 212-232. doi:<https://doi.org/10.1177/0265407519861153>
- Curry, D. (2022, Mei 4). *Dating App Revenue and Usage Statistics (2022)*. Dipetik April 20, 2022, dari Business of Apps: <https://www.businessofapps.com/data/dating-app-market/>
- Data, S. a. (2022, Januari 14). *Most Popular Dating Sites – 2012/2022*. Dipetik April 22, 2022, dari Statistics & Data: <https://statisticsanddata.org/data/most-popular-dating-sites-2012-2022/>
- DiTommaso, E., & Spinner, B. (1993). The development and initial validation of the Social and Emotional Loneliness Scale for Adults (SELSA). *Personality and Individual Differences*, 14(1), 127-134. doi:[https://doi.org/10.1016/0191-8869\(93\)90182-3](https://doi.org/10.1016/0191-8869(93)90182-3)
- Dutton, W. H. (2013). *The oxford handbook of internet studies*. Oxford: Oxford University Press 2013.
- Ellison, N., Heino, R., & Gibbs, J. (2006). Managing Impressions Online: Self-Presentation Processes in the Online Dating Environment. *Journal of*

*Computer-Mediated Communication*, 11(2), 415-441.  
doi:<https://doi.org/10.1111/j.1083-6101.2006.00020.x>

Glickman, A. R., & La Greca, A. M. (2004). The Dating Anxiety Scale for Adolescents: Scale Development and Associations With Adolescent Functioning. *Journal of Clinical Child and Adolescent Psychology*, 33 (3), 566-578. doi:[https://doi.org/10.1207/s15374424jccp3303\\_14](https://doi.org/10.1207/s15374424jccp3303_14)

Golbeck, J. (2015). *Introduction to Social Media Investigation*. Waltham: Elsevier. Inc.

Graff, M. G., & Welsby, E (2018) 'Who swipes quicker? Gender differences within decision making on online dating apps'. *Paper presented at the British Psychological Society Conference*, Cardiff Metropolitan University, UK.

Gupta, I. (2021). Impact of Online Dating Apps on Young Adults Dating Anxiety. *The International Journal of Indian Psychology*, 9(2), 1043-148. doi:<https://doi.org/10.25215/0902.108>

Haliza, N., & Kurniawan, A. (2021). Hubungan Antara Keterbukaan Diri dengan Kesepian Pada Dewasa Awal Pengguna Aplikasi Dating Online. *Journal of Nursing Research*, 1(1), 51-61.

Hurlock, E.B.(2009). *Psikologi perkembangan: Suatu pendekatan sepanjang rentang kehidupan*. Erlangga, Jakarta.

Hope, D. A., & Heimberg, R. G. (1990). Dating Anxiety. Dalam H. Leitenberg, *Handbook of social and evaluation anxiety* (hal. 217-246). New York: Plenum Press, New York.

Hughes, M. E., Waite, L. J., Hawkey, C. L., & Cacioppo, J. T. (2004). A Short Scale for Measuring Loneliness in Large Surveys: Results From Two Population-Based Studies. *Research on Aging*, 26(6), 655-672. doi:<https://doi.org/10.1177/0164027504268574>

Hutten, E., Jongen, E. M., Hajema, K., Ruiters, R. A., Hamers, F., & Bos, A. E. (2021). Risk factors of loneliness across the life span. *Journal of Social and Personal Relationships*, 39(5), 1482-1570. doi:<https://doi.org/10.1177/02654075211059193>

- Kalkan, M. (2008). Dating Anxiety in Adolescents: Scale Development and Effectiveness of Cognitive-Behavioral Group Counseling. *Eurasian Journal of Educational Research*, 8(32), 55-68. Diambil kembali dari [https://www.researchgate.net/publication/280136785\\_Dating\\_anxiety\\_in\\_adolescents\\_Scale\\_development\\_and\\_effectiveness\\_of\\_cognitive-behavioral\\_group\\_counseling](https://www.researchgate.net/publication/280136785_Dating_anxiety_in_adolescents_Scale_development_and_effectiveness_of_cognitive-behavioral_group_counseling)
- Kuczyńska, A., & Dolińska-Zygmunt, G. (2004). Zadowolenie z kontaktów interpersonalnych oraz kompetencje społeczne a poczucie samotności. *Prace Naukowe Akademii Ekonomicznej we Wrocławiu. Nauki Humanistyczne*, 103-115.
- Kumar, G., Athilakshmi, Maharishi, & Maya. (2015). Relationship between Fear of Negative Evaluation and Anxiety. *The International Journal of Indian Psychology*, 76-80. doi:<https://doi.org/10.25215/0301.101>
- La Greca , A. M., & Mackey, E. R. (2007). Adolescents' Anxiety in Dating Situations: The Potential Role of Friends and Romantic Partners. *Journal of Clinical Child and Adolescent Psychology*, 36 (4), 522-533. doi:<https://doi.org/10.1080/15374410701662097>
- La Greca, A. M., & Lopez, N. (1998). Social Anxiety Amon Adolescents: Linkages with Peer Relations and Friendships. *Journal of abnormal child psychology*, 26 (2), 83-94. doi:<https://doi.org/10.1023/a:1022684520514>
- Larsen, R. J. (1996). arsen, R. J., & Shackelford, T. K. (1996). Gaze avoidance: personality and social judgments of people who avoid direct fact-to-face contact. *Personality and Individual. arsen, R. J., & Shackelford, T. K. (1996). Gaze avoidance: personality and social judgments of people who avoid direct fact-to-face contact. Personality and Individual*, 907-917.
- Larson, J. H., Taggart-Reedy, M., & Wilson , S. M. (2021). The Effects of Perceived Dysfunctional Family-of-Origin Rules on the Dating Relationships of Young Adults. *Contemporary Family Therapy*, 23(4), 489–512. doi:<https://doi.org/10.1023/A:1013009213860>

- Lim, M. H., Rodebaugh, T. L., Gleeson, J. F., & Zyphur, M. J. (2018). Loneliness Over Time: The Crucial Role of Social Anxiety. *Journal of Abnormal Psychology, 125*(5), 620-630. doi:10.1037/abn0000162
- Major, B. & O'Brien, L. T. (2005). The Social psychology of stigma. *Annual Review of Psychology, 56*(1), 393-421.
- Mushtaq, A., & Sirajudeen, M. (2021). A Study On The Relationship Between Loneliness And Psychological Distress Among Adults. *International Journal of Scientific and Research Publications, 11*(4), 137-148. doi:10.29322/IJSRP.11.04.2021.p11218
- Myers, D. G., & Twenge, J. M. (2019). *SOCIAL PSYCHOLOGY THIRTEENTH EDITION*. New York: McGraw-Hill Education.
- Nikiforova, J (2020). What is the relationship between loneliness and Tinder use?. *Tilburg University*, SNR: 2012270 ANR: 848934
- Nurliah. (2016). Hubungan kesepian dengan keterbukaan diri pengguna online dating pada dewasa awal yang mencari pasangan. *Jurnal Psikologi Universitas Gunadarma*, 1–9.
- Odaci, H., & Kalkan, M. (2010). Problematic Internet use, loneliness and dating anxiety among young adult university students. *Comput. Educ, 55*, 1091-1097. doi:https://doi.org/10.1016/j.compedu.2010.05.006
- Peplau, L. A., & Perlman, D. (1982). *Loneliness: a sourcebook of current theory, research and therapy*. Canada: John Wiley & Sons, Inc.
- Peter, J., & Valkenburg, P. M. (2007). Who looks for casual dates on the internet? A test of the compensation and the the compensation and the. *New media & society, 9*(3), 455-474. doi:DOI: 10.1177/1461444807076975
- Pevedano, A., Gimeno, M. C., Muniz, M., Cuesta, P., Santoro, C., & Campani, G. (2015). Loneliness, relational gender and offline-online dating violence: Reality through the mirror? *Departament of Education and Social*. Diambil kembali dari

[https://www.researchgate.net/publication/296951111\\_Loneliness\\_relationa\\_l\\_gender\\_and\\_offline-online\\_dating\\_violence\\_Reality\\_through\\_the\\_mirror](https://www.researchgate.net/publication/296951111_Loneliness_relationa_l_gender_and_offline-online_dating_violence_Reality_through_the_mirror)

Putri, T.N., Nurhayati, I. K., Pamungkas, I. N. A (2015). Motif Pria Pengguna Tinder sebagai Jejaring Sosial Pencari Jodoh (Studi Virtual Etnografi Mengenai Motif Pengguna Tinder). *eProceedings of Management*, 2(3).

Populix. (2020, September 07). *5 Aplikasi Kencan Online Terbaik 2022 untuk Cari Pasangan*. Dipetik Juli 07, 2022, dari Populix: <https://info.populix.co/articles/aplikasi-kencan-online/>

Portolan, L., & McAlister, J. (2021). Jagged Love: Narratives of Romance on Dating Apps during COVID-19. *Sexuality & Culture*, 26(1), 354–372. doi:<https://doi.org/10.1007%2Fs12119-021-09896-9>

Richards, T. A. (2020). *What is Social Anxiety?* dikutip Juni 7, 2022, dari Social Anxiety Institute: <https://socialanxietyinstitute.org/what-is-social-anxiety>

Rinanldi, M. R. (2021). Kesepian pada Mahasiswa selama Pandemi COVID-19. *Jurnal Psikologi Teori dan Terapan*, 11 (3), 267-277. doi:<http://dx.doi.org/10.26740/jppt.v11n3.p267-277>

Russell, D. (1982). The Measurement of Loneliness. Dalam L. A. Peplau, & D. Perlman, *Loneliness: A Sourcebook of Current Theory, Research and Therapy* (hal. 81-104). Canada: Jhon Wiley & Sons, Inc.

Russell, D. W. (1996). UCLA Loneliness Scale (Version 3): Reliability, Validity, and Factor Structure. *Jurnal of personality assessment*, 66 (1), 20-40. doi:[https://doi.org/10.1207/s15327752jpa6601\\_2](https://doi.org/10.1207/s15327752jpa6601_2)

Russell, D., Peplau, L. A., & Ferguson, M. L. (1978). Developing a Measure of Loneliness. *Journal of Personality Assessment*, 42 (3), 290-294. doi:[https://doi.org/10.1207/s15327752jpa4203\\_11](https://doi.org/10.1207/s15327752jpa4203_11)

Saad, L. (2015, Juni 08). *Fewer Young People Say I Do -- to Any Relationship*. Dipetik Juli 05, 2022, dari GALLUP:

<https://news.gallup.com/poll/183515/fewer-young-people-say-relationship.aspx>

- Santoso, S. (2020). *Panduan lengkap SPSS 26*. Jakarta: PT Elex Media Komputindo.
- Santrock, J. W. (2019). *Adolescence (Seventeenth Edition)*. New York: McGraw-Hill Education.
- Septiana, E., Syafiq, M. (2013). Identitas "lajang" (single identity) dan stigma: Studi fenomenologi perempuan lajang di Surabaya. *Jurnal Psikologi Teori & Terapan*, 14(1), 71-86
- Shiovitz-Ezra, S., & Leitsch, S. (2010). The Role of Social Relationships in Predicting Loneliness: The National Predicting Loneliness: The National. *Social Work Research*, 157-161. doi:<https://doi.org/10.1093/swr/34.3.157>
- Shovestul, B., Han, J., Germine, L., & Dodell-Feder, D. (2020). Risk factors for loneliness: The high relative importance of age versus other factors. *PLoS one*, 15(2), 1-18. doi:<https://doi.org/10.1371/journal.pone.0229087>
- Solis, R. J., & Wong, K. Y. (2018). To meet or not to meet? Measuring motivations and risks as predictors of outcomes in the use of mobile dating applications in China. *Chinese Journal of Communication*, 12(2), 204-223. doi:12:2, 204-223, DOI: 10.1080/17544750.2018.1498006
- Solmi, M., Veronese, N., Galvano, D., Favaro, A., Ostinelli, E. G., Noventa, V., . . . Trabucchi, M. (2020). Factors Associated With Loneliness: An Umbrella Review Of Observational. *Journal of Affective disorders*, 271, 131-138. doi:<https://doi.org/10.1016/j.jad.2020.03.075>
- Stevens, S. B., & Morris, T. (2007). College Dating and Social Anxiety: Using the Internet as a Means of Connecting to Others. *Cyberpsychology and behavior*, 10 (5), 680-689. doi:<https://doi.org/10.1089/cpb.2007.9970>
- Sugiyono. (2019). *Metode penelitian kuantitatif, kualitatif, dan R&D*. Bandung: Alfabeta.

- Sydow, L. (2021, Oktober 13). *Consumers in Three Countries Now Spend More than 5 Hours a Day in Apps*. Dipetik April 16, 2022, dari data.ai: <https://www.data.ai/en/insights/market-data/consumers-in-five-countries-now-spend-more-than-5-hours-a-day-in-apps/#:~:text=Daily%20Time%20Spent%20in%20Apps%20Reached%20New%20Heights%20in%20Q3%202021&text=Indonesian%20users%20spend%20an%20incredible,the%20>
- Timmermans, E., & De Caluwe, E. (2017). To Tinder or Not to Tinder that's the Question: An Individual Differences Perspective to Tinder use and Motives. *Personality and Individual Differences*, *110*, 74-79. doi:<https://doi.org/10.1016/j.paid.2017.01.026>
- Tinder. (2021, Maret 25). *The Future of Dating Is Fluid*. Dipetik April 20, 2022, dari Tinder: <https://www.tinderpressroom.com/futureofdating>
- Tinder. (2022, Februari 10). *Tinder Brings Back The Blind Date With New In-App Experience*. Dipetik Juni 7, 2022, dari Tinder: <https://www.tinderpressroom.com/2022-02-10-Tinder-Brings-Back-The-Blind-Date-With-New-In-App-Experience>
- VandenBos, G. R. (2015). *APA Dictionary of Psychology (Second Edition)*. Washington, DC: American Psychological Association. doi:<https://doi.org/10.1037/14646-000>
- Wiederhold, B. K. (2015). Twenty Years of Online Dating: Current Psychology and Future Prospects. *Cyberpsychology, Behavior, and Social Networking*, *18*(12), 695-696. doi:<https://doi.org/10.1089/cyber.2015.29017.bkw>
- Willoughby, B. J., & James, S. J. (2017). *The marriage paradox*. Amerika Serikat: Oxford University Press.
- Willoughby, B. J., & James, S. L. (2017). *The Marriage Paradox: Why Emerging Adults Love Marriage yet Push It Aside*. Oxford University Press 2017. doi:<https://doi.org/10.1093/acprof:oso/9780190296650.001.0001>



- Yasmin, S., Firdous, S., Saqib, S., & Khatoon, T. (2020). Fear of negative evaluation, loneliness and life orientation of never married men and women. *Journal of Health, Medicine and Nursing*, 26-48. doi: 10.7176/JHMN/71-05
- Zytka, D., Grandhi, S., & Jones, Q. (2018). The (un) enjoyable user experience of online dating systems. Dalam M. Blythe, & A. Monk, *Funology 2* (hal. 61-75). Springer. doi:DOI: 10.1007/978-3-319-68213-6\_5