

## ABSTRAK

Sumber daya manusia merupakan salah satu faktor utama untuk menentukan keberhasilan suatu perusahaan dalam mencapai tujuan. Oleh karena itu, kesejahteraan karyawan merupakan salah satu isu penting yang perlu diperhatikan oleh perusahaan. Penelitian ini bertujuan untuk mengetahui hubungan antara *perceived organizational support* dengan *work life balance* pada karyawan di Yogyakarta. Hipotesis dalam penelitian ini adalah ada hubungan positif antara *perceived organizational support* dengan *work life balance* pada karyawan di Yogyakarta. Subjek dalam penelitian ini terdiri dari 123 karyawan di Yogyakarta yang telah memiliki masa kerja 1 tahun. Pengumpulan data penelitian ini menggunakan Skala *Work Life Balance* dan Skala *Perceived Organizational Support*. Data yang diperoleh selanjutnya dianalisis menggunakan analisis korelasi *product moment*. Berdasarkan hasil analisis diperoleh koefisien korelasi ( $r_{xy}$ ) = 0,662,  $p = 0,000$  ( $p < 0,010$ ). Hal ini menunjukkan bahwa hipotesis dalam penelitian ini diterima dan terbukti bahwa terdapat hubungan positif antara *perceived organizational support* dengan *work life balance* pada karyawan di Yogyakarta

Kata kunci : *Work life balance* , *perceived organizational support*.

## **ABSTRACT**

*Human resources is the main factor to determine the success of a company in achieving it's goals. Therefore, employee welfare is an important issue that companies need to concerned about. This study aims to determine the relationship between perceived organizational support and work life balance among employees in Yogyakarta. The hypothesis in this study is that there is a positive relationship between perceived organizational support and work life balance among employees in Yogyakarta. The subjects in this study consisted of 123 employees in Yogyakarta. The data collection of this research uses the Work Life Balance Scale and the Perceived Organizational Support Scale. The data obtained were then analyzed using product moment correlation analysis. Based on the results of the analysis, the correlation coefficient ( $r_{xy}$ ) = 0.662 ( $p < 0.010$ ) was obtained. This shows that the hypothesis in this study is accepted and it is proven that there is a positive relationship between perceived organizational support and work life balance among employees in Yogyakarta*

*Key words : Work life balance, perceived organizational support*

