

DAFTAR PUSTAKA

- Ansari, A. (2015) *Modern Romance*. London : Allen Lane.
- Ardaningtyas, N. (2020). Lima Aplikasi Kencan Online Pilihan. Antara News. Diakses dari <https://www.antaraneews.com/berita/1735661/lima-aplikasi-kencan-online-pilihan>
- Arnett, J. (1994). Sensation seeking: A new conceptualization and a new scale. *Personality and Individual Differences*, 16(2), 289–296. [https://doi.org/10.1016/0191-8869\(94\)90165-1](https://doi.org/10.1016/0191-8869(94)90165-1)
- Asosiasi Penyelenggara Jasa Internet Indonesia. (2020). Buletin APJII Edisi 74. Diakses dari <https://apjii.or.id/content/read/104/503/BULETIN-APJII-EDISI-74---November-2020>
- Azwar, S. (2016). *Penyusunan Skala Psikologi*. Yogyakarta: Pustaka Pelajar
- Azwar.(2019). *Metode Penelitian Psikologi*. Yogyakarta: Pustaka Pelajar
- Baek, Y. M., Bae, Y., & Jang, H. (2013). Social and parasocial relationships on social network sites and their differential relationships with users' psychological well- being. *Cyberpsychology, Behavior, and Social Networking*, 16(7), 512-517. Doi :<https://doi.org/10.1089/cyber.2012.0510>
- Baloğlu, M., Şahin, R., & Arpaci, I. (2020). A review of recent research in problematic internet use: gender and cultural differences. *Current Opinion in Psychology*, 36, 124-129. Doi : <https://doi.org/10.1016/j.copsyc.2020.05.008>
- Bartram, D., Boniwell, I. (2007). The Science Of Happiness: Achieving Sustained Psychological Well Being. *In practice*. Vol. 29. Doi : 10.1136/inpract.29.8.478
- Bench, S. W., & Lench, H. C. (2013). On the function of boredom. *Behavioral Sciences*,3(3), 459-472. Doi : 10.3390/bs3030459
- Bonilla-Zorita, G., Griffiths, M. D., & Kuss, D. J. (2020). Online Dating and Problematic Use: A Systematic Review. *International Journal of Mental Health and Addiction*, 1- 34. doi: 10.1007/s11469-020-00318-9
- Bradburn, N. M. (1969). *The Structure of Psychological Well-Being*. Oxford: Aldine. Chan, L. S. (2017). Who uses dating apps? Exploring the relationships among trust, sensation-seeking, smartphone use, and the intent to use dating apps based on the integrative model. *Computers in Human Behavior*, 72, 246-258. Doi : <https://doi.org/10.1016/j.chb.2017.02.053>

- Chaplin, J. P. (2006). *Kamus lengkap psikologi*. Jakarta: PT. Raja Grafindo Pratama
- Coduto, K. D., Lee-Won, R. J., & Baek, Y. M. (2020). Swiping for trouble: Problematic dating application use among psychosocially distraught individuals and the paths to negative outcomes. *Journal of Social and Personal Relationships*, 37(1), 212- 232. Doi : <https://doi.org/10.1177/0265407519861153>
- Deci, E. L., & Ryan, R. M. (2008). Hedonia, eudaimonia, and well-being: An introduction. *Journal of Happiness Studies*, 9, 1–11. Doi : <https://doi.org/10.1007/s10902-006-9018-1>
- Diener, E., & Lucas, R. (1999). Personality and subjective well-being. In D. Kahneman,
- E. Diener, & N. Schwarz (Eds.), *Well-being: The foundation of hedonic psychology* (pp. 213-229). New York: Russell Sage Foundation.
- Diener, E., and Ryan, K. (2015). Subjective Well-Being: a General Overview. *South African Journal of Psychology*, 39(4), 391-406. Doi : 10.1177/00812463090390040
- Dyah, A. S. P., & Fourianalisyawati, E. (2018). Peran trait mindfulness terhadap kesejahteraan psikologis pada lansia. *Jurnal Psikologi Ulayat*, 5(1), 109-122. Doi : <https://doi.org/10.24854/jpu74>
- Elpidorou, A. (2014). The bright side of boredom. *Frontiers in psychology*, 5, 1245. doi:10.3389/fpsyg.2014.01245
- Fandia, M. (2017). *Swipue Your Destiny – Survey Report On Indonesia Tinder Users*. Diakses dari <https://blog.jakpat.net/swipe-your-destiny-survey-report-on-indonesian-tinder-users/>
- Ferdiana, C., Susanto, E. H., & Aulia, S. (2020). Penggunaan Media Sosial Tinder dan Fenomena Pergaulan Bebas di Indonesia. *Koneksi*, 4(1), 112-118. Doi : 10.24912/kn.v4i1.6622
- Gatzke, P. & Robert, S. P. (2005). *Process control medulas*. New Jersey: Prentice Hall International (UK).
- Her, Y. C., & Timmermans, E. (2020). Tinder blue, mental flu? Exploring the associations between Tinder use and well-being. *Information, Communication & Society*, 1- 17. doi: 10.1080/1369118X.2020.1764606.
- Holtzhausen, N., Fitzgerald, K., Thakur, I., Ashley, J., Rolfe, M., & Pit, S. W. (2020). Swipe-based dating applications use and its association with mental health outcomes: a cross-sectional study. *BMC psychology*, 8(1), 1-12. Doi :

<https://doi.org/10.1186/s40359-020-0373-1>

- Huppert, F., A. (2009). Psychological well-being: Evidence regarding its causes and consequences. *Applied Psychology: Health and Well-Being*, 1, 137–164. Doi : <https://doi.org/10.1111/j.1758-0854.2009.01008.x>
- Hurlock, E., B. (2009). Psikologi Perkembangan. Suatu Pendekatan Sepanjang Rentang Kehidupan. Jakarta: Erlangga.
- Izzati, U. A., & Mulyana, O. P. (2021). Perbedaan jenis kelamin dan status pernikahan dalam kesejahteraan psikologis guru. *Psychocentrum Review*, 3(1), 63-71. Doi : <https://doi.org/10.26539/pcr.31567>
- Jansen, M., & Beaton, P. (2021). The Best Dating Apps for 2021. Digital Trends. Diakses dari <https://www.digitaltrends.com/mobile/best-dating-apps/>
- Karantzas, G. (2020). Online dating in a Covid-19 world. Psychology Today. Diakses tanggal 28 April 2020 dari <https://www.psychologytoday.com/us>
- Krasnova, H., Veltri, N. F., Eling, N., & Buxmann, P. (2017). Why men and women continue to use social networking sites: The role of gender differences. *The Journal of Strategic Information Systems*, 26(4), 261-284. Doi <https://doi.org/10.1016/j.jsis.2017.01.004>
- Kuss, D. J., & Griffiths, M. D. (2017). Social networking sites and addiction: Ten lessons learned. *International journal of environmental research and public health*, 14(3),311. doi: 10.3390/ijerph14030311
- Lamers, S. M. A., Westerhof, G. J., Bohlmeijer, E. T., ten Klooster, P. M., & Keyes, C.
- L. M. (2011). Evaluating the psychometric properties of the Mental Health Continuum-Short Form (MHC-SF). *Journal of Clinical Psychology*, 67(1), 99- 110. doi:10.1002/jclp.20741
- Lidwina, A., (2020). Persentase Responden yang Gunakan Aplikasi Kencan Daring di Indonesia (2020). Diakses pada 14 April 2022 dari <https://databoks.katadata.co.id/datapublish/2021/02/24/tinder-aplikasi-kencan-daring-paling-banyak-digunakan-di-indonesia>
- Lomanowska, A. M., & Guitton, M. J. (2016). Online intimacy and well-being in the digital age. *Internet Interventions*, 4, 138–144. <https://doi.org/10.1016/j.invent.2016.06.005>
- Maulina, P. (2018). Warung Kopi, Masyarakat Virtual, Dan Hiperealitas (Ketika WarungKopi Mengaburkan Batasan Realita). *Jurnal Ilmu Komunikasi*, 4(1), 26-37. Doi :<https://doi.org/10.35308/source.v4i1.736>

- Monks, F.J., Knoers, A.M.P., & Haditono, S.R. (2014). *Psikologi Perkembangan Pengantar Dari Berbagai Bagiannya*. Yogyakarta: Gajah Mada University Press.
- Orchard, T. (2019). Online Dating Sites. In. A. D. Lykins (Ed). *Encyclopedia of Sexuality and Gender*. Switzerland AG : Springer Nature. https://doi.org/10.1007/978-3-319-59531-3_18-1
- Orosz, G., Tóth-Király, I., Böthe, B., & Melher, D. (2016). Too many swipes for today: The development of the Problematic Tinder Use Scale (PTUS). *Journal of Behavioral Addictions*, 5(3), 518–523. <https://doi.org/10.1556/2006.5.2016.016>
- Paramitha, A., Tanuwijaya, S., & Natakoesoemah, S. (2021). Analisis Motif dan Dampak Penggunaan Aplikasi Tinder Berbayar. *Jurnal Komunikasi dan Kajian Media*, 5(2), 187-204. Doi : 10.31002/jkkm.v5i2.3808
- Paredes, M. R., Apaolaza, V., Fernandez-Robin, C., Hartmann, P., & Yañez-Martinez, D. (2021). The impact of the COVID-19 pandemic on subjective mental well-being: The interplay of perceived threat, future anxiety and resilience. *Personality and Individual Differences*, 170, 110455. doi: 10.1016/j.paid.2020.110455 PT Alfabet.
- Ratna, R., S. (2002). Dorongan Mencari Sensasi dan Perilaku Pengambilan Risiko Pada Mahasiswa. *Jurnal Psikologika*. Vol 7 No 14. Doi : <https://doi.org/10.20885/psikologika.vol7.iss14.art5>
- Revelia, M. (2019). Uji Validitas Konstruk Pada Instrumen Ryff's Psychological Well-Being Scale Dengan Metode Confirmatory Factor Analysis (CFA). *JP3I (Jurnal Pengukuran Psikologi dan Pendidikan Indonesia)*, 7(1), 8-14. Doi : 10.15408/jp3i.v7i1.12103
- Roberti, J. W. (2004). A review of behavioral and biological correlates of sensation seeking. *Journal of Research in Personality*, 38, 256-279. Doi : [https://doi.org/10.1016/S0092-6566\(03\)00067-9](https://doi.org/10.1016/S0092-6566(03)00067-9)
- Ryff, C. D. Dan Keyes, C.L.M. (1995). The Structure of Psychological Well-being revisited. *Journal of Personality and Social Psychology*, Vol. 69, 719 – 727. Doi : <https://doi.org/10.1037/0022-3514.69.4.719>
- Ryff, C., D. & Singer, B., H. (2008). Know Thyself and Becoming What You Are: A Eudaimonic Approach to Psychological Well-Being. *Journal of Happiness Studies*, 9, 13-39. Doi : <https://doi.org/10.1007/s10902-006-9019-0>
- Ryff, C., D. Dan Singer, B., H. (1996). Psychological Well Being: Meaning, Measurement and Implications for Psychotherapy Research. *Journal of*

Psychotherapy Psychosomatics, Vol. 65, 14 – 23. Doi : 10.1159/000289026

Ryff, C.D. (1989). Happiness. Is everything, or is it? Explorations on the meaning of psychological wellbeing. *Journal of Personality and Social Psychology*, Vol. 57. Doi : <https://doi.org/10.1037/0022-3514.57.6.1069>

Ryff, C. D. (1995). Psychological well-being in adult life. *Association For Psychological Science*, 99-104. <https://doi.org/10.1111/1467-8721.ep10772395>

Saleh, M. (2019). Latihan dan aktivitas fisik untuk meningkatkan kesejahteraan psikologis. *Journal Power Of Sports*, 2(1), 12-22. Doi : <http://doi.org/10.25273/jpos.v2i1.4005>

Santrock, J., W. (2019). *Adolescence*. (7th edition). New York. McGraw-Hill Education. Santrock, J., W. (2011). *Perkembangan Anak Edisi 7 Jilid 2*. (Terjemahan: Sarah Genis

B) Jakarta: Erlangga.

Sarafino, E., P., Smith. T. W. (2014). *Health Psychology: Biopsychosocial Interactions*. (8th edition). Amerika Serikat: John Wiley & Sons, Inc.

Sari, W. P., & Kusuma, R. S. (2018). Presentasi Diri dalam Kencan Online pada Situs dan Aplikasi Setipe dan Tinder. Mediator: *Jurnal Komunikasi*, 11(2), 155-164. <https://doi.org/10.29313/mediator.v11i2.3829>

Sugiyono. (2016). *Metode Penelitian Kuantitatif, Kualitatif dan R&D*. Bandung:

Suryabrata, S. (2000). *Pengembangan alat ukur psikologi Edisi 1*. Yogyakarta: Penerbit Andi Yogyakarta University of Cambridge

Toma, C. L. (2022). Online dating and psychological wellbeing: A social compensation perspective. *Current Opinion in Psychology*, 101331. Doi : <https://doi.org/10.1016/j.copsy.2022.101331>

Upton, P. (2012). *Psikologi perkembangan*. Jakarta: Erlangga

Weiten, W., & Lloyd, M. A. (2006). *Psychology applied to modern life adjustment in the 21st Century (8th ed.)*. Belmont: Thomson Learning, Inc. Widiasarana

Wisnubroto, K. (2021). Memantau Mobilitas dan Kualitas Informasi di Tengah Pandemi. Diakses pada 2 April 2022. Dari <https://www.indonesia.go.id/kategori/editorial/2972/memantau-mobilitas-dan-kualitas-informasi-di-tengah-pandemi?lang=1>

Zuckerman, M. (1994). *Behavioral Expressions and Biosocial Bases of*

Sensation Seeking. New York: Cambridge University Press .

Zuckerman, M. (2005). *Psychobiology of Personality*. New York : Press Syndicate of the
Zuckerman, M. (2007). *Sensation Seeking and Risky Behavior*. Washington, DC: American Psychological Association.

Zuckerman, M. (2007). *Sensation Seeking and Risky Behavior*. Washington, DC: American Psychological Association.

Zuckerman, M. 2005. *Psychobiology of Personality*. New York : Press Syndicate of the