

DAFTAR PUSTAKA

- Anggraeni, B., Putri, S., Pranayama, A., & Sutanto, R. P. (2018). Perancangan kampanye sizer' s project sebagai upaya pencegahan body shaming. *Journal DKV*, 1(12), 1–9.
- Ali, M., & Asori, M. (2006). *Psikologi remaja : Perkembangan peserta didik*. Jakarta: Bumi Aksara.
- Cash, T. F., & Pruzinsky, T. (2002). *Body image : A handbook of theory, research and clinical*. New York: Guilford Publications.
- Connor, K. M., & Davidson, J. R. T. (2003). Development of a new resilience scale: the connor-davison resilience scale (cd-risc). *Depress Anxiety*, 18(2), 76–82. <https://doi.org/10.1002/da.10113>
- Databooks (2019). Tubuh terlalu berisi, alasan utama perempuan indonesia terkena body haming. Diakses tanggal 21 November 2021 dari <https://databoks.katadata.co.id/datapublish/2021/09/14/tubuh-terlalu-berisi-alasan-utama-perempuan-indonesia-terkena-body-shaming>
- Depkes RI. (2009). *Klasifikasi umur menurut kategori*. Jakarta: Ditjen Yankes.
- DetikHeath. (2018). Jangan remehkan body shaming, ini dampaknya bagi kesehatan jiwa. Diakses tanggal 21 November 2021 dari <https://health.detik.com/berita-detikhealth/d-4312424/jangan-remehkan-body-shaming-ini-dampaknya-bagi-kesehatan-jiwa>
- Evans. M. A. (2010). *Unattainable beauty: An analysis of the role of body shame and selfobjectification in hopelessness depression among collage age women*. University of Massachusetts Boston.
- Everall, R. D., Jessica, K. A., & Paulson, B. L. (2006). Creating a future: A study of resilience in suicidal female adolescents. *Journal of Counseling and Development*, 84(4), 461–470. <https://doi.org/10.1002/j.1556-6678.2006.tb00430.x>
- Fathi. F. (2011). Why weight matters: Addressing body shaming in the social justice community. *Columbia Social Work review*, Vol 11.

- Fauzia, T. F., & Rahmiaji, L. R. (2019). Memahami pengalaman body shaming pada remaja perempuan body shaming. *Interaksi Online*, 7(3), 238-248. <https://ejournal3.undip.ac.id/index.php/interaksi-online/article/view/24148>
- Fredrickson, B. L., & Roberts, T. A. (1997). Toward understanding women's lived experiences and mental health risks. *Psychology of Women Quarterly*, 21(2), 173–206. <https://doi.org/10.1111/j.1471-6402.1997.tb00108.x>
- Greene, R. R., Galambos, C., & Lee, Y. (2004). Resilience theory: Theoretical and professional conceptualizations. *Journal of Human Behavior in the Social Environment*, 8(4), 75–91. https://doi.org/10.1300/J137v08n04_05
- Grotberg, E. H. (1999). *Tapping your inner strength : How to find the resilience to deal with anything*. Oakland, CA : New Harbinger Publications, Inc.
- Izydorczyk, B. C., Rąba, M., & Warchulska, K. S. (2018). Resilience, self-esteem, and body attitude in women from early to late adulthood. *Health Psychology Report*, 6(3), 193–206. <https://doi.org/10.5114/hpr.2018.74698>
- Jahja, Y. (2011). *Psikologi perkembangan*. Jakarta: Prenadamedia Group. <https://books.google.co.id/books?id=5KRPDwAAQBAJ&printsec=frontcover#v=onepage&q&f=false>
- Janas, M. (2002). Build resiliency. *Intervention in school and Clinic*, 38(2), 117–121. <https://doi.org/10.1177/10534512020380020801>
- Karyanti & Aminudin. (2019). *Cyberbullying & body shaming*. Yogyakarta: K-Media. <https://books.google.co.id/books?id=C84OEAAAQBAJ&hl=id>
- Krohne, H.W. (2002). *Stress and coping theories*. Johannes Gutenberg : Universität Mainz Germany. <https://poliklinika-harni.hr/images/uploads/440/teorije-nastanka-stresa.pdf>
- Kurniawati, N. W. W., & Suarya, L. M. K. S. (2019). Gambaran kecemasan remaja perempuan dengan berat badan berlebih. *Jurnal Psikologi Udayana*, 6(02). <https://doi.org/10.24843/jpu.2019.v06.i02.p07>
- Moleong, L. J. (2018). *Metodologi penelitian kualitatif*. Bandung: PT. Remaja Rosda Karya.
- Lifespan. (2006, 6 Juni). Negative body image related to depression, anxiety and suicidality. *Science Daily*. Diakses dari <https://www.sciencedaily.com/releases/2006/06/060606224541.htm>

- Magdalene. (2019). 5 kebiasaan ‘body saming’ yang harus kita hentikan. Diakses tanggal 1 Januari 2022 dari <https://magdalene.co/story/body-shaming-kebiasaan-yang-harus-dihentikan>
- Palinggi, N. P., Dewi, E. M. P., Ridfah, A. (2022). Gambaran resiliensi korban fat shaming. *Jurnal Psikologi Talenta Mahasiswa*, 1(3), 167-181.
- Rahman, A. A. (2013). *Psikologi sosial: Integrasi pengetahuan wahyu dan pengetahuan empirik*. Jakarta: RajaGrafindo Persada.
- Reivich & Shatte. (2002). *The resilience factor: 7 keys to finding your inner strength and overcome life's hurdle*. New York: Broadway Books.
https://books.google.co.id/books?id=Ons_LmZYdyQC&hl=id
- Resnick, B., Gwyther, L. P., & Roberto, K. A. (2011). *Resilience in aging: Concepts, research, and outcomes*. Jerman: Springer.
<https://doi.org/10.1007/978-1-4419-0232-0>
- Richardson, G. E. (2002). The metatheory of resilience and resiliency. *Journal of Clinical Psychology*, 58(3), 307–321. <https://doi.org/10.1002/jclp.10020>
- Rutter, M. (2013). Annual research review: Resilience - clinical implications. *Journal of Child Psychology and Psychiatry and Allied Disciplines*, 54(4), 474-87. <https://doi.org/10.1111/j.1469-7610.2012.02615.x>
- Samsu, S. Ag. (2017). *Metode penelitian: teori dan aplikasi penelitian kualitatif, kuantitatif, mixed methods, serta research & development*. Jambi: Pusaka.
- Santoso, A. (2018, 28 November). Polisi tangani 966 kasus body shaming selama 2018. *DetikNews*. Diakses dari <https://news.detik.com/berita/d-4321990/polisi-tangani-966-kasus-body-shaming-selama-2018>
- Sugiyono. (2013). *Metode penelitian pendekatan kuantitatif, kualitatif, dan r&d*. Bandung: Alfabeta Pres.
- The National Association of Anorexia Nervosa and Associated Disorders. (2020). Body shaming. what it is & how to overcome it. Diakses tanggal 3 Desember 2021 dari <https://anad.org/get-informed/body-image/body-image-articles/body-shaming/>
- World Health Organization. (n. d.). Adolescence: A period needing special attention.

Diakses pada tanggal 1 September 2022 dari
<https://apps.who.int/adolescent/second-decade/section2/page4/adolescence-neurodevelopmental-changes.html>

Wolf, N. (2013). *The beauty myth: How images of beauty are used against women*. New York: Random House Publishing.
<https://books.google.co.id/books?id=79dSSI9IB8gC&hl=id>

Yuliana, Y. A. (2019). Hubungan antara Konsep Diri dan Resiliensi pada Wanita Dewasa Dini yang mengalami Body Shaming dalam Hubungan Berpacaran. *Skripsi*. Salatiga: Universitas Kristen Satya Wacana.