

Abstrak

Kekerasan dalam hubungan pacaran merupakan salah satu bentuk peristiwa traumatis, tidak menutup kemungkinan penyintas mengalami post traumatic growth (PTG). Penelitian ini bertujuan untuk melihat hubungan antara Kepribadian *Hardiness* dengan *Post Traumatic Growth* pada Wanita dewasa awal korban kekerasan dalam hubungan pacaran. Sampel pada penelitian merupakan 106 Wanita dewasa awal korban kekerasan dalam hubungan pacaran. Data penelitian ini diperoleh dengan menggunakan *skala hardiness* ($\alpha = 0,838$) dan *skala post traumatic growth* ($\alpha = 0,921$). Teknik analisis data yang digunakan dalam penelitian ini adalah korelasi *product moment*. Hasil analisis data diperoleh nilai $r = 0,303$ dan nilai $p = < 0,001$ ($p < 0,05$). Hal ini menunjukkan terdapat hubungan positif antara kepribadian *hardiness* dengan *post traumatic growth* pada wanita dewasa awal korban kekerasan dalam hubungan pacaran. Semakin tinggi kepribadian *hardiness* maka semakin tinggi *post traumatic growth* pada wanita dewasa awal korban kekerasan dalam hubungan pacaran. Hasil penelitian ini mengungkapkan bahwa kepribadian *hardiness* memiliki kontribusi determinasi sebesar 0,037 hal tersebut menunjukkan bahwa variabel kepribadian *hardiness* memiliki kontribusi sebesar 0,3% terhadap variabel *post traumatic growth* dan sisanya dipengaruhi oleh variabel lain yang belum diteliti.

Kata kunci: Kepribadian *Hardiness*; *Post Traumatic Growth*; kekerasan dalam hubungan pacaran.

Abstract

Dating violence is one of the traumatic phenomenon. Victims are likely to experience Post-Traumatic Growth. This study aimed to examine the relationship between Hardiness Personality and Post-Traumatic Growth in early adult women who are victims of violence in dating relationships. The sample in this study was 106 early adult women who were victims of dating violence. The data of this study were obtained using the hardiness scale and the post-traumatic growth scale. The data analysis techniques used in this research were product-moment correlation. The results of the product moment analysis obtained the value of $r = 0.303$ and the value of $p = < 0.001$ ($p < 0.05$). This means that there was a relationship between personality hardiness and post-traumatic growth in early adult women who were victims of violence in dating relationships. High hardiness personality will increase post-traumatic growth experienced by early adult women who are victims of violence in dating relationships. The results of this study revealed that the hardiness personality had a determination contribution of 0.037, it showed that the hardiness personality variable had a 0.3% contribution to the post-traumatic growth variable and the rest was influenced by other variables that have not been studied.

Keywords: *Hardiness Personality;, Post Traumatic Growth; violence in dating relation*