# ABSTRAK

Adanya COVID-19 menjadi stress pengasuhan pada ibu yang bekerja dalam mendampingi anak selama pembelajaran *hybrid* . Hal ini memberikan dampak terhadap ibu dan anak salah satunya anak harus beradaptasi dengan kondisi pembelajaran *hybrid* dan ibu yang bekerja harus mengkondisikan waktu bekerja dan mengantar anak sekolah. Penelitian ini bertujuan untuk mengetahui stress pengasuhan pada ibu yang bekerja dalam mendampingi anak selama pembelajaran *hybrid* di Desa Sidoagung Kecamatan Sruweng Kabupaten Kebumen. Penelitian ini menggunakan metode kualitatif dengan pendekatan studi kasus. Sumber data diperoleh dari tiga subjek utama yaitu ibu yang bekerja serta informan yaitu ibu kandung ,saudara, dan tetangga subjek. Pengumpulan data dilakukan dengan metode wawancara dan observasi. Teknik analisis data penelitian ini  adalah pengumpulan data, reduksi data, penyajian data, dan pengambilan kesimpulan. Hasil penelitian menunjukkan bahwa terdapat tantangan yang menjadi sumber stress bagi ketiga partisipan selama pembelajaran *hybrid*, yaitu kesulitan membagi waktu mendampingi anak, bekerja, dan menghadapi anak sulit untuk belajar selama pembelajaran *hybrid*.

**Kata Kunci** : *Stress pengasuhan, ibu bekerja, pembelajaran hybrid*

# ABSTRACT

*The existence of COVID-19 has become a parenting stress for mothers who work in accompanying children during hybrid learning. This has an impact on mothers and children, one of which is that children must adapt to hybrid learning conditions and working mothers must condition their time to work and take their children to school. This study aims to determine parenting stress on mothers who work in assisting children during hybrid learning in Sidoagung Village, Sruweng District, Kebumen Regency. This study uses a qualitative method with a case study approach. Sources of data were obtained from three main subjects, namely working mothers and informants, namely biological mothers, relatives, and neighbors of the subject. Data collection was done by interview and observation methods. The data analysis techniques of this research are data collection, data reduction, data presentation, and conclusion drawing. The results showed that there were challenges that became a source of stress for the three participants during hybrid learning, namely the difficulty of sharing time with children, working, and dealing with difficult children to learn during hybrid learning.*

*Keywords: Parenting stress, working mother, hybrid learning*