

Abstrak

Penelitian ini bertujuan untuk mengetahui hubungan antara dukungan sosial dengan *psychological well-being* pada perempuan yang pernah mengalami kekerasan dalam pacaran. Hipotesis yang diajukan pada penelitian ini adalah ada hubungan positif antara dukungan sosial dengan *psychological well-being* pada perempuan yang pernah mengalami kekerasan dalam pacaran. Subjek penelitian ini adalah perempuan yang pernah mengalami kekerasan dalam pacaran dengan keseluruhan subjek 100. Pengumpulan data dilakukan dengan menggunakan Skala *Psychological Well-being* dan Skala Dukungan Sosial. Metode analisis data yang digunakan adalah analisis . berdasarkan hasil penelitian, diperoleh koefisien korelasi (r_{xy}) = 0,668 yang berarti cenderung ada hubungan positif antara dukungan sosial dengan *psychological well-being*. Nilai koefisien determinasi (*R Squared*) sebesar 0,446 menunjukkan bahwa variabel dukungan sosial memiliki kontribusi sebesar 44,6% terhadap variabel *psychological well-being* pada perempuan yang pernah mengalami kekerasan dalam pacaran.

Kata Kunci : *psychological well-being*, dukungan sosial, kekerasan pacaran.

Abstract

The study aimed to find out the relationship between social support and psychological well-being in women who had experienced violence in courtship. The hypothesis proposed in this study is that there is a positive relationship between social support and psychological well-being in women who have experienced violence in courtship. The subjects of the study were women who had experienced violence in courtship with a total of 100 subjects. The data collection was conducted using the Psychological Well-being Scale and the Social Support Scale. The data analysis method used is person correlation analysis. Based on the results of the study, obtained the correlation coefficient (r_{xy}) = 0.668 with a significance level of 0.000 ($p < 0.05$) which means there is a positive relationship between social support and psychological well-being. The coefficient of determination (R Squared) of 0.446 showed that the social support variable contributed 44.6% to the psychological well-being variable in women who had experienced violence in courtship and the remaining 55.6% was influenced by other factors, namely age, gender, socioeconomic status, culture, evaluation of life experiences, locus of control.

Keywords: psychological well-being, social support, courtship violence