

ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan antara *work life balance* dengan kepuasan kerja pada guru wanita di Kota Yogyakarta. Hipotesis yang diajukan adalah ada hubungan positif antara *work life balance* dengan kepuasan kerja pada guru wanita di Kota Yogyakarta. Jumlah subjek penelitian ini 114 subjek yang sudah menikah. Metode pengambilan data penelitian ini menggunakan Skala *Work Life Balance* dan Skala Kepuasan Kerja. Teknik analisis data yang digunakan adalah korelasi *product moment*. Berdasarkan hasil analisis data diperoleh koefisien korelasi (r_{xy}) = 0,725 dengan nilai signifikan sebesar $p = 0,000$. Hasil penelitian menunjukkan bahwa terdapat hubungan yang positif antara *work life balance* dengan kepuasan kerja. Hasil perhitungan nilai determinasi (R^2) diperoleh sebesar 0,526 hal tersebut menunjukkan bahwa variabel *work life balance* memiliki kontribusi terhadap variabel kepuasan kerja guru wanita di Kota Yogyakarta sebesar 52,6% dan sisanya 47,4% dipengaruhi oleh variabel lain yang tidak diteliti dalam penelitian ini.

Kata kunci : *Work Life Balance, Kepuasan Kerja, Guru Wanita*

ABSTRACT

This study aims to determine the relationship between work life balance and job satisfaction among female teachers in the city of Yogyakarta. The hypothesis was that there was a positive relationship between work life balance and job satisfaction of female teachers in the city of Yogyakarta. The number of participants in this study was 114 married women. The method used in collecting the data was the Work Life Balance Scale and the Job Satisfaction Scale. The data analysis technique implemented was product moment correlation. The results of data analysis were correlation coefficient (r_{xy}) = 0.725 with a significant value of $p = 0.000$. The results of the study showed that there was a positive relationship between work life balance and job satisfaction. The result of the calculation of the determination value (R^2) was 0.526 which indicates that the work life balance variable has a contribution to the job satisfaction variable of female teachers in the city of Yogyakarta by 52.6% and the remaining 47.4% is influenced by other variables which are not examined in this research.

Keywords : *Work Life Balance, Job Satisfaction, Female Teachers*