

DAFTAR PUSTAKA.

- Ardis, N., & Aliza, M. (2021). Grit as a solution for academic stress in students during the covid-19 pandemic. *Proceeding of Inter-Islamic University Conference on Psychology*, 1(1), 4–9.
- Arifin, Z. (2017). Mengembangkan instrumen pengukur critical thinking skills siswa pada pembelajaran matematika abad 21. *Jurnal THEOREMS (The Original Research of Mathematics)*, 1(2), 92–100. <http://dx.doi.org/10.31949/th.v1i2.383>
- Asri, D. N., & Dewi, N. K. (2014). Prokastinasi akademik mahasiswa program studi bimbingan dan konseling IKIP PGRI Madiun ditinjau dari efikasi diri, fear of failure, gaya pengasuhan orang tua, dan iklim akademik. *Jurnal LPPM (Lembaga Penelitian dan Pengabdian Kepada Masyarakat)*, 2(2), 32-37. <http://doi.org/10.25273/jp-lppm.v2i2.357>
- Ayudahlya, R., & Kusumaningrum, F. A. (2019). Kebersyukuran dan kesejahteraan subjektif pada guru sekolah luar biasa, *PSIKOLOGIKA: Jurnal Pemikiran dan Penelitian Psikologi*, 24(1), 13-26. <https://doi.org/10.20885/psikologi.vol24.iss1.art2>
- Azwar, S. (2015). *Penyusunan Skala Psikologi edisi 2*. Yogyakarta: Pustaka Belajar.
- Azwar, S. (2016). *Penyusunan Skala Psikologi (edisi 2)*. Yogyakarta: Pustaka Pelajar.
- Azwar, S. (2017). *Metode Penelitian Psikologi*. Yogyakarta: Pustaka Pelajar.
- Azwar, S. (2018). *Penyusunan Skala Psikologi*. Yogyakarta: Pustaka Pelajar.
- Bella, M., & Maichal. (2018). Pengaruh mindset, kepemimpinan, dan nilai keluarga terhadap budaya organisasi perusahaan keluarga. *DeReMa: Jurnal Manajemen*, 13(1), 121–138. <http://dx.doi.org/10.19166/derema.v13i1.706>
- Blackwell, L. S., Trzesniewski, K. H., & Dweck, C. S. (2007). Implicit theories of intelligence predict achievement across an adolescent transition: A longitudinal study and an intervention. *Child development*, 78(1), 246-263. <https://doi.org/10.1111/j.1467-8624.2007.00995.x>
- Chang, W. (2014). Grit and academic performance: Is being gritter better?. *Dissertation*. Florida: University of Miami.

- Chrisantiana, T. G., & Sembiring, T. (2017). Pengaruh growth dan fixed mindset terhadap grit pada mahasiswa fakultas psikologi universitas “X” Bandung. *Humanitas: Jurnal Psikologi*, 1(2), 133-146.
- Cross, T. M. (2014). The gritty: Grit and non-traditional doctoral student success. *Journal of Educators Online*, 11(3). <https://doi.org/10.9743/JEO.2014.3.4>
- Duckworth, A. L., & Eskreis-Winkler, L. (2015). Grit. In J.D. Wright (Ed.). *International encyclopedia of the social and behavioral sciences (2nd ed.; pp.397-401)*. UK : Elsevier. DOI : 10.1016/B978-0-08-097086- 8.26087-X
- Duckworth, A., & Gross, J. J. (2014). Self-control and grit: Related but separable determinants of success. *Current Directions in Psychological Science*, 23(5), 319–325.
- Duckworth, A. L., Peterson, C., Matthews, M. D., & Kelly, D. R. (2007). Grit: Perseverance and passion for longterm goals. *Journal of Personality and Social Psychology*, 92(6), 1087–1011. DOI: 10.1037/0022- 3514.92.6.1087
- Duckworth, A. (2016). *Grit: Kekuatan Hasrat dan Ketekunan*. New York: Simon and Schuster.
- Dweck, C. (2015). *Mindset: the new psychology of success*. CEUR Workshop Proceedings, 1542
- Dweck, C. S. (2022). Mindset “Mengubah Pola Berpikir untuk Perubahan Besar dalam Hidup Anda” (XII). BACA.
- Dweck, C. S., & Yeager, D. S. (2019). *Mindsets: A view from two eras. Perspectives on Psychological science*, 14(3), 481-496
- Dweck, C.S. (2006). *Mindset (The New Psychology of Success)*. Random House
- Edwina, Irene Prameswari & Ni Luh Ayu Vivekananda. (2017). Kontribusi grit dan iq terhadap prestasi akademik pada mahasiswa Fakultas Psikologi Universitas Kristen Maranatha Bandung. Bandung: Universitas Kristen Maranatha.
- Emda, A. (2017). Kedudukan motivasi belajar siswa dalam pembelajaran. *Lantanida Journal*, 5(2), 172–182. <https://doi.org/10.22373/lj.v5i2.2838>
- Ericsson, KA, & Charness, N. (1994). Expert performance: Structure and the gain. *American Psychologist*, 49, 725-747.

- Fledman, C. B. (2017). *Panduan Grit untuk Remaja: Buku Kerja untuk Membantu Anda Membangun Ketekunan, Pengendalian Diri, dan Pola Pikir Pertumbuhan*.
- Ghozali, I. (2016). *Aplikasi analisis multivariat dengan program IBM SPSS 23 Edisi 8 Cetakan VIII*. Semarang: Badan Penerbit Universitas Diponegoro.
- Hidayah, D. N. (2012). Persepsi mahasiswa tentang harapan orang tua terhadap pendidikan dan ketakutan akan kegagalan. *Educational Psychology Journal*, 1(1), 62.67.
- Hochanadel, A., & Finamore, D. (2015). Fixed and growth mindset in education and how grit helps students persist in the face of adversity. *Journal of International Education Research*, 11(1), 47-50.
- Hochanadel, A., & Finamore, D. (2015). Memperbaiki dan menumbuhkan pola pikir dalam pendidikan dan bagaimana kegigihan membantu siswa bertahan dalam menghadapi kesulitan. *Jurnal Penelitian Pendidikan Internasional*, 11(1), 47-50. <https://doi.org/10.19030/jier.v11i1.9099>
- Hurlock, E. B. (1996). *Psikologi Perkembangan*. Jakarta: Erlangga
- Hussin, A. A. (2018). Education 4.0 made simple: ideas for teaching. *International Journal of Education and Literacy Studies*, 6(3), 92–98. <https://journals.aiac.org.au/index.php/IJEL S/article/view/4616>
- Jach, H. K., Sun, J., Loton, D., Chin, T. C., & Waters, L. E. (2018). Strengths and subjective wellbeing in adolescence: Strength-based parenting and the moderating effect of mindset. *Journal of Happiness Studies*, 19(2). <https://doi.org/10.1007/s10902-016-9841-y>
- Kalia, V., Thomas, R., Osowski, K., & Dwer, A. (2018). Staying alert? Neural correlates of the association between grit and attention networks. *Frontiers in Psychology*, 9, 1-14. <https://doi.org/10.3389/fpsyg.2018.01377>
- Kaparang, G. F., & Gahauna, M. L. (2020). Grit dan mindset pada mahasiswa keperawatan. *Klabat Journal of Nursing*, 2(2), 8-16.
- Kinzel, H. (2016). Industry 4.0 – Where does this leave the human factor?. Conference: 27th Annual Conference of Human Dignity and Humiliation Studies At: Dubrovnik, Croatia.
- Kumalasari, D., & Akmal, S. Z. (2020). Resiliensi akademik dan kepuasan belajar daring di masa pandemi covid-19: Peran mediasi kesiapan belajar daring.

Persona: Jurnal Psikologi Indonesia, 9(2), 353–368.
<https://doi.org/10.30996/persona.v9i2.4139>

Larkin, P., O'Connor, D., & Williams, A. M. (2016). Does grit influence sport-specific engagement and perceptual-cognitive expertise in elite youth soccer?. *Journal of Applied Sport Psychology*, 28(2), 129-138.

Lee, J., & Martin, L. (2017). Investigating students' perceptions of motivating factors of online class discussions. *International Review of Research in Open and Distance Learning*, 18(5), 148–172. <https://doi.org/10.19173/irrodl.v18i5.2883>

Shah, N. S. (2017). Terapi "growth mindset (Carol S. Dweck, Ph. D.)" untuk meningkatkan keterampilan adaptasi diri pada seorang mahasiswa Malaysia di Universitas Islam Negeri Sunan Ampel. *Skripsi*. Surabaya: UIN Sunan Ampel

Sulistiyani, N. (2017). Pengaruh konsep diri dan mindset berkembang terhadap orientasi kesehatan pada karyawan PT. Kenko Indonesia Wilayah Jakarta. *Skripsi*. Jakarta: Universitas Mercu Buana.

Mas'udah, A. (2019). Pengaruh growth mindset terhadap grit akademik pada mahasiswa yang mengikuti organisasi. *Skripsi*. Semarang: Univeritas Negeri Semarang.

Muenks, K., Wigfield, A., Yang, J. S., & O'Neal, C. R. (2017). How true is grit? assessing its relations to high school and college students personality characteristics, self-regulation, engagement, and achievement. *Journal of Educational Psychology*, 109(5), 599.

Muhibbin, MA, Suryanto, S., 2020. Model grit guru bayangan (studi fenomenologi grit pada guru bayangan di program sekolah inklusi). Prosiding Seminar Nasional 2020 Fakultas Psikologi Umb,

Oktarina, DC, Adelina, I., 2020. Pengaruh self-control terhadap grit pada mahasiswa yang menjadi panitia kegiatan. *Humanitas (Jurnal Psikologi)*, (1), 15–26.
<https://doi.org/10.28932/humanitas.v4i1.2258>

Perkins-Gough, D. (2013). The significance of grit: A conversation with Angela Lee Duckworth. *Educational Leadership*, 71(1).

Ravenscroft, A., Schmidt, A., Cook, J., & Bradley, C. (2012). Designing social media for informal learning and knowledge maturing in the digital workplace. *Journal of Computer Assisted Learning*, 28(3), 235-249.

- Silvia, P. J., Eddington, K. M., Beaty, R. E., Nusbaum, E. C., & Kwapil, T. R. (2013). Gritty people try harder: Grit and effort-related cardiac autonomic activity during an active coping challenge. *International Journal of Psychology*, 200-205
- Sejati, N. W., & Prihastuti, R. (2012). Tingkat kecemasan sarjana fresh graduate menghadapi persaingan kerja dan meningkatnya pengangguran intelektual. *Intuisi: Jurnal Psikologi Ilmiah*, 4(3), 1-5.
- Sebastian, I. (2013). Never be afraid hubungan antara fear of failure dan prokrastinasi akademik. *Calyptra*, 2(1), 1-8
- Smith, K. H. (2018). Pola pikir berkembang: Kunci keberhasilan pengajaran? Sambungan IRIS. <https://blog.irisconnect.com/uk/community/blog/5-attribut-of-a-pertumbuhan-pola-pikir-guru/>
- Solso, R. (1988). *Cognitive psychology*. Sydney: Library of Congress Cataloging.
- SRI International. (2018). *Promoting Grit, Tenacity, and Perseverance: Critical Factors for Success in the 21st Century*. SRI International, Menlo Park, CA
- Sturman, E. D., & Zappala-Piemme, K. (2017). Development of the grit scale for children and adults and its relation to student efficacy, test anxiety, and academic performance. *Learning and Individual Differences*, 59, 1-10.
- Sugiyono. (2013). *Metode penelitian kuantitatif, kualitatif dan R&D*. Bandung: PT Alfabet.
- Sugiyono. (2016). *Metode penelitian kuantitatif, kualitatif, dan R&D*. Bandung: Alfabeta
- Supriyanto. (2020). Hubungan antara quality of work life (QWL) dengan grit pada karyawan generasi millennial yang menempuh pendidikan di Universitas Mercu Buana Yogyakarta. *Skripsi*. Yogyakarta: Universitas Mercu Buana Yogyakarta.
- Vivekananda, N. L. A. (2017). Studi deskriptif mengenai grit pada mahasiswa fakultas psikologi Universitas Kristen Maranatha Bandung. *Humanitas: Jurnal Psikologi*, 1(3), 183-196.
- Wahidah, F. R., & Royanto, L. R. (2019). Peran kegigihan dalam hubungan *growth mindset* dan school well-being siswa sekolah menengah. *Jurnal Psikologi TALENTA*, 4(2), 133-144.

- West, M. R., Kraft, M. A., Finn, A. S., Martin, R. E., Duckworth, A. L., Gabrieli, C. F., & Gabrieli, J. D. (2016). Promise and paradox: Measuring students' non-cognitive skills and the impact of schooling. *Educational Evaluation and Policy Analysis*, 38(1), 148-170.
- Winarto, J. T., Hayati, E. N., & Situmorang, N. Z. (2019, November). Gambaran grit pada mahasiswa psikologi profesi Universitas X yang menyelesaikan studi tepat waktu. In *Prosiding Seminar Nasional Magister Psikologi Universitas Ahmad Dahlan*, 529-537.
- Yeager, D. S., & Dweck, C. S. (2012). Mindset that promote resilience: When students believe that personal characteristics can be developed. *Educational Psychologist*, 47(4), 302-314
- Zhao, Y., Niu, G., Hou, H., Zeng, G., Xu, L., Peng, K., & Yu, F. (2018). From growth mindset to grit in chinese schools: The mediating roles of learning motivations. *Frontiers in Psychology*, 9. <https://doi.org/10.3389/fpsyg.2018.0200>