

ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan antara kebersyukuran dengan *subjective well-being* pada mahasiswa rantau di Yogyakarta. Hipotesis yang diajukan adalah ada hubungan positif antara kebersyukuran dengan *subjective well-being* pada mahasiswa rantau di Yogyakarta. Subjek dalam penelitian ini berjumlah 126 responden mahasiswa rantau di Yogyakarta. Dalam penelitian ini, pengambilan data menggunakan metode *purposive sampling* dengan menggunakan skala kebersyukuran dan skala *subjective well-being*. Teknik analisis data menggunakan analisis korelasi *product moment*. Berdasarkan hasil analisis data diperoleh hasil koefisien korelasi (r_{xy}) = 0,619 (p 0,050). Hasil tersebut, menunjukkan bahwa terdapat hubungan yang positif antara kebersyukuran dengan *subjective well-being* pada mahasiswa rantau di Yogyakarta. Koefisien determinasi (R^2) yang diperoleh sebesar 0,383 yang menunjukkan bahwa variabel kebersyukuran memberi sumbangan efektif pada variabel *subjective well-being* sebesar 38,8 % dan 61,9 % sisanya di pengaruhi oleh faktor lain.

Kata Kunci: Kebersyukuran, *Subjective Well-Being*, Mahasiswa Rantau

ABSTRACT

This research aims to determine the relationship between gratitude and subjective well-being in overseas students in Yogyakarta. The hypothesis proposed is that there is a positive relationship between gratitude and subjective well-being in overseas students in Yogyakarta. The subjects in this research were 126 overseas student respondents in Yogyakarta. In this research, data collection used a purposive sampling method using a gratitude scale and a subjective well-being scale. Then, the data analysis technique uses product moment correlation analysis. Based on the results of data analysis, the correlation coefficient (r_{xy}) = 0.619 ($p \leq 0.050$) was obtained. These results show that there is a positive relationship between gratitude and subjective well-being in overseas students in Yogyakarta. The coefficient of determination (R^2) obtained was 0.383, indicating that the gratitude variable made an effective contribution to the subjective well-being variable of 38.8% and the remaining 61.9% was influenced by other factors.

Keywords: Gratitude, Subjective Well-Being, Overseas Students

