

ABSTRAK

Penelitian bertujuan untuk mengetahui hubungan antara *self-compassion* dengan *Organizational Citizenship Behavior* pada Polisi di Polres Magelang. Hipotesis yang diajukan dalam penelitian ini yaitu adanya hubungan yang signifikan antara *self-compassion* dengan *Organizational Citizenship Behavior* pada Polisi di Polres Magelang. Penelitian ini mengambil subjek Anggota Kepolisian Republik Indonesia Resor Magelang. Kriteria yang menjadi subjek penelitian yaitu Anggota Polres Magelang yang berumur 20-58 Tahun dengan Pangkat Terendah Bripda dan Pangkat Tertinggi Iptu. Penelitian ini menggunakan metode kuantitatif dengan pengumpulan data menggunakan alat ukur berupa skala psikologis. Alat analisis yang digunakan dalam penelitian ini yaitu korelasi pearson. Hasil penelitian menunjukkan bahwa adanya hubungan positif antara *self-compassion* dengan *organizational citizenship behavior*. Hubungan antara *self-compassion* dengan *organizational citizenship behavior* termasuk dalam kategori lemah dengan nilai korelasi pearson sebesar 0,345. Perubahan *organizational citizenship behavior* yang disebabkan oleh *self-compassion* sebesar 34,50%. Oleh karena itu disarankan pada Polres Kabupaten Magelang untuk mengadakan pelatihan kerjasama sehingga terbentuk terjalin team work yang solid guna mewujudkan visi dan misi Polres Kabupaten Magelang. Penelitian ini hanya mengambil satu variabel bebas, oleh karena itu Disarankan pada peneliti selanjutnya untuk menambah variabel bebas seperti faktor kualitas hidup maupun kecerdasan emosional.

Kata Kunci: *self-compassion, organizational citizenship behavior, Polisi*

ABSTRACT

This study aims to determine the relationship between self-compassion and Organizational Citizenship Behavior in the Police at the Magelang Police Station. The hypothesis put forward in this study is that there is a significant relationship between self-compassion and Organizational Citizenship Behavior of the Police at the Magelang Police Station. This study took the subject of Members of the Indonesian National Police, Magelang Resort. The criteria for being the subject of the study were members of the Magelang Police Resort aged 20-58 years with the lowest rank of Bripda and the highest rank of Iptu. This study used quantitative methods by collecting data using a measuring instrument in the form of a psychological scale. The analytical tool used in this study is the Pearson correlation. The results of the study show that there is a positive relationship between self-compassion and organizational citizenship behavior. The relationship between self-compassion and organizational citizenship behavior is included in the weak category with a Pearson correlation value of 0.345. Changes in organizational citizenship behavior caused by self-compassion by 34.50%. Therefore it is suggested to the Magelang District Police to hold cooperation training so that a solid team work is formed to realize the vision and mission of the Magelang District Police. This study only took one independent variable, therefore it is suggested for future researchers to add independent variables such as quality of life and emotional intelligence factors.

Keywords: self-compassion, organizational citizenship behavior, police