

DAFTAR PUSTAKA

- Abel, J. P., Buff, C. L., & Burr, S. A. (2016). Social Media and the Fear of Missing Out: Scale Development and Assessment. *Journal of Business & Economics Research (JBER)*, 14(1), 33–44. <https://doi.org/10.19030/jber.v14i1.9554>
- APJII. (2022). *Survei Pengguna Internet APJII 2021-2022: APJII di Indonesia Digital Outlook 2022.*
- Ardi, Z. (2020). *Tingkat Kecenderungan FoMO (Fear of Missing Out) Pada Generasi Millenial.* 1(1), 1–4.
- Azwar, S. (2007). *Metode Penelitian.* Yogyakarta: Pustaka Pelajar
- Azwar, S. (2012). *Reliabilitas dan Validitas (Edisi 4).* Yogyakarta: Pustaka.
- Baker, Z. G., Krieger, H., & Leroy, A. S. (2016). *Fear of Missing Out : Relationships With Depression , Mindfulness , and Physical Symptoms.* 2(3), 275–282.
- Bányai, F., Zsila, Á., Király, O., Maraz, A., Elekes, Z., Griffiths, M. D., Andreassen, C. S., & Demetrovics, Z. (2017). Problematic social media use: Results from a large-scale nationally representative adolescent sample. *PLoS ONE*, 12(1), 10–14. <https://doi.org/10.1371/journal.pone.0169839>
- Campbell, W. K. (2019). *Media Use Is Linked to Lower Psychological Well-Being : Evidence from Three Datasets.*
- Choi, D., & Noh, G. (2019). The influence of social media use on attitude toward suicide through psychological well-being , social isolation , and social support. *Information, Communication & Society*, 0(0), 1–17. <https://doi.org/10.1080/1369118X.2019.1574860>
- Deci, E. L., & Ryan, R. M. (2008). *Self-Determination Theory : A Macrotheory of Human Motivation , Development , and Health.* 49(3), 182–185. <https://doi.org/10.1037/a0012801>
- Diener, E. (2009). Assessing Well-Being. *The Collected Works of Ed Diener. Springer, April*, 101–102. <https://doi.org/10.1007/978-90-481-2354-4>
- Dossey, L. (2014). EXPLORATIONS FOMO , Digital Dementia , and Our Dangerous Experiment. *Explore: The Journal of Science and Healing*, 10(2), 69–73. <https://doi.org/10.1016/j.explore.2013.12.008>

- Firdaus, A. A., Nashiroh, P. K., & Djuniadi, D. (2020). Hubungan Nilai Matematika Dengan Prestasi Belajar Pemrograman Berorientasi Objek Pada Siswa Kelas Xii Jurusan Rpl Smk Ibu Kartini Semarang. *Jurnal Nasional Pendidikan Teknik Informatika (JANAPATI)*, 9(1), 32. <https://doi.org/10.23887/janapati.v9i1.22680>
- Ghozali. (2018). *Aplikasi Analisis Multivariate Dengan Program Ibm SPSS (edisi 9)*. Semarang: Badan Penerbit Universitas Diponogoro
- Grossbaum, M. F., & Bates, G. W. (2002). Correlates of psychological well-being at midlife: The role of generativity, agency and communion, and narrative themes. *International Journal of Behavioral Development*, 26(2), 120–127. <https://doi.org/10.1080/01650250042000654>
- Hadi, Sutrisno. (2000). *Metodologi Penelitian Yogyakarta*: Andi Yogyakarta.
- Huppert, F. A. (2009). *Psychological Well-being : Evidence Regarding its Causes and Consequences* †. 1(2), 137–164. <https://doi.org/10.1111/j.1758-0854.2009.01008.x>
- Lai, C., Altavilla, D., Ronconi, A., & Aceto, P. (2016). Computers in Human Behavior Fear of missing out (FOMO) is associated with activation of the right middle temporal gyrus during inclusion social cue. *Computers in Human Behavior*, 61, 516–521. <https://doi.org/10.1016/j.chb.2016.03.072>
- Prihatiningsih, W. (2017). Motif Penggunaan Media Sosial Instagram Di Kalangan Remaja. *Communication*, 8(1), 51. <https://doi.org/10.36080/comm.v8i1.651>
- Purba, O. B., Matulessy, A., & Haque, S. A. ul. (2021). Fear of missing out dan psychological well being dalam menggunakan media sosial. *Jurnal Penelitian Psikologi*, 2(01), 42–51.
- Rahman, S., Insani, H. M., Inriani, E., & Tobing, L. (2021). Penggunaan Media Sosial Terhadap Kesejahteraan Well-Being. *Prosiding Seminar Nasional 2021 Fakultas Psikologi Umby*, 23–34.
- Ryff, C. D. (1989). In the eye of the beholder: views of psychological well-being among middle-aged and older adults. *Psychology and Aging*, 4(2), 195–201. <https://doi.org/10.1037/0882-7974.4.2.195>
- Ryff, C. D. (1995). Psychological Well-Being in Adult Life. *Current Directions in Psychological Science*, 4(4), 99–104. <https://doi.org/10.1111/1467-8721.ep10772395>

- Ryff, C. D. (2013). Psychological well-being revisited: Advances in the science and practice of eudaimonia. *Psychotherapy and Psychosomatics*, 83(1), 10–28. <https://doi.org/10.1159/000353263>
- Ryff, C. D., & Keyes, C. L. M. (1995). The Structure of Psychological Well-Being Revisited. *Journal of Personality and Social Psychology*, 69(4), 719–727. <https://doi.org/10.1037/0022-3514.69.4.719>
- Ryff, C. D., & Singer, B. (1996). Psychological well-being: Meaning, measurement, and implications for psychotherapy research. *Psychotherapy and Psychosomatics*, 65(1), 14–23. <https://doi.org/10.1159/000289026>
- Santrock, Jhon W. (2011). *Life-Span Development (Perkembangan Masa Hidup)*. Jakarta: Erlangga.
- Savitri, J. A. (2019a). Acta Psychologia Fear of Missing Out dan Kesejahteraan Psikologis Individu Pengguna Media Sosial di Usia Emerging Adulthood. *Acta Psychologia*, 1(1), 87–96. <http://journal.uny.ac.id/index.php/acta-psychologia>
- Savitri, J. A. (2019b). Impact of Fear of Missing Out on Psychological Well-Being Among Emerging Adulthood Aged Social Media Users. *Psychological Research and Intervention*, 2(2), 23–30. <https://doi.org/10.21831/pri.v2i2.30363>
- Sugiyono. (2011). *Metode Penelitian Kuantitatif Kualitatif Dan R&D*. Bandung: Alfabeta
- Tumanggor, R. O. (2017). Perbedaan Antara Pendekatan Hedonis Dan Eudaimonis Atas Quality Of Life : Kajian Filosofis (Prosiding Forum Ilmiah Psikologi Indonesia 23-27 Agustus 2016 Fak. Psikologi Universitas Tarumanagara Jakarta, 341-354). *Universitas Tarumanagara, Quality of life, kajian filosofis, hedonia, eudaimonia, happiness, well-being*, 14.
- Wolfson, D. B. (2016). Choosing Wisely campaign builds momentum. *American Journal of Managed Care*, 22(7), 495–496.