ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan antara depresi dengan perilaku *non-suicidal self-injury* pada remaja *broken home*. Hipotesis dalam penelitian ini adalah ada hubungan positif antara tingkat depresi dengan perilaku *non-suicidal self-injury* pada remaja *broken home*. Subjek penelitian ini berjumlah 94 orang remaja *broken home* usia 18-22 tahun. Metode pengumpulan data menggunakan skala BDI-II untuk depresi dan skala SHI untuk *non-suicidal self-injury*. Teknik analisis data menggunakan teknik korelasi *product moment* dari Karl Pearson. Hasil analisis data menunjukan koefisien korelasi pearson (rxy) sebesar 0.477 ($p < 0.05$), berarti hipotesis diterima yaitu ada hubungan positif antara depresi dengan perilaku *non-suicidal self-injury* pada remaja *broken home*. Koefisien determinasi (R^2) sebesar 0.227 yang artinya 22.7% perilaku *non-suicidal self-injury* dapat dijelaskan oleh depresi dan sekitar 77.3% dipengaruhi oleh faktor-faktor lain yang tidak terlibat dalam penelitian ini.

Kata Kunci : Depresi, *Non-suicidal self-injury*, remaja, *broken home*

ABSTRACT

This study aims to determine the relationship between depression and non-suicidal self-injury behavior in broken home adolescents. The hypothesis in this study is that there is a positive relationship between the level of depression and non-suicidal self-injury behavior in broken home adolescents. The subjects of this study amounted to 94 broken home adolescents aged 18-22 years. Data collection methods used the BDI-II scale for depression and the SHI scale for non-suicidal self-injury. Data analysis techniques using product moment correlation techniques from Karl Pearson. The results of data analysis showed a Pearson correlation coefficient (rxy) of 0.477 (p < 0.05), meaning that the hypothesis is accepted, namely that there is a positive relationship between depression and non-suicidal self-injury behavior in broken home adolescents. The coefficient of determination (R2) is 0.227, which means that 22.7% of non-suicidal self-injury behavior can be explained by depression and about 77.3% is influenced by other factors not involved in this study.

Keywords*: Depression, Non-suicidal self-injury, adolescents, broken home*