

DAFTAR PUSTAKA

- Aktas, S. (2016). The Effect Of Empathy Training Given To Midwives On Mothers' Birth Perceptions And Their Satisfaction With Midwives. *Journal Of Life Sciences.* doi: doi.org/10.12739/NWSA.2016.11.4.4B0007
- Altmann, T., Schönenfeld, V., & Roth, M. (2015). Evaluation of an empathy training program to prevent emotional maladjustment symptoms in social professions. *Psychology*, 6(14), 1893
- American Psychiatric Association. (2013). Diagnostic and Statistical Manual of Mental Disorders (DSM-5). *American Psychiatric Publishing*.
- Annisa, R., & Marettih, A. K. (2016). Empathy care training untuk meningkatkan perilaku memaafkan pada remaja akhir. *JIP (Jurnal Intervensi Psikologi)*, 8(2), 285-303.
- Ançel, G. 2006. Developing Empathy in Nurses: An Inservice Training Program. *Archives of Psychiatric Nursing*, Vol. 20 (6), 249-257
- Azwar, S. (2015). Dasar-dasar Psikometrika, Edisi 2. Yogyakarta: Pustaka Pelajar.
- Azwar. S. (2017). Metode Penelitian Psikologi Edisi II. Yogyakarta: Pustaka Pelajar
- Azwar, S. (2017). Penyusunan Skala Psikologi Edisi II. Yogyakarta: Pustaka Pelajar
- Basco, M. R. (2005). *The Bipolar Workbook: Tools for Controlling Your Mood*
- Baron-Cohen, S., & Wheelwright, S. (2004). The empathy quotient: An investigation of adults with Asperger syndrome or high functioning autism, and normal sex differences. *Journal of autism and developmental disorders*, 34(2), 163-175.
- Bauer, R., Gottfriedsen, G. U., Binder, H., Dobmeier, M., Cording, C., Hajak, G., & Spiessl, H. (2011). Burden of caregivers of patients with bipolar affective disorders. *American Journal of Orthopsychiatry*, 81(1), 139-148.
- Coleman, E. A. and Roman, S. P. (2015) 'Family caregivers' experiences during transitions out of hospital.', *Journal for healthcare quality : official publication of the National Association for Healthcare Quality*, 37(1), pp. 12–21. doi: [10.1097/01.JHQ.0000460117.83437.b3](https://doi.org/10.1097/01.JHQ.0000460117.83437.b3).
- Davis, M. H. (1980). A multidimensional approach to individual differences in empathy. *Catalog of Selected Documents in Psychology*, 10, 85.

- Darmayenti, D., Arif, Y., & Basmanelly, B. (2023). PENGALAMAN KELUARGA DALAM MERAWAT PASIEN BIPOLARDI RSUD PADANG PARIAMAN. *Jurnal Kesehatan Medika Saintika*, 14(1), 324-343.
- Dewi, P. F. S. (2023). Pelatihan Empati Untuk Menurunkan Perilaku Bullying Pada Pelaku Bullying Siswa Smp. *JIP (Jurnal Intervensi Psikologi)*, 15(1).
- Eisdorfer, C. (1991). Caregiving: an emerging risk factor for emotional and physical pathology. *Bulletin of the Menninger Clinic*, 55(2), 238
- Endriasari, E. (2013). *Meningkatkan Empati menggunakan Metode Bermain Peran Pada Anak Kelompok A3 TK ABA Karangkajen Yogyakarta*. Lumbung Pustaka UNY. <https://eprints.uny.ac.id/10284/>
- Eifert, E. K., Adams, R., Dudley, W., & Perko, M. (2015). Family caregiver identity: A literature review. *American Journal of Health Education*, 46(6), 357-367.
- Flippo, E.B. (1984). Personnel Management. McGraw-Hill
- Gayanti, T., Amalia, S., & Maimunah, S. (2018). Efektivitas Pelatihan Empathy Care Untuk Meningkatkan Empati Pada Mahasiswa Keperawatan. *JIP (Jurnal Intervensi Psikologi)*, 10(1), 43-56.
- Gholamzadeh, S., Khastavaneh, M., Khademian, Z., & Ghadakpour, S. (2018). The effects of empathy skills training on nursing students' empathy and attitudes toward elderly people. *BMC medical education*, 18, 1-7.
- Goleman, D. (2006). *Social intelligence: The new science of human relationships*. Bantam.
- Halpern, J. (2003). What is clinical empathy?. *Journal of general internal medicine*, 18, 670-674.
- Haugen, R. E. (1998). *The effects of perspective-taking training on empathy development in adult male sex offenders*. Andrews University.
- Indah, A. P., Arrozaqi, M. R., Nirmalajati, B., Isidora, I., Triatmojo, W., Sevriana, E. S., & Pangestuti, R. C. A. (2023). PENGETAHUAN DAN IMPLEMENTASI CAREGIVER DALAM PENGASUHAN ANAK ADHD: STUDI KUALITATIF. *Jurnal Ilmu Kesehatan Masyarakat*,
- Kementerian Kesehatan RI. (2018). *Buku Saku Gangguan Jiwa Ringan dan Sedang*. Jakarta: Kementerian Kesehatan RI.

- Maslim, R. (2003). Diagnosis of Mental Disorders, Brief Reference PPDGJ-III. *PT. Nuh Jaya. Jakarta.*
- Mercer, S. W., & Reynolds, W. J. (2002). Empathy and Quality of Care. *British Journal of General Practice*, 52, S9-12.
- Nurhasanah, S., A. Malik, D. Mulhayatiah. (2017). Penerapan model experiential learning untuk meningkatkan keterampilan berpikir kritis siswa. *Jurnal Wahana Pendidikan Fisika*. Vol.2 (2): 58-62
- Noe, R. A. (2017). *Employee Training and Development*. McGraw-Hill Education.
- Perlick, D. A., Rosenheck, R. A., Miklowitz, D. J., Kaczynski, R., Link, B., Ketter, T., ... & STEP-BD Family Experience Collaborative Study Group. (2008). Caregiver burden and health in bipolar disorder: a cluster analytic approach. *The Journal of nervous and mental disease*, 196(6), 484-491
- Sugiyatno, E. I. Eliasa, & B. Astutia. (2019). Pelatihan keterampilan empati dan respek pada guru bimbingan dan konseling SMP Kabupaten Kulon Progo. *Jurnal Pendidikan Islam*, 8(1), 1-14.
- Sugiyono, D. (2013). Metode penelitian pendidikan pendekatan kuantitatif, kualitatif dan R&D.
- Susilawati, S., & Fredrika, L. (2019). Pengaruh Intervensi Strategi Pelaksanaan Keluarga terhadap Pengetahuan dan Kemampuan Keluarga dalam Merawat Klien Skizofrenia dengan Halusinasi. *Jurnal Keperawatan Silampari*, 3(1), 405-415.
- Steele, A., Maruyama, N., & Galynker, I. (2010). Psychiatric symptoms in caregivers of patients with bipolar disorder: a review. *Journal of affective disorders*, 121(1-2), 10-21.
- R., & Shariful Islam, S. M. (2023). The effectiveness of psychoeducation in improving attitudes N towards psychological disorders and internalized stigma in the family members of bipolar patients: A quasi-experimental study. *PsyCh Journal*, 12(2), 272–279. <https://doi.org/10.1002/pchj.621>
- Rahmawati, W. Kurnia, (2015). Keefektifan peer support untuk meningkatkan *self discipline* siswa SMP. *Jurnal Konseling Indonesia*. Vol. 2 (1): 15 – 21
- Riess, H. (2017). The science of empathy. *Journal of patient experience*, 4(2), 74-77.
- Rogers, C. R. (1957). The necessary and sufficient conditions of therapeutic personality change. *Journal of Consulting Psychology*, 21(2), 95-

- Voraprateep, Jutharath. (2013). Robustness of wilcoxon signed-rank test against the assumption of symmetry. *Thesis*. United Kingdom: The University of Birmingham.
- Widiastuti, N. (2018). Hubungan Antara Empati Dengan Pemaafan Pada Mahasiswa. <http://eprints.mercubuana-yogya.ac.id/id/eprint/2370/>
- World Health Organization. (2019). Mental disorders: *Bipolar affective disorder*. Diakses dari: https://www.who.int/mental_health/management/bipolar/en/
- Zahra, Z., & KJ, S. (2022). Penggolongan Gangguan Jiwa di Indonesia. Ilmu Keperawatan Jiwa dan Komunitas, 19.