

DAFTAR PUSTAKA

- Albin, R.S. 1993. *Emosi: Bagaimana mengenal, menerima, dan mengarahkan*. Yogyakarta: Penerbit Kanisius.
- Andreson, M.A. (2006). *The relationship among resilience, forgiveness, and anger expression in adolescent*. Maine: The University of Maine(online). <https://digitalcommons.library.umaine.edu/cgi/viewcontent.cgi?referer=http://www.google.co.id/&httpsredir=1&article=1439&context=etd>.
- Azwar, S. (2015). *Metode penelitian psikologi*. Yogyakarta: Pustaka Peajar.
- Azwar, Saifuddin. (2021). *Penyusunan Skala Psikologi Edisi-3*. Yogyakarta: Pustaka Pelajar.
- Chaplin, C.P. 2005. *Kamus lengkap psikologi*. Jakarta: Rajawali Press Grafindo Persada.
- Anon (n.d.). Dari 574 Kasus, 80% Pembunuhan Bermotif Dendam dan Sakit Hati. SINDOnews.com. diakses tanggal 23 mei 2024 Dari <https://nasional.sindonews.com/berita/1356879/13/dari-574-kasus-80-pembunuhan-bermotif-dendam-dan-sakit-hati>
- Darwis, M. H. 2006. *Emosi penjelajahan religio-psikologis tentang emosi manusia di dalam Al-Qur'an*. Jakarta: Erlangga.
- Enright, R. D., & Coyle, C. T. (1998). Researching the process model of forgiveness within psychological interventions. In W. J. E. L. (Ed.), *Dimensions of forgiveness: Psychological research and theological perspectives* (pp. 139–161). Philadelphia: Templeton Foundation Press.
- Fitriany, R., Desra, H. H., & Candra, I. (2022). Hubungan kematangan emosi dengan forgiveness pada siswa SMA 1 lembah gumati: Relations between emotional maturity and forgiveness in student of SMAN 1 lembah gumanti. *Jurnal psikologi jambi*, 7(02), 62-70.
- Goleman, D. 2003. *Working with emotional intelligence*. Jakarta: Gramedia Pustaka Utama
- Guswani, A. M., & Kawuryan F. (2012). Perilaku agresi pada mahasiswa ditinjau dari kematangan emosi. *Jurnal Psikologi: Pituhur*, 1(2), 86-92. http://journal.unair.ac.id/flerPDF/110511131_1v.pdf
- Hadi, S. (2015). *Metodologi Riset*. Yogyakarta: Pustaka Pelajar

- Harris, A. H. S., Thoresen, C. E., & Humphreys, K. (2006). *Forgiveness, unforgiveness, health, and disease*. In E. L. Worthington Jr. (Ed.), *Handbook of forgiveness* (pp. 321-333). Routledge.
- Hurlock, E.B. (2009). *Psikologi Perkembangan: Suatu Perkembangan Sepanjang Rentan Kehidupan*, Jakarta: Erlangga.
- Hurlock, E.B. (2010). *Psikologi Perkembangan*. Jakarta: PT. Gramedia Pustaka
- Kadiangandu, J. K., Mullet, E., & Vinsonneau, G. (2001). Forgiveness: A three-component system *Journal of Personality and Social Psychology*, 80(2), 283-293.
- Khairani, R., & Putri, D. E. (2011). Kematangan emosi pada pria dan wanita yang menikah muda. *Jurnal Ilmiah Psikologi*, 1(2).
- King, L.A. (2012). *Psikologi umum: Sebuah pandangan apresiatif* (edisi pertama). Jakarta: Salemba Humanika
- Manik, R. (2017). Teknik Cognitive Restructuring untuk Meningkatkan Kecerdasan Emosi dan Forgiveness. *Jurnal JUMPA*. V.(2), 1-12. Diunduh dari: <https://docplayer.info/72110771-Teknik-cognitive-restructuring-untuk-meningkatkan-kecerdasan-emosi-dan-forgiveness-resmin-manik-1.html>
- Mappiare, Andi. (1983). *Psikologi orang dewasa*. Surabaya : Usaha Nasional
- McCullough, M. E. (2008). *Beyond revenge: The evolution of the forgiveness instinct*. New York: Joseesy-Bass.
- Maltby, J., Day, L., & Barber, L. (2005). Forgiveness and happiness: The differing contexts of forgiveness using the distinction between hedonic and eudaimonic happiness. *Journal of Happiness Studies*, 6(1), 1-13.
- McCullough, M.E. (2000). Forgiveness as human strength: Theory, measurement, and links to well-being. *Journal of Social and Clinical Psychology*, 19(1), 43-55. <https://doi.org/10.1521/jscp.2000.19.1.43>
- McCullough, M. E., Fincham, F. D., & Tsang, J. A. (2003). Forgiveness, forbearance, and time: the temporal unfolding of transgression-related interpersonal motivations. *Journal of personality and social psychology*, 84(3), 540.
- McCullough, M. E.(2001). Forgiveness: Who does it and how do they do it? *Current directions in psychological science*, 10, 6-10.
- McCullough, M.E., Bono, G., & Root, L.M. (2007). *Forgiveness and well-being. Coral Gables. Miami*. <https://welcome.miami.edu/academics/libraies/in>

- McCullough, M.E, Giacomo Bono, G & Root L.M. (2006). Rumination, emotion, and forgiveness : Three longitudinal studies. *Journal of Personality and Sosial Psychology* 92, (3), 490-505
- Nashori, F. (2008). *Psikologi sosiasl islami*, Bandung: PT Refika Aditama
- Nashori, F. (2014). *Psikologi pemaafan*, Yogyakarta: Safiria Insani Press.
- Paramitasari, R & Alhan, I, N. (2012). Hubungan Antara Kematangan Emosi Dengan Kecerdasan Memaafkan Pada Remaja Akhir Jurnal Psikologi Pendidikan dan Perkembangan 01.(02). 1-7. Diunduh dari : http://journal.unair.ac.id/flerPDF/110511131_1v.pdf
- Raj, P., Elizabeth, C. S., & Padmakumari, P. (2016). Mental health through forgiveness: Exploring the roots and benefits. *Cogent Psychology*, 3(1), 0-16. <https://doi.org/10.1080/23311908.2016.1153817>
- Saifuddin, Ahmad. (2020). *Penyusunan skala psikologi*. Jakarta: *Kencana*.
- Sarwono, S. (2011). Psikologi remaja. Jakarta: PT Raja Grafindo
- Schneiders, A. A. 1964. *Personal adjustment and mental health*. New York: Holt, Rinerhart, and Winston.
- Shulman, S., Feldman, B., Blatt, S., Cohen, O., & Mahler, A. (2005). Emerging Adulthood. *Journal of Adolescent Research*, 20(5), 577-603.
- Sugiyono. (2015). Metode penelitian kuantitatif, kualitatif, dan r & d. Bandung: Alfabeta
- Sugiyono. (2022). Metode penelitian kuantitatif, kualitatif, dan r & d. Bandung: Alfabeta
- Thompson, Laura Yahmhure; Snyder, C. R. ; Hoffman, Lesa; Michael, Scott T; Heather N; Rasmussen; Billings, Laura S.; Heinze, Laura; Neu feld, Jason E.; Shorey, Hal S.; Robberts, Jessica C; & Robberts Danae E. (2005), *Dispositional Forgiveness of Self, Others, and Situation*, *Journal Of Personality*.
- Tousaanint, L. L., Williams, D. R., Musick, M. A., & Everson, S. A. (2001). Forgiveness and health: Age differences in a US probability sample. *Journal of Adult Development*. 8(4), 249-257. <https://doi.org/10.1023/A:1011394629736>
- Walgito, B. (2002). *Bimbingan dan Konseling Perkawinan*. Yogyakarta: Penerbit Andi.

- Widasuri, D., & Laksmiwati, H. (2018). Hubungan Antara Kematangan Emosi Dngan Forgiveness Pada Mahasiswa Psikologi Universitas Negeri Surabaya. *Jurnal Penelitian Psikologi*, 5, 1–6.
- Worthington, Everett L., Jr. (Ed.). 1998. *Dimensions of Forgiveness: Psychological Research and Theological Perspectives*. Philadelphia: Templeton Foundation Press.
- Worthington, E. L., Jr., Witvliet, C. V. O., Pietrini, P., & Miller, A. J. (2007). Forgiveness, health, and well-being: A review of evidence for emotional versus desicional forgiveness, dispositional forgiveness, and reduced unforgiveness. *Journal of Behavioral Medicine*, 30(4), 291-302
- Yusuf, S. (2001). *Psikologi perkembangan anak dan remaja*. Bandung: PT Remaja Resdakarya.