

## Abstrak

Tujuan penelitian ini adalah untuk mengetahui hubungan antara empati dengan kepuasan pernikahan pada istri TNI AL yang mengalami *long distance marriage*. Hipotesis yang diajukan dalam penelitian ini adalah ada hubungan positif antara empati dengan kepuasan pernikahan pada istri TNI AL yang mengalami *long distance marriage*. Penelitian ini menggunakan subjek berjumlah 37 istri TNI AL yang sedang mengalami *long distance marriage*. Metode pengumpulan data dalam penelitian ini menggunakan skala empati dan skala kepuasan pernikahan. Metoda analisis data dalam penelitian ini menggunakan metode analisis *product moment* dari *Pearson*. Hasil analisis data diperoleh hasil korelasi  $r_{xy} = 0,498$  dan taraf signifikansi  $p < 0.001$  yang berarti bahwa terdapat hubungan positif antara empati dengan kepuasan pernikahan pada istri TNI AL yang mengalami *long distance marriage*. Semakin tinggi tingkat empati, maka cenderung semakin tinggi tingkat kepuasan pernikahan pada istri TNI AL yang mengalami *long distance marriage*. Sebaliknya semakin rendah tingkat empati, maka cenderung semakin rendah tingkat kepuasan pernikahan pada istri TNI AL yang mengalami *long distance marriage*. Berdasarkan hasil penelitian, maka peneliti menyatakan bahwa hipotesis diterima. Variabel empati dalam penelitian ini mempunyai sumbangan efektif sebesar 24,8% terhadap tingginya kepuasan pernikahan pada istri TNI AL yang mengalami *long distance marriage*. Hal ini sekaligus menegaskan pengaruh variabel lain yang tidak diteliti dalam penelitian ini sebesar 75,2%.

**Kata kunci:** empati, kepuasan pernikahan, *long distance marriage*

## Abstract

The purpose of this study was to determine the relationship between empathy and marital satisfaction on the wife of the Indonesian Navy who had a *long distance marriage*. The hypothesis proposed in this study was there is a positive relationship between empathy and marital satisfaction in the Navy's wife who had a long distance marriage. This study used 37 total subject of Indonesian Navy wives who were had *long distance marriage*. The researcher used empathy scale and marriage satisfaction scale for the data collection methods while for the data analysis method the researcher used *Pearson's product moment* analysis method. The results of data analysis showed there was correlation of  $r_{xy} = 0,498$  between the significance level of p was  $<0.001$  it means there is a positive relationship between empathy and marital satisfaction in the Navy's wife who had a *long distance marriage*. It can be concluded the higher of the level of empathy so the higher of the level of marital satisfaction in the Navy's wife who had a long distance marriage. On the contrary, the lower of level empathy so the lower of the level of marital satisfaction in the Navy's wife who had a *long distance marriage*. Based on the results of the study, the researcher stated that the hypothesis was accepted. The empathy variable in this study has an effective contribution of 24.8% to the high marital satisfaction of the wife of the Navy who had a *long distance marriage*. It was also confirmed the influence of other variables was not examined in this study was 75.2%.

**Keywords:** empathy, marriage satisfaction, *long distance marriage*