

ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan antara dukungan sosial rekan kerja dengan *burnout* pada karyawan (buruh) pabrik PT Dagsap Endura Eatore Yogyakarta. Hipotesis dalam penelitian ini adalah terdapat hubungan negatif antara dukungan sosial rekan kerja dengan *burnout*. Subjek penelitian sebanyak 50 orang. Pengambilan subjek menggunakan purposive sampling dengan data yang dikumpulkan menggunakan Skala *Burnout* dan Skala Dukungan Sosial. Data dianalisis menggunakan korelasi *product moment* dari Pearson dengan program SPSS. Berdasarkan hasil analisis, diperoleh nilai korelasi koefisien korelasi (r_{xy}) sebesar -0,760 dengan $p = 0,000$ ($p < 0.005$). Hasil tersebut menunjukkan bahwa terdapat hubungan negatif yang signifikan antara dukungan sosial rekan kerja dengan *burnout* pada karyawan (buruh) pabrik PT Dagsap Endura Eatore Yogyakarta. Diterimanya hipotesis dalam penelitian ini menunjukkan koefisien determinasi (R^2) yang memperoleh sumbangan efektif sebesar 0,578 atau 57,8% dari dukungan sosial rekan kerja untuk *burnout* dan sisanya 42,2% dipengaruhi oleh variabel lainnya.

Kata kunci: *burnout*, dukungan sosial

Abstract

This study aims to gain an understanding of the relationship between social support a peer with the house of representatives burnout on employees (a laborer) factory owners who were employing pt dagsap endura eatore yogyakarta in central java .The hypothesis in this research is that there been found to be negative relationship which has seen trade between social support a peer with the house of representatives burnout .A subject of study as many as 50 people .Over the withdrawal of funds the subject of using purposive the sampling method of with the data which it had collected using a scale burnout and scale of social support .The data have been analyzed employing correlation product moment of pearson candy businesses by waking early and going spss .Based on the results of the analysis , obtained the correlation value is a correlation coefficient (rxy) as much as -0,760 with $p = 0,000$ ($p < 0,005$) The result showed that there are significant negative relationship between a social partners with burnout on employees (factory workers) a laborer Pt Dagsap Endura Eatore Yogyakarta.He received hypothesis in this research shows koefesien determination (R^2) be effective contributions of 0,578 or 57,8 % supported by social colleagues to burnout and the rest 42,2 % influenced by other variables.

Keywords: burnout, social support