

**HUBUNGAN ANTARA *SOCIAL SUPPORT* DENGAN *PSYCHOLOGICAL WELL-BEING* PADA KARYAWAN LEMBAGA SWADAYA MASYARAKAT (LSM)**

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**Abstrak**

Penelitian ini bertujuan untuk mengetahui hubungan antara *social support* dengan *psychological well-being* pada karyawan LSM. Hipotesis yang di ajukan penelitian adalah ada hubungan positif antara *social support* dengan *psychological well-being* pada karyawan LSM Rifka Annisa dan LSM Senyum Kita. Penelitian ini di lakukan terhadap 30 karyawan Rifka Annisa dan 17 karyawan Senyum Kita. Metode pengumpulan data menggunakan skala *psychological well-being* dan skala *social support*. Tehnik analisis data yang digunakan adalah korelasi *Product Moment non parametris* dari Spearman's. Berdasarkan hasil penelitian, di peroleh koefisien korelasi sebesar ( $r_{xy}$ ) = 0,555 dengan  $p = 0,000$  ( $p < 0,050$ ). Hasil tersebut menunjukkan bahwa terdapat hubungan positif yang signifikan antara *social support* dengan *psychological well-being*. Sumbangan efektif ( $R^2$ ) yang diberikan oleh variabel *social support* terhadap *pscyhological well-being* sebesar 33% dan 66,8% peranan dari faktor lain. Adapun manfaat yang diharapkan dalam pelaksanaan penelitian ini yaitu Menambah pengetahuan tentang *psychological well-being* di bidang Psikologi Industri Organisasi serta Bagi Organisasi, memberikan pengertian pentingnya *psychological well-being* pada karyawan LSM.

**Kata kunci:** *social support*, *psychological well-being*, karyawan LSM

***CORRELATION BETWEEN SOCIAL SUPPORT WITH PSYCHOLOGICAL WELL-BEING ON EMPLOYEES NON-GOVERNMENTAL ORGANIZATION (NGO)***

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***Abstract***

*This research aimed to determine the correlation between social support with psychological well-being on employees NGOs. The hypothesis proposed by the research is that there is a positive relationship between social support and psychological well-being for NGO employees Rifka Annisa and Senyum Kita. This research was conducted on 30 employees of Rifka Annisa and 17 employees of Senyum Kita. The method of data collection uses a scale of psychological well-being and social support scale. The data analysis technique used is the Product Moment Non Parametris correlation from Spearman's. Based on the results of research, obtained correlation coefficient of  $(r_{xy}) = 0.555$  with  $p = 0,000$  ( $p < 0.050$ ). These results indicate that there is a significant positive relationship between social support and psychological well-being. Effective contribution ( $R^2$ ) given by social support variables for psychological well-being is 33,3% and 66,8% roles from other factors. The benefits expected in the implementation of this research are: Increasing knowledge about psychological well-being in the field of Industrial Organizations of Psychology and for Organizations, giving an understanding of the importance of psychological well-being to NGO employees.*

***Keywords:*** *social support, psychological well-being and NGO employees*