

Abstrak

Penelitian ini bertujuan untuk mengetahui hubungan antara tekanan teman sebaya dengan asertivitas pada siswa SMK. Hipotesis yang diajukan pada penelitian ini adalah ada hubungan negatif antara tekanan teman sebaya dengan asertivitas pada siswa SMK. Subjek penelitian ini adalah siswa kelas X SMK Negeri 1 Sedayu dengan keseluruhan subjek 156. Pengumpulan data dilakukan dengan menggunakan Skala Asertivitas dan Skala Tekanan Teman Sebaya. Metode analisis data yang digunakan adalah analisis *Pearson Correlation*. Berdasarkan hasil penelitian, diperoleh koefisien korelasi $r_{xy} = - 0,318$ dan taraf signifikansi 0,000 ($p < 0,05$) yang berarti ada hubungan negatif antara tekanan teman sebaya dengan asertivitas. Nilai koefisien determinasi (*R Squared*) sebesar 0,101 menunjukkan bahwa variabel tekanan teman sebaya memiliki kontribusi sebesar 10% terhadap variabel asertivitas pada siswa kelas X SMK Negeri 1 Sedayu dan sisanya 90% dipengaruhi oleh faktor lain, yaitu faktor eksternal (pola asuh) dan faktor internal (usia, jenis kelamin dan konsep diri).

Kata kunci: asertivitas, tekanan teman sebaya, siswa SMK

Abstract

This study was aimed to determine the relationship between peer pressure and assertiveness in student of vocational high school. There was a negative relationship between peer pressure and assertiveness in student of vocational high school was the statement of the hypothesis. The subjects of this study were the students of grade X in vocational high school 1 Sedayu with the whole subject 156. Assertiveness Scale and Peer Pressure Scale were used as the data collection method. Pearson Correlation analysis was used as the data analysis method. Based on the results of the study, the r_{xy} correlation coefficient was - 0.318 with a significance level of $p = 0.000$ ($p < 0.05$) which means there was a negative relationship between peer pressure and assertiveness. The coefficient of determination (R Squared) of 0,101 shows that the peer pressure variable has a contribution of 10% to the variable of assertiveness in grade X students in vocational high school 1 Sedayu and the remaining 90% was influenced by other factors, namely external factors (parenting) and internal factors (age, gender and self-concept).

Keywords: assertiveness, peer pressure, student of vocational high school