

MAKNA KEBAHAGIAAN SEORANG PILOT WANITA DI INDONESIA

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ABSTRAK

Penelitian ini bertujuan untuk mengetahui kebahagiaan yang dirasakan oleh pilot wanita di Indonesia. Subjek pada penelitian ini adalah 3 orang pilot wanita didukung 3 orang *significant other*. Teknik pengambilan subjek dalam penelitian ini adalah wawancara secara mendalam dan observasi yang meliputi observasi ketika wawancara dan observasi dokumen. Berdasarkan keseluruhan pembahasan dapat disimpulkan bahwa ketiga partisipan merasa bahagia bekerja sebagai pilot, mengacu pada aspek-aspek menurut Seligman (2005), ketiga subjek memiliki hubungan positif dengan orang sekitar, seperti rekan kerja, keluarga, dan pasangan. Masing-masing subjek memiliki pemaknaan dalam keseharian tersendiri. Ketiga partisipan sama-sama merasa terlibat penuh dalam suatu aktivitas dan sama-sama memiliki optimism dalam hal pekerjaan dan kehidupan rumah seperti berhasil membesarkan anak mereka. Dalam menghadapi pekerjaan yang penuh resiko, ketiga subjek memiliki cara tersendiri dalam menghadapi pekerjaan yang terbilang tinggi resiko, sehingga dapat dikatakan ketiganya sama-sama memiliki resiliensi dalam menghadapi segala hal yang beresiko bagi mereka.

Kata kunci : kebahagiaan, pilot wanita.

THE MEANING OF THE HAPPINESS OF FEMALE PILOTS IN INDONESIA

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ABSTRACT

This study aims to determine the happiness felt by female pilots in Indonesia. The subjects in this study were 3 female pilots supported by 3 significant other people. The subject taking techniques in this study were in-depth interviews and observations which included observations when interviewing and observing documents. Based on the overall discussion it can be concluded that all three participants were happy working as pilots, referring to aspects according to Seligman (2005), all three subjects had positive relationships with people around, such as coworkers, families, and partners. Each subject has its own meaning in daily life. All three participants felt fully involved in an activity and both had optimism in terms of work and home life such as successfully raising their children. In dealing with jobs that carry risks, the three subjects have their own way of dealing with jobs that are considered to be high risk, so it can be said that all three of them have resilience in dealing with everything that is at risk for them.

Keywords: happiness, female pilot.