

# Certificate of Appreciation



UNIVERSITY  
OF SOUTH AFRICA

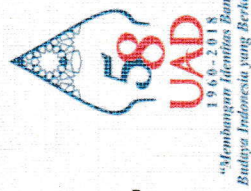
UNISA

Awarded to:

**RAHMA WIDYANA**

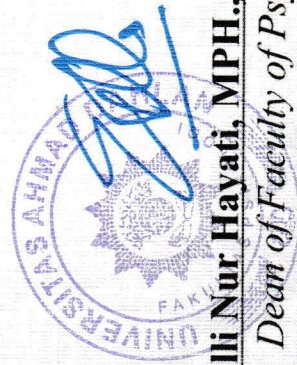
as

**Presenter**

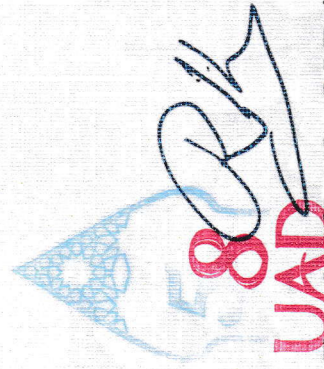


**INTERNATIONAL CONFERENCE ON COMMUNITY PSYCHOLOGY,  
HUMANIZATION AND RELIGIO-CULTURES:  
CRITICAL AND DECOLONIAL VOICES**

**YOGYAKARTA,  
FEBRUARY 06 - 07, 2019**



**Dra. Eli Nur Hayati, MPH., Ph.D., Psikolog**  
*Dean of Faculty of Psychology*



**Ufi Fatuhrahmah., M.Psi., Psikolog**  
*Chair of Conference*



# PROGRAM BOOK ICCPHR 2019



## INTERNATIONAL CONFERENCE ON COMMUNITY PSYCHOLOGY, ***HUMANIZATION AND RELIGIO-CULTURES: CRITICAL AND DECOLONIAL VOICES***

06 - 07 February, 2019, Yogyakarta



**COMMITTEES****Honorary Chair**

Elli Nur Hayati, M.P.H., Psi., Ph.D  
*Universitas Ahmad Dahlan, Yogyakarta*  
Prof. Mohamed Seedat  
*University of South Africa – UNISA*

**General Chair**

Ufi Fatuhrahmah, S.Psi., M.Psi., Psikolog.  
*Universitas Ahmad Dahlan, Yogyakarta*

**General Co-Chair**

Arini Widyowati, S.Psi., M.Psi., Psikolog.  
*Universitas Ahmad Dahlan, Yogyakarta*

**Secretary**

Farah Febiola Ifanda, S.Psi.,  
Muhammad Luhung Pribadi, S.Psi.,  
Melati Kusuma Wardhani

**Technical Program Committee**

Mufid Salim, S.I.Kom., M.B.A.  
Muhammad Panji Muslim, S.Psi.  
Yova Renaldi  
Abdul Karim Amirullah

**Reviewer**

Dr. Fatwa Tentama, S.Psi., M.Si.,  
Triantoro Safaria, S.Psi., M.Si., Ph.D.  
Dr. Ahmad Muhammad Diponegoro  
Prof. Shannaz Suffla  
Naiema Taliep, Ph.D.  
Dr. Abdul Samed Bulbulia  
Dr. Siti Urbayatun, S.Psi., M.Si., Psikolog.  
Dr. Nurul Hidayah, S.Psi., M.Si., Psikolog.  
Dr. Nina Zulida Situmorang, M.Si.

## TABLE OF CONTENTS

ORGANIZER AND SPONSOR .....	i
WELCOME MESSAGE .....	ii
COMMITTEES .....	iv
TABLE OF CONTENTS .....	v
PROFILE ICCPHR .....	viii
HUMANITAS .....	ix
JOURNAL OF INJURY AND VIOLENCE PREVENTION.....	x
JEHCP .....	xi
PROFILE UNIVERSITAS AHMAD DAHLAN.....	xii
PROFILE UNIVERSITY OF SOUTH AFRICA.....	xiii
PROGRAM SCHEDULE .....	xiv
PARALLEL SESSION : LIST OF PRESENTATION GROUP A.....	1
PARALLEL SESSION : LIST OF PRESENTATION GROUP B.....	16
PARALLEL SESSION : LIST OF PRESENTATION GROUP C.....	31
PARALLEL SESSION : LIST OF PRESENTATION GROUP D.....	45
PARALLEL SESSION : LIST OF PRESENTATION GROUP E.....	60
 ABSTRACT	
A1. The Concept of Resilience in Adults .....	3
A2. Public Speaking Anxiety is Review Based on Variety of Intervention and Factors.....	4
A3. Understanding Innovative Work Behavior .....	5
A4. Literature Review: Cognitive Behavioral Therapy (CBT) to Lower Smartphone Addiction of Adolescent.....	6
A5. Video as a Strategy for Soft Skill Development at Vocational School .....	7
A6. The Function of the Ngaji Bareng Community In Establishing the Self Concept of Muslim Women.....	8
A7. Religiosity with Altruism Behavior of Student Islamic Boarding School Hidayatul Hikmah Mojosari.....	9
A8. Fathers Involvement Didn't Prevent Corporal Punishment Against Child Behavior? Limitation and Strength of Online Survey.....	10
A9. Using Flashcard to Improve Children's Protective Behavior Knowledge.....	11
A10. Description of Child Trust to The Mother .....	12
A11. The Exploration Of Religious Experience Of Muslim Family With Autism Child in Family Resilience Dimension .....	13
A12. Creative Learning For Youth Empowerment In Training Of "Laskar Pencerah" Tosari, Pasuruan .....	14
A13. Religious "Panata" as an Antidote to Adverse Life Events among Filipino Catholic Devotees .....	15
B1. Cognitive Therapy to Reduce the Behavior of Nail Biting for a Student at Class XII in Facing School Majors.....	18
B2. The Effectiveness of Token Economy to Enhancing the Comprehension Response for Student with Specific Learning Disabilities Dyscalculia.....	19
B3. The Effectiveness Of Drawing Therapy to Reduce Post Traumatic Stress Disorder (PTSD) in Victims Sexually Based On Ages.....	20

B4. Shaw's Teaching Strategy Training On Teacher Skills In Teaching Slow Learner Students Of Regular Elementary Schools.....	21
B5. The Level of Critical Thinking Ability Based on Self-Efficacy In Integers Learning .....	22
B6. Verbal Prompting Techniques To Improve Fine Motor Skills Of Children With Spectrum Autism Disorders .....	23
B7. Increase Students Creative Thinking Skill Using Search, Solve, Creative And Share Model In Thematic Learning .....	24
B8. Social Communication Intervention to Improve the Ability to Share in Children with Autism Spectrum Disorder (ASD).....	25
B9. Indigenous Counseling: Guidance and Cultural-Based Banjar "Batatamba" Counseling Overcoming Verbal Aggression in Adolescents.....	26
B10. The Correlations Between Social Support and Hardiness Personality Towards Parenting Stress Among Mothers Of Down-Syndrome Children.....	27
B11. The Correlation between The Needs of Affection and Prosocial Behavior of Adolescents Living in Orphanages .....	28
B12. Photovoice to Explore father's Involvement Towards Breastfeeding .....	29
B13. The spatial and psycho-social construction of natural hazards: Integrating traditional knowledge and modern mapping tools for disaster response and recovery.....	30
C1. Association between Sense of Coherence and Achievement Motivation among College Students in A Post-conflict Area in Maluku.....	33
C2. A Preliminary Study of the Acehnese Daily Stressors in Conflict Affected Area.....	34
C3. Predicting Participation in Volunteering Based on Personality Characteristics ...	35
C4. Acculturation Strategy of Alor Community in Java .....	36
C5. Socialization agents of four progressive Islamic values among Indonesian Muslim students. ....	37
C6. Mental Health And Social Care Through Psychosocial Support Based on Religion, Culture and Love in The Disaster Management and Mitigation Process .....	38
C7. A Contextual Approach to Measurement of Social Competence: A Preliminary Study in Yogyakarta .....	39
C8. MY POTRAIT IN JAIL" Psychological Description of Young Offender in LPKA Kupang .....	40
C9. Community asset mapping as an action research strategy for developing an interpersonal violence prevention programme in South Africa .....	41
C10. Community Based Participatory Research (CBPR) as an emancipatory modality promoting agency, activism and social transformation .....	42
C11. The Role Of Religiosity To Resolve Stress On Victim Of Natural Disasters .....	43
C12. Photovoice as an Innovative Methodology to Understand the Affective Experience of Street Girls working in Malioboro.....	44
D1. Adjusting to Indonesia's Culture: The Case of Expatriates in the Education Industry .....	47
D2. The correlation between psychological well being and work engagement in office workers.....	48
D3. Relationship Quality Of Work Life With Psychological Well Being of Employee.....	49

D4. The Role of Positive Emotion as a Mediator between Psychological Capital and Work Engagement..... 50

D5. Internalisation The Leadership Values of Rasulullah PBUH In Adolescence’s Moslem Organization..... 51

D6. The relationship between Work Environment with Turnover Intention to Employees ..... 52

D7. Optimizing Happiness at Work in Female Correctional Officer ..... 53

D8. The Influence Of Fear Of Success On The Psycological Well-Being Of Policewoman Officer In Mapolda DIY ..... 54

D9. Outgroup residents attitude towards the existence of special Islamic housing..... 55

D10. The role of individual goal clarity in the relationships between career goal discrepancies and distresses ..... 56

D11. The Meaning of Happiness for Woman ..... 57

D12. The Role Of Hardiness in Work Family Conflict of Career Women ..... 58

D13. A Community-based Disaster Risk Management (CBDRM) Approach: An Alternative Method towards Disaster Risk Management on selected Urban-Poor communities in the Philippines ..... 59

E1. Decrease Death Anxiety Using Murotal Al-Qur'an Therapy ..... 62

E2. A Description of Mental Health of Students at State University of Jakarta ..... 63

E3. Level of Student Internet Addiction..... 64

E4. Language Adaptation of General Health Questionnaire (GHQ) 28 as Mental Health Screening Tool for College Students..... 65

E5. Copping Stress in Wives of Patients with Schizophrenic Disorders ..... 66

E6. Post Traumatic Growth (Towards Positive Life Change)..... 67

E7. Self Disclosure And Self Control On Teen's Gay On The Social Environment (In Pataya Surabaya Community) ..... 68

E8. Perceived Social Support in Domestic Violence Victims..... 69

E9. The Hafidz College Students’ Self Regulated Learning ..... 70

E10. Positive Psychology In Group Guiding Services To Improve Student Religious Aspects..... 71

E11. Humor in Various Context & Cultures ..... 72

E12. Practical and Theoretical Perspectives on the Implementation of Developing School as a Community in Gemala Ananda Primary School, Jakarta ..... 73

E13. Psychosocial interventions to increase resilience of survivors of landslide disasters ..... 74

## PRESENTATION B10

**The Correlations between Social Support and Hardiness Personality Towards Parenting Stress among Mothers of Down-Syndrome Children**

**Rr Siti Novy Hikmah M. R., Rahma Widyana,**  
Magister Sains Psikologi, Universitas Mercu Buana, Yogyakarta

---

**Article info**

**Keyword:**  
social support,  
hardiness  
personality,  
parenting stress

---

**ABSTRACT**

The purpose of this study is to determine the effect of social support and hardiness personality towards parenting stress among mothers of down-syndrome children in Yogyakarta. The research hypotheses are 1) There is a negative correlation between social support and parenting stress among mothers of down-syndrome children; 2) There is a negative correlation between hardiness personality and parenting stress among mothers of down-syndrome children; and 3) There is a correlation between social support and hardiness personality towards parenting stress among mothers of down-syndrome children. To collect the data, this research used the adaptation of the Parenting Stress Index Short Form (PSI-SF) scale, the modification of the International Support Evaluation List (ISEL) scale, and the adaptation of the hardiness personality scale developed by Bernardo. The research subjects were 42 mothers of down-syndrome children living in Yogyakarta. To analyze the data, it was used product-moment correlation and multiple regression technique. The results of the study prove that there is a negative correlation between social support and parenting stress among mothers of down-syndrome children with a correlation coefficient of  $-0.641$  and  $p = 0.000$  ( $p < 0.05$ ). There is a negative correlation between hardiness personality and parenting stress among mothers of down-syndrome children with a correlation coefficient of  $-0.561$  and  $p = 0,000$  ( $p < 0.05$ ). There is a correlation between social support and hardiness personality towards parenting stress among mothers of down-syndrome children with a correlation coefficient of  $0.18505$  and  $p = 0.000$ . The coefficient of determination ( $R^2$ ) is  $0.487$  or  $48.7\%$ , meaning the contribution of social support and hardiness personality towards parenting stress, while  $51.3\%$  is influenced by other factors.

---

**Corresponding Author**

Rr Siti Novy Hikmah M. R.  
Magister Sains Psikologi, Universitas Mercu Buana, Yogyakarta  
Email : [novyhikmah@yahoo.com](mailto:novyhikmah@yahoo.com)

---