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INTERNATIONAL CONFERENCE ON COMMUNITY PSYCHOLOGY, HUMANIZATION AND RELIGIO-CULTURES: CRITICAL AND DECOLONIAL VOICES

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PRESENTATION B10

The Correlations between Social Support and Hardiness Personality Towards Parenting Stress among Mothers of Down-Syndrome Children

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ABSTRACT

The purpose of this study is to determine the effect of social support and hardiness personality towards parenting stress among mothers of down-syndrome children in Yogyakarta. The research hypotheses are 1) There is a negative correlation between social support and parenting stress among mothers of down-syndrome children; 2) There is a negative correlation between hardiness personality and parenting stress among mothers of down-syndrome children; and 3) There is a correlation between social support and hardiness personality towards parenting stress among mothers of down-syndrome children. To collect the data, this research used the adaptation of the Parenting Stress Index Short Form (PSI-SF) scale, the modification of the International Support Evaluation List (ISEL) scale, and the adaptation of the hardiness personality scale developed by Bernardo. The research subjects were 42 mothers of down-syndrome children living in Yogyakarta. To analyze the data, it was used product-moment correlation and multiple regression technique. The results of the study prove that there is a negative correlation between social support and parenting stress among mothers of down-syndrome children with a correlation coefficient of -0.641 and p = 0.000 ($p<0.05$). There is a negative correlation between hardiness personality and parenting stress among mothers of down-syndrome children with a correlation coefficient of -0.561 and p = 0,000 ($p<0.05$). There is a correlation between social support and hardiness personality towards parenting stress among mothers of down-syndrome children with a correlation coefficient of 18.505 and p = 0.000. The coefficient of determination (R2) is 0.487 or 48.7%, meaning the contribution of social support and hardiness personality towards parenting stress, while 51.3% is influenced by other factors.

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