

ABSTRAK

Wanita yang telah menikah dan bekerja memiliki peran ganda yang harus dilaksanakan dengan baik dalam menjalani perannya, sehingga rentan mengalami *fear of success* karena peran ganda dapat menimbulkan tekanan dan kekhawatiran ketika karier yang dimiliki terus meningkat sedangkan keluarganya terabaikan. Banyak faktor yang dapat mempengaruhi terjadinya *fear of success* dan salah satunya faktor dominan dalam penelitian ini adalah *hardiness*. Penelitian ini bertujuan untuk mengetahui hubungan antara *hardiness* dengan *fear of success* pada wanita karier. Subjek penelitian adalah wanita karier yang telah menikah dan minimal sudah bekerja selama 1 tahun sebanyak 130 subjek. Pengambilan subjek menggunakan teknik random sampling. Data yang dikumpulkan dalam penelitian ini menggunakan Skala *Hardiness* dan Skala *Fear of Success*. Berdasarkan hasil analisis data diperoleh koefisien korelasi (r_{xy}) sebesar $-0,181$ ($p = 0,018$), sehingga hipotesis dalam penelitian ini dapat diterima karena terdapat hubungan negatif antara *hardiness* dengan *fear of success*.

Kata kunci: *hardiness*, *fear of success*, wanita karier

ABSTRACT

Women who have married and work have multiple roles that must be carried out properly in carrying out their roles, so they are vulnerable to experiencing fear of success because the dual roles can create pressure and worry when their careers continue to increase while their families are neglected. There are many factors that can influence the occurrence of fear of success and one of the dominant factors in this study is hardiness. This study aims to determine the relationship between hardiness and fear of success in career women. The research subjects were 130 career women who had been married and had worked for at least 1 year. Taking the subject using random sampling technique. The data collected in this study used the Hardiness Scale and the Fear of Success Scale. Based on the results of data analysis, the correlation coefficient (r_{xy}) is -0.181 ($p = 0.018$), so that the hypothesis in this study can be accepted because there is a negative relationship between hardiness and fear of success.

Keywords: *hardiness, fear of success, career woman*