

DAFTAR PUSTAKA

- Abraham, A. (2004). *Personality Development Through Positive Thinking*. India: Sterling Publisher.
- Airila, A., Hakanen, J., Punakallio, A., Lusa, S., & Luukkonen, R. (2012). Is work engagement related to work ability beyond working conditions and lifestyle factors? *International Archives of Occupational and Environmental Health*, 85(8), 915–925. <https://doi.org/10.1007/s00420-012-0732-1>
- Albrecht, K. (1992). *Brain Power: Learn to Improve Your Thinking Skills*. New York: Rinehart and Winston.
- Albrecht, S. L. (2010). *Handbook of Employee Engagement*. Cheltenham: Edward Elgar Publishing Limited. <https://doi.org/10.1017/CBO9781107415324.004>
- Ali, H., & Purwandi, L. (2016). *Indonesia 2020: The Urban Middle Class Millennials INDONESIA 2020: The Urban Middle-Class Millennials*. Jakarta: Alvara Research Center.
- Aprilina, Matulessy, A., & Rini, R. A. . (2019). Kualitas Kehidupan Kerja Dan Harga Diri Berbasis Organisasi Dengan Keterikatan Kerja PNS Pemerintah Kota Palangka Raya. *Jurnal Insight Fakultas Psikologi Universitas Muhammadiyah Jember*, 15(1), 85–101. <https://doi.org/10.32528/ins.v15i1.1697>
- Arifin, Y. (2010). *100% Bisa Selalu Berpikir Positif*. Yogyakarta: DIVA Press.
- Ayu, D. R., Maarif, S., & Sukmawati, A. (2015). Pengaruh Job Demands, Job Resources, Dan Personal Resources Terhadap Work Engagement. *Jurnal Aplikasi Bisnis Dan Manajemen (JABM)*, 1(1), 12–22. <https://doi.org/10.17358/JABM.1.1.12>
- Azwar, S. (2015). *Penyusunan Skala Psikologi Edisi II Cetakan VII*. Yogyakarta: Pustaka Pelajar.
- Azwar, S. (2017). *Metode Penelitian Psikologi Edisi 2*. Yogyakarta: Pustaka Pelajar.
- Bakker, A. B. (2011). An Evidence-Based Model of Work Engagement. *Current Directions in Psychological Science*, 20(4), 265–269. <https://doi.org/10.1177/0963721411414534>
- Bakker, A. B., & Demerouti, E. (2008). Towards a model of work engagement. *Career Development International*, 13(3), 209–223. <https://doi.org/10.1108/13620430810870476>
- Bakker, A. B., & Leiter, M. P. (2010). *Work Engagement: A Handbook Of*

Essential Theory And Research. New York: Psychology Press.

- Chrisdiana, L., & Rahardjo, M. (2017). Pengaruh Employee Engagement Dan Work Life Balance Terhadap Turn Over Intention Di Generasi Millennial. *Jurnal Manajemen Bisnis Dan Kewirausahaan*, 1(1), 1–10.
- Costantini, A., Ceschi, A., Viragos, A., Paola, F. De, & Sartori, R. (2019). The role of a new strength-based intervention on organisation-based self-esteem and work engagement. *Journal of Workplace Learning*, 1–13. <https://doi.org/10.1108/JWL-07-2018-0091>
- Damayanti, E. S., & Purnamasari, A. (2011). Berpikir Positif Dan Harga Diri Pada Wanita Yang Mengalami Masa Premenopause. *Humanitas*, 8(2), 143–154.
- Dipietro, R. B., & Pizam, A. (2008). Employee alienation in the quick service restaurant industry. *Journal of Hospitality & Tourism Research*, 32(1), 22–39. <https://doi.org/10.1177/1096348007309567>
- Dodd, N., Bester, P. C., & Merwe, J. van der. (2020). *Contemporary Issues in South African Military Psychology*. South Africa: African Sun Media.
- Douglas, H. E., Bore, M., & Munro, D. (2016). Coping with University Education: The relationships of Time Management Behaviour and Work Engagement with the Five Factor Model Aspects. *Learning and Individual Differences*, 45, 268–274. <https://doi.org/10.1016/j.lindif.2015.12.004>
- Elfiky, I. (2009). *Terapi Berpikir Positif*. Jakarta: Zaman.
- Feldman, R. S. (2012). *Pengantar Psikologi Understanding Psychology*. Jakarta: Penerbit Salemba Humanika.
- Gea, A. A. (2014). Time Management : Menggunakan Waktu Secara Efektif Dan Efisien. *Jurnal Humaniora*, 5(2), 777–785.
- Grotberg, E. H. (1997). *The International Resilience Research Project*. Austria: Educational Research Information Center.
- Hadi, S. (2004). *Metodologi Research Jilid 4*. Yogyakarta: Pustaka Pelajar.
- Hadi, S. (2004). *Statistik Jilid 2*. Yogyakarta: Penerbit Andi.
- Halim, L. (2013). *Benefit & Compensation International Total Remuneration And Pension Investment*. Pension Publications Limited.
- Hariyadi, M. H. (2019). Pengaruh Psychological Capital Terhadap Work Engagement Pada Karyawan. *Jurnal Cognicia*, 7(3), 359–368.
- Hermawan, I. P. D., Hartika, L. D., & Simarmata, N. (2017). Hubungan Work Engagement dengan Turnover Intention: Studi Pada Karyawan PT . X.

Jurnal Psikologi "Mandala," 1(2), 16–22.

- Hill, N., & Ritt, M. J. (2004). *Keys to positive thinking*. Jakarta: Bhuana Ilmu Populer.
- Jiang, L. (2018). Job insecurity and creativity: The buffering effect of self-affirmation and work-affirmation. *Journal of Applied Social Psychology*, 1–10. <https://doi.org/10.1111/jasp.12519>
- Kahn, W. A. (1990). Psychological Conditions Of Personal Engagement And Disengagement At Work. *Academy of Management Journal*, 33(4), 692–724.
- Kim, W., & Hyun, Y. S. (2017). The Impact Of Personal Resources On Turnover Intention: The Mediating Effects Of Work Engagement. *European Journal of Training and Development*, 41(8), 1–33. <https://doi.org/https://doi.org/10.1108/EJTD-05-2017-0048>
- Kotler, P., & Keller, K. L. (2012). *Marketing Management* (14th ed.). New Jersey: Pearson Education International.
- Kurniawati, I. D. (2014). Masa Kerja Dengan Job Engagement Pada Karyawan. *Jurnal Ilmiah Psikologi Terapan*, 2(2), 311–324.
- Lies, Ute., Khairul, Rully., & Rusmana, Agus. (2019). *Komunikasi Budaya Dan Dokumentasi Kontemporer*. Sumedang: Unpad Press.
- Lockwood, N. R. (2007). *Leveraging Employee Engagement for a Competitive Advantage: HR's Strategic Role*. USA: Society for Human Resource Management.
- Lunenburg, F. C. (2011). Goal-Setting Theory of Motivation. *International Journal of Management, Business, And Administration*, 15(1), 1–6.
- Macey, W. H., & Schneider, B. (2008). The Meaning of Employee Engagement. *Industrial and Organizational Psychology*, 1, 3–30.
- Mache, S., Vitzthum, K., Wanke, E., Groneberg, D. A., Klapp, B. F., & Danzer, G. (2014). Exploring the impact of resilience , self-efficacy , optimism and organizational resources on work engagement. *Work*, 47, 491–500. <https://doi.org/10.3233/WOR-131617>
- Mapes, J. J. (2003). *Quantum Leap Thinking: An Owner's Guide To The Mind*. Illinois: Sourcebooks, Inc.
- Mar'ati, F. S., Putra, Y. S., & Pujiasih, S. (2010). Pengaruh Masa Kerja Dan Tingkat Pendidikan Terhadap Kompetensi Karyawan Dengan Competency Based Training Sebagai Variabel Intervning. *Among Makarti*, 3(6), 114–135.
- Markos, S., & Sridevi, M. S. (2010). Employee Engagement: The Key to Improving Performance. *International Journal of Business and Management*,

5(12), 89–96.

- McGrath, C., Jordens, F. C., Montgomery, K., & Kerridge, I. H. (2006). “Right” way to “do” illness? Thinking critically about positive thinking. *Internal Medicine Journal*, 36(10), 665–669. <https://doi.org/10.1111/j.1445-5994.2006.01194.x>
- Mewengkang, M., & Panggabean, H. (2016). Work Engagement Karyawan MRN Terhadap Implementasi Aplikasi Data Analisis SDM. *Jurnal Ilmiah Psikologi MANASA*, 5(1), 1–14.
- Motamed-jahromi, M., Fereidouni, Z., & Dehghan, A. (2017). Effectiveness of Positive Thinking Training Program on Nurses ’ Quality of Work Life through Smartphone Applications. *International Scholarly Research Notices*, 1–6. <https://doi.org/https://doi.org/10.1155/2017/4965816>
- Muhammad, A. (2011). *Cara Kerja Emosi & Pikiran Manusia*. Yogyakarta: DIVA Press.
- Nuraini, Ani. (2019). Era Revolusi Industri 4.0 Bagi Generasi Milenial. <https://www.kompasiana.com/aninuraini/5cebe97c6b07c53d28339878/era-revolusi-industri-4-0-bagi-generasi-mileneal> (diakses pada 27 Mei 2019).
- Nurdita, Hani. (2019). Menjaga "Engagement" Kaum Millenial pada Perusahaan. <https://www.kompasiana.com/haninurdita/5c7fc7d6c112fe7053574833/menjaga-engagement-kaum-millennial-pada-perusahaan?page=all> (diakses pada 10 Maret 2019).
- Pandiangan, B. (2011). *Analisis Turnover Guru-Guru di Yayasan Perguruan Katolik Budi Murni*. Medan: Universitas Sumatera Utara.
- Paramitta, A., Putra, A. I. D., & Sarinah. (2020). Work Engagement Ditinjau dari Psychological Well-being pada Karyawan PT. Sumatera Berlian Motors. *Philanthropy Journal of Psychology*, 4(1), 45–56.
- Peale, N. V. (2001). *Berpikir Positif*. Jakarta: Bina Aksara Rupa.
- Peale, N. V. (2008). *Berpikir Positif Untuk Remaja*. Yogyakarta: Baca.
- Permatasari, I. W., (2011). Hubungan Antara Gaya Kepemimpinan Transformasional Dengan Engagement (Keterlibatan) Pada Karyawan PT. Medco Ethanol Lampung. *Skripsi*. Semarang. Fakultas Psikologi Universitas Diponegoro.
- Perrin, Towers. (2003). *Working Today: Understanding What Drives Employee Engagement*. Stamford, CT: Author.
- Pratiwi, Dhera Arizona. (2019). Hei Bos! Cek Nih Tips Dan Trik Merekrut Generasi Milenial. <https://akurat.co/ekonomi/id-604840-read-hei-bos->

[cek-nih-tips-dan-trik-merekrut-generasi-milenial](#) (diakses pada 27 April 2019).

- Priyatama, A. N., Zainuddin, M., & Handoyo, S. (2018). The Influence of Self-Efficacy , Optimism , Hope and Resilience on Work Engagement: Role of Perceived Organizational Support as Mediator. *Journal of Educational, Health and Community Psychology*, 7(1), 61–77.
- Putri, V. P., Priyatama, A. N., & Karyanta, N. A. (2015). Hubungan antara Efikasi Diri dan Optimisme dengan Keterikatan pada Karyawan PT . Bank Tabungan Negara (Persero) Cabang Solo. *Jurnal UNS*, 67–81.
- Rachmawati, F., & Budiningsih, T. E. (2015). Hubungan Antara Berpikir Positif Dengan Efikasi Diri Akademik Pada Mahasiswa Yang Sedang Menyusun Skripsi. *Jurnal Ilmiah Psikologi*, 7(1), 14–18.
- Rahma, Athika. (2019). Mengapa Generasi Milenial Sering Pindah Kerja?. <https://www.liputan6.com/bisnis/read/3891097/mengapa-generasi-milenial-sering-pindah-kerja> (diakses pada 10 Februari 2019).
- Saks, A. M. (2006). Antecedents and consequences of employee engagement. *Journal of Managerial Psychology*, 21(7), 600–619. <https://doi.org/10.1108/02683940610690169>
- Santrock, J. W. (2007). *Psikologi Pendidikan Edisi Kedua*. Jakarta: Prenads Media Group.
- Schaufeli, W. B., Bakker, A. B., & Salanova, M. (2006). The Measurement of Work Engagement With a Short Questionnaire. *Educational and Psychological Measurement*, 66(4), 701–716.
- Schaufeli, W. B., Salanova, M., Vicente Gonzalez-Roma, & Bakker, A. B. (2002). The Measurement Of Engagement And Burnout: A Two Sample Confirmatory Factor Analytic Approach. *Journal of Happiness Studies*, 3, 71–92.
- Schiffman, L., & Kanuk, L. L. (2000). *Consumer Behavior* (Seventh Ed). New Jersey: Patience Hall International, Inc.
- Schwab, Klaus. (2016). The Fourth Industrial Revolution: What It Means and How to Respond. *World Economic Forum*. Retrieved from <https://doi.org/10.1038/nnano.2015.286>.
- Semiun, Y. (2006). *Kesehatan Mental 2*. Yogyakarta: Penerbit Kanisius.
- Simanullang, R. T. W., & Ratnaningsih, I. Z. (2018). Hubungan Antara Kesejahteraan Psikologis Dengan Keterikatan Kerja Pada Perawat Instalasi Rawat Inap Di Rumah Sakit X Kota Semarang. *Jurnal Empati*, 7(4), 290–296.

- Sugiyono. (2015). *Metode Penelitian Kuantitatif, Kualitatif, Dan R&D Cetakan Ke 22*. Bandung: CV Alfabeta.
- Suharnan. (2005). *Psikologi Kognitif*. Surabaya: Penerbit Srikandi.
- Supratiknya, A. (2014). *Pengukuran Psikologis*. Yogyakarta: Universitas Sanata Dharma.
- Suryabrata, S. (1993). *Metode Penelitian*. Jakarta: CV Rajawali.
- Tentama, F. (2010). Berpikir Positif dan Penerimaan Diri pada Remaja Penyandang Cacat Tubuh Akibat Kecelakaan. *Humanitas*, 7(1), 66–75.
- Truss, K., Kular, S., Gatenby, M., Rees, C., & Soane, E. (2008). *Employee Engagement : A Literature Review*. Kingston: Kingston University.
- Twenge, J. M. (2010). A Review of the Empirical Evidence on Generational Differences in Work Attitudes. *Journal of Business and Psychology*, 25, 201–210. <https://doi.org/10.1007/s10869-010-9165-6>
- Wadsworth, M. E., Gudmundsen, G. R., Raviv, T., Ahlkvist, J. A., Daniel, N., Kline, G. H., Burwell, R. A. (2004). Coping with Terrorism: Age and Gender Differences in Effortful and Involuntary Responses to September 11th. *Journal of Applied And Developmental Science*, 8(3), 143–157. <https://doi.org/10.1207/s1532480xads0803>
- Walgito, Bimo. (2003). *Pengantar Psikologi Umum*. Yogyakarta: Andi.
- Williams, D. (2004). Merubah Pola Pikir (Changing Mindset). <http://puterakembara.org/archives3/00000024.shtml>. (Diakses tanggal 25 Juli 2020).
- Woerkom, M. Van, Oerlemans, W., & Bakker, A. B. (2015). Strengths use and work engagement: a weekly diary study. *European Journal of Work and Organizational Psychology*, 1(1), 1–14. <https://doi.org/10.1080/1359432X.2015.1089862>
- Wood, A. M., Linley, P. A., Maltby, J., Kashdan, T. B., & Hurling, R. (2011). Using personal and psychological strengths leads to increases in well-being over time: A longitudinal study and the development of the strengths use questionnaire. *Personality and Individual Differences*, 50(1), 15–19. <https://doi.org/10.1016/j.paid.2010.08.004>
- Yunita, M. M. (2019). Gambaran Motivasi Kerja dan Work Engagement Ditinjau dari Urutan Kelahiran Karyawan. *Jurnal Ilmiah Psikologi MIND SET*, 10(1), 36–44. <https://doi.org/10.35814/mindset.v10i01.737>