

## DAFTAR PUSTAKA

- Adrian, M., Zeman, J., Erdley, C., Lisa, L., & Sim, L. (2011). Emotional dysregulation and interpersonal difficulties as risk factors for nonsuicidal self-injury in adolescent girls. *Journal of Abnormal Child Psychology*, 39(3), 389–400. <https://doi.org/10.1007/s10802-010-9465-3>
- Brown, R. C., & Witt, A. (2019). Social factors associated with non-suicidal self-injury (NSSI). *Child and Adolescent Psychiatry and Mental Health*, 13(1), 1–2. <https://doi.org/10.1186/s13034-019-0284-1>
- Caperton, B. (2004). What School Counselors Should Know About Melukai diri Among Adolescents: A Literature Review. *A Research Paper: University of Wisconsin-Stout*.
- Cleare, S., Gumley, A., & O'Connor, R. C. (2019). Self-compassion, self-forgiveness, suicidal ideation, and self-harm: A systematic review. *Clinical Psychology and Psychotherapy*, (October 2018), 1–20. <https://doi.org/10.1002/cpp.2372>
- Ee, G. T., & Mey, S. C. (2011). Types of self-hurt behavior among chinese adolescents in Malaysia. *Procedia-Social and Behavioral Sciences*, 29, 1218-1227.
- Estefan, G., & Wijaya, Y. D. Gambaran Proses Regulasi Emosi Pada Pelaku Melukai diri. *Jurnal Psikologi Esa Unggul*, 12(01)
- Enright, R. D. (1996). *Counseling within the forgiveness triad: On forgiving, receiving forgiveness, and self-forgiveness*. *Counseling and Values*. <https://doi.org/10.1002/j.2161-007X.1996.tb00844.x>
- Fox, K. R., Huang, X., Linthicum, K. P., Wang, S. B., Franklin, J. C., & Ribeiro, J. D. (2019). Model complexity improves the prediction of nonsuicidal self-injury. *Journal of Consulting and Clinical Psychology*, 87(8), 684–692. <https://doi.org/10.1037/ccp0000421>
- Gratz, K. L. (2003). Risk factors for and functions of deliberate self-harm: An empirical and conceptual review. *Clinical Psychology: Science and Practice*. <https://doi.org/10.1093/clipsy/bpg022>
- Griffin, B. J. (2017). *Handbook of the psychology of self-forgiveness*. *Handbook of the Psychology of Self-Forgiveness*. <https://doi.org/10.1007/978-3-319-60573-9>
- Hall, J. H., & Fincham, F. D. (2005). *Self-forgiveness: The stepchild of forgiveness research*. *Journal of Social and Clinical Psychology*. <https://doi.org/10.1521/jscp.2005.24.5.621>
- Herdiansyah, H. (2010). Metodologi penelitian kualitatif untuk ilmu-ilmu sosial. *Jakarta: Salemba Humanika*, 8.
- Hurlock, E. B. (2002). Perkembangan Anak Jilid 2 (Meitasari Tjandrasa. Terjemahan). *Jakarta: Erlangga*.
- Jans, T., Taneli, Y., & Warnke, A. (2012). SUICIDE AND SELF-HARMING BEHAVIOR. In J. M. Rey, *e-Textbook of Child and Adolescent Mental Health* (pp. 1-35). Ganeva: IACAPAP.

- Jacobson, C. M., & Gould, M. (2007). *The Epidemiology and Phenomenology of Non-Suicidal Self-Injurious Behavior Among Adolescents: A Critical Review of the Literature*. *Archives of Suicide Research*, 11(2), 129–147. doi:10.1080/13811110701247602
- Klonsky, E. D. (2011). *Non-suicidal self-injury in United States adults: prevalence, sociodemographics, topography and functions Non-suicidal self-injury in United States adults: prevalence, sociodemographics, topography and functions*. *Psychological Medicine*. <https://doi.org/10.1017/S0033291710002497>
- Kurniawaty, R. (2012). Dinamika psikologis pelaku self-injury (studi kasus pada wanita dewasa awal). *JPPP-Jurnal Penelitian dan Pengukuran Psikologi*, 1(1), 13-22.
- Lauw, M., How, C. H., & Loh, C. (2015). PILL Series. Deliberate self-harm in adolescents. *Singapore medical journal*, 56(6), 306–309. <https://doi.org/10.11622/smedj.2015087>
- Maidah, D. (2013). MELUKAI DIRI PADA MAHASISWA (Studi Kasus Pada Mahasiswa Pelaku Melukai diri). *Developmental and Clinical Psychology*, 2(1).
- McDougall, T., Armstrong, M., & Trainor, G. (2010). *Helping children and young people who self-harm: An introduction to self-harming and suicidal behaviours for health professionals*. Routledge.
- Nock, M. K. (Ed.). (2014). *The Oxford handbook of suicide and self-injury*. Oxford University Press.
- Nock, M. K., & Favazza, A. R. (2009). *Nonsuicidal self-injury: Definition and classification*. In M. K. Nock (Ed.), *Understanding nonsuicidal self-injury: Origins, assessment, and treatment* (p. 9–18). American Psychological Association. <https://doi.org/10.1037/11875-001>
- Nock, M. K., & Prinstein, M. J. (2004). A functional approach to the assessment of self-mutilative behavior. *Journal of consulting and clinical psychology*, 72(5), 885.
- Permatasari, T., & Andayani, B. (2016). Empathic Love Therapy untuk Menurunkan Pikiran dan Perilaku Melukai diri. *Gajah Mada Journal of Professional Psychology (GamaJPP)*, 2(3), 173-185.
- Pierro, A., Pica, G., Giannini, A. M., Tory Higgins, E., & Kruglanski, A. W. (2018). “Letting myself go forward past wrongs”: How regulatory modes affect self-forgiveness. *PLoS ONE*. <https://doi.org/10.1371/journal.pone.0193357>
- Pugh, K. C., Webb, J. R., Toussaint, L. L., & Hirsch, J. (2018). *SELF-FORGIVENESS AND SUICIDE RISK IN VETERANS: EXAMINING SERIAL LINKAGES OF SHAME AND INTERPERSONAL NEEDS*.
- Poerwandari, E. K. (2005). Pendekatan kualitatif untuk perilaku manusia. *Jakarta: Mugi Eka Lestari*.
- Rao, K. N., Sudarshan, C. Y., & Begum, S. (2008). Self-injurious behavior: A clinical appraisal. *Indian journal of psychiatry*, 50(4), 288–297. <https://doi.org/10.4103/0019-5545.44754>

- Richardson, E., DePue, M. K., Therriault, D. J., Alli, S., & Liu, R. (2019). The Influence of Substance Use on Engagement in Non-Suicidal Self-Injury (NSI) in Adults. *Substance Use & Misuse*, 0(0), 1–6. <https://doi.org/10.1080/10826084.2019.1656254>
- Santrock, J. W. (2002). Life span development: Perkembangan masa hidup. Jakarta: Erlangga, 31.
- Schneidman, E. S. (1993). Suicide as panache: a clinical approach to self-destructive behavior. Northvale, NJ: Aaronson.
- Simone, A. C., & Hamza, C. A. (2020). Examining the disclosure of nonsuicidal self-injury to informal and formal sources: A review of the literature. *Clinical psychology review*, 101907
- Stewart, C. J., & Cash, W. B. (2007). *Interviewing: Principles and practices*. McGraw-Hill Humanities/Social Sciences/Languages.
- Strong, M. (1999). *A bright red scream: Self-mutilation and the language of pain*. New York, NY: Viking.
- Sugiyono, P. (2015). Metode penelitian kombinasi (mixed methods). Bandung: Alfabeta.
- Sutton, J. (2007). *Healing the hurt within: understand self-injury and self-harm and heal the emotional wounds*
- Tantam, D., & Whittaker, J. (1992). Personality disorder and self-wounding. *The British Journal of Psychiatry*, 161(4), 451-464.
- Veague, H. B., & Collins, C. (2009). *Cutting and Self-harm*. Infobase Publishing.
- Westers, N. J., Rehfuss, M., Olson, L., & Biron, D. (2012). *The Role of Forgiveness in Adolescents Who Engage in Nonsuicidal Self-Injury*. *The Journal of Nervous and Mental Disease*, 200(6), 535–541. doi:10.1097/nmd.0b013e318257c837
- Worthington Jr, E. L. (2005). *Handbook of forgiveness*. Routledge.
- Woodyatt, L., Wenzel, M., & Ferber, M. (2017). *Two pathways to self-forgiveness: A hedonic path via self-compassion and a eudaimonic path via the reaffirmation of violated values*. *British Journal of Social Psychology*. <https://doi.org/10.1111/bjso.12194>
- Woodyatt, L., Worthington, E. L., Wenzel, M., & Griffin, B. J. (2017). *Handbook of the psychology of self-forgiveness*. *Handbook of the Psychology of Self-Forgiveness*. <https://doi.org/10.1007/978-3-319-60573-9>
- Yurkowski, K., Martin, J., Levesque, C., Bureau, J. F., Lafontaine, M. F., & Cloutier, P. (2015). Emotion dysregulation mediates the influence of relationship difficulties on non-suicidal self-injury behavior in young adults. *Psychiatry research*, 228(3), 871-878.
- Zeman, J., Cassano, M., Perry-Parrish, C., & Stegall, S. (2006). Emotion regulation in children and adolescents. *Journal of Developmental and Behavioral Pediatrics*. <https://doi.org/10.1097/00004703-200604000-00014>
- Zeman, J., Shipman, K., & Suveg, C. (2002). Anger and Sadness Regulation: Predictions to Internalizing and Externalizing Symptoms in Children. *Journal of Clinical Child and Adolescent Psychology*. [https://doi.org/10.1207/S15374424JCCP3103\\_11](https://doi.org/10.1207/S15374424JCCP3103_11)