

## DAFTAR PUSTAKA

- Alwis, T. S., & Kurniawan, J. E. (2018). Hubungan antara body image dan subjective well-being pada remaja. *Psychopreneur Journal*, 2(1), 52–60.
- Apriliana, R. (2017). *Subjective well-being ibu yang memiliki peran ganda* [Universitas Muhammadiyah Surakarta]. <http://eprints.ums.ac.id/56596/>
- Argyle, M. (2019). *The psychology of happiness* (2nd ed.). Taylor & Francis Inc.
- Ariati, J. (2010). Subjective well-being (kesejahterahan subjektif) dan kepuasan kerja pada staf pengajar (dosen) di lingkungan fakultas psikologi universitas Diponegoro. *Jurnal Psikologi Undip*, 8(2), 117–123. <https://doi.org/https://doi.org/10.1017/sjp.2013.24>
- Aulia, A., & Rozanna, A. (2020). Hubungan work-family vonflict dengan subjective well-being perawat Rumah Sakit Muhammadiyyah. *Prosiding Psikologi*, 6(2), 543–547. <https://doi.org/http://dx.doi.org/10.29313/.v6i2.23630> 543
- Azwar, S. (2015). *Penyusunan skala psikologi* (Edisi 2). Pustaka Belajar.
- Azwar, S. (2016). *Metode penelitian* (Edisi I). Pustaka Belajar.
- Azwar, S. (2020). *Penyusunan skala psikologi* (Edisi II). Pustaka Pelajar.
- BKKBN. (2017). *Usia pernikahan ideal 21-25 tahun*. BKKBN Indonesia. <https://www.bkkbn.go.id/detailpost/bkkbn-usia-pernikahan-ideal-21-25-tahun>
- Borges, A., Gaspar de Matos, M., & Diniz, J. (2013). Body image and subjective well-being in Portuguese adolescents. *The Spanish Journal of Psychology*, 16, 1–12. <https://doi.org/https://doi.org/10.1017/sjp.2013.24>
- BPS. (2018). *Survei angkatan kerja nasional agustus 2018*. Badan Pusat Statistik Indonesia. <https://www.bps.go.id/publication/2018/12/14/646b4fb626979f3e154e63d7/booklet-survei-angkatan-kerja-nasional-agustus-2018.html>
- BPS. (2019). *Survei angkatan kerja nasional agustus 2019*. Badan Pusat Statistik Indonesia. <https://www.bps.go.id/publication/2019/12/10/680c34c3a8c4955c235892c9/booklet-survei-angkatan-kerja-nasional-agustus-2019.html>

- BPS. (2020). *Survei angkatan kerja nasional agustus 2020*. Badan Pusat Statistik Indonesia.  
<https://www.bps.go.id/publication/2020/12/23/d8b9a75ce826ddafbddb9657/booklet-survei-angkatan-kerja-nasional-agustus-2020.html>
- BPS. (2021). *Tenaga kerja*. Bps.Go.Id. <https://www.bps.go.id/subject/6/tenaga-kerja.html>
- Cash, T. F. (2012). *Encyclopedia of body image and human appearance*. Academic Press. <https://doi.org/https://doi.org/10.1016/B978-0-12-384925-0.09001-5>
- Cash, T. F. (2015). Multidimensional Body–Self Relations Questionnaire (MBSRQ). *Encyclopedia of Feeding and Eating Disorders*, 1–4. <https://doi.org/10.1007/978-981-287-087-2>
- Compton, W. C., & Hoffman, E. (2019). *Positive psychology the science of happiness and flourishing* (Third Edit). SAGE Publications.
- Costa, V. F., Alves, S. G., Eufrásio, C., Salomé, G. M., & Ferreira, L. M. (2014). Assessing the body image and subjective wellbeing of ostomists living in Brazil. *Gastrointestinal Nursing*, 12(5), 38–47. <https://doi.org/doi:10.12968/gasn.2014.12.5.37>
- Diener, E., & Ryan, K. (2009). A general overview. *South African Journal of Psychology*, 39(4), 391–406. <https://doi.org/10.1177/008124630903900402>
- Diener, E., Emmons, R. A., Larsen, R. J., & Griffin, S. (1985). The Satisfaction with Life Scale. *Journal of Personality Assessment*, 49, 71–75. <https://doi.org/10.4324/9781003035312-41>
- Diener, E. (2009). *The science of well-being: The collected works of Ed Diener* (E Diener (ed.)). Springer.
- Diener, E., & Lucas, R. E. (2009). Personality and subjective well-being. *The Science of Well-Being*, 75–102. [https://doi.org/10.1007/978-90-481-2350-6\\_4](https://doi.org/10.1007/978-90-481-2350-6_4)
- Diener, E., Oishi, S., & Lucas, R. E. (2012). Subjective Well-Being: The Science of Happiness and Life Satisfaction. *The Oxford Handbook of Positive Psychology*, (2 Ed.), 1–16. <https://doi.org/10.1093/oxfordhb/9780195187243.013.0017>
- Diener, Ed., Heintzelman, S. J., Kushlev, K., Tay, L., Wirtz, D., Lutes, L. D., & Oishi, S. (2016). Findings all psychologists should know from the new science on subjective well-being. *Canadian Psychology*, 58(2), 87–104. <https://doi.org/10.1037/cap0000063>
- Diener, Ed., Oishi, S., & Tay, L. (2018). Advances in subjective well-being

- research. *Nature Human Behaviour*, 2(4), 253–260. <https://doi.org/10.1038/s41562-018-0307-6>
- Diener, Ed. (2009). Subjective well-being. *The Science of Well-Being*, 11–58. <https://doi.org/10.1007/978-90-481-2350-6>
- Diener, Ed, & Ryan, K. (2009). Subjective well-being : a general overview. *South African Journal of Psychology*, 39(4), 391–406.
- Dienny, F. F., Kartasurya, M. ., & Puruhita, N. (2014). Ketidapuasan citra tubuh dan perilaku dalam menurunkan berat badan pada siswi SMA di Semarang. *Journal of Nutrition and Health*, 2(1).
- Eddington, N., & Shuman, R. (2008). *Subjective well-being (happiness)*. Continuing Psychology Education Inc.
- Fernando, M. . (2019). Gambaran citra tubuh pada wanita dewasa awal. *Jurnal Ilmiah Psikologi Terapan*, 07(01), 101–118.
- Poland, J. L. (2009). *Body image and body evaluation in female participants of an outdoor education program*. University of New York College.
- Grogan, S. (2016). *Body image: Understanding body dissatisfaction in men, women and children*. (3rd ed.). Routledge.
- Gunawan, R. ., & Anwar, A. (2012). Kecemasan body image pada perempuan dewasa tengah yang melakukan bedah plastik estetik. *Jurnal Psikologi*, 10(2), 58–67.
- Hadi, S. (2015). *Metodologi riset*. Pustaka Pelajar.
- Hadi, S. (2016). *Metodologi Riset*. Pustaka Pelajar.
- Hardiyanti, E. P., Firman., & Rusdinal. (2019). Peran ganda wanita dalam menunjang perekonomian rumah tangga untuk memenuhi kebutuhan keluarga di Sungai Musi Sumatera Selatan. *Jurnal Pendidikan Tambusai*, 3(6), 1549–1555.
- Hurlock, E. B. (2011). *Psikologi perkembangan: Suatu pendekatan sepanjang rentang kehidupan* (Edisi Keli). Erlangga.
- Julika, S., & Setiyawati, D. (2019). Kecerdasan emosional, stres akademik, dan kesejahteraan subjektif pada mahasiswa. *Gadjah Mada Journal of Psychology (GAMAJOP)*, 5(1), 50–59. <https://doi.org/10.22146/gamajop.47966>
- Kartika, K., & Akbar, Z. (2016). Konflik peran ganda dan keberfungsiannya keluarga

- pada ibu yang bekerja. *Jurna Penelitian Dan Pengukuran Psikologi*, 5(2), 63–67. [https://doi.org/https://doi.org/10.21009/JPPP.052.02](https://doi.org/10.21009/JPPP.052.02)
- Kumalaningtyas, N., & Sadasri, L. M. (2018). Citra tubuh positif perempuan dalam iklan video digital (Studi femvertising pada iklan Dove Real Beauty). *Diakom : Jurnal Media Dan Komunikasi*, 1(2), 62–73. <https://doi.org/10.17933/diakom.v1i2.19>
- Kwok, R. (2019). *Hubungan antara dimensi-dimensi body image dan subjective well-being pada remaja putri usia 15-19 tahun di Jakarta*. Universitas Pelita Harapan.
- Leonita, I. . (2018). *Fear of negative evaluation dan body image*. University of Muhammadiyah Malang.
- LePage, M. L., & Crowther, J. H. (2010). The effects of exercise on body satisfaction and affect. *Body Image*, 7(2), 124–130. <https://doi.org/10.1016/j.bodyim.2009.12.002>
- Marliani, R., Nasrudin, E., Rahmawati, R., & Ramdani, Z. (2020). Emotional Regulation, Stress, and Psychological Well-Being: A Study of Work from Home Mothers in Facing the COVID-19 Pandemic. *Journal of Psychology*, 1.
- Nayana, F. N. (2013). Kefungsian keluarga dan subjective well-being pada remaja. *Jurnal Ilmiah Psikologi Terapan*, 01(02), 233–244.
- Nezlek, J. B., Krejtz, I., Rusanowska, M., & Holas, P. (2018). Within-person relationships among daily gratitude, well-being, stress, and positive experiences. *Journal of Happiness Studies*, 20(3), 883–898. <https://doi.org/10.1007/s10902-018-9979-x>
- Nisa, B, R, F., & Rahmasari, D. (2019). Hubungan antara harga diri dan kesejahteraan subjektif dengan citra tubuh pada perempuan yang melakukan perawatan di klinik kecantikan. *Jurnal Penelitian Psikologi*, 06(04), 1–7.
- Nisa, B. R. F., & Rahmasari, D. (2019). Hubungan antara harga diri dan kesejahteraan subjektif dengan citra tubuh pada perempuan yang melakukan perawatan di klinik kecantikan. *Jurnal Penelitian Psikologi*, 6(4), 1–8.
- Nnaemeka, C. A., & A.A., S. (2014). Relationship between body image and self-esteem among female undergraduate students of behavioural sciences. *IOSR Journal of Humanities and Social Science*, 19(1), 01–05. <https://doi.org/10.9790/0837-191120105>
- Nurliawati, I., & Nurtjahtjanti, H. (2018). Hubungan antara person-organization fit (p-o fit) dengan subjective well-being (SWB) pada pegawai negeri sipil (PNS)

- dinas bina marga dan penataan ruang provinsi Jawa Barat. *Jurnal Empati*, 7(1), 387–396.
- Oktaviana, R. (2015). Hubungan antara subjective well-being dengan self management pada ibu bekerja di rumah sakit Muhammadiyah Palembang. *PSYCHE*, 9(2), 107–116.
- Paramitha, N. M. K., & Suarya, L. M. K. S. (2018). Hubungan antara citra tubuh dengan perilaku makan intuitif pada remaja putri di Denpasar. *Jurnal Psikologi Udayana*, 5(2), 360–369.
- Pavot, W., & Diener, E. (2012). Findings on subjective well-being: Applications to public policy, clinical interventions, and education. *Positive Psychology in Practice*, 679–692. <https://doi.org/10.1002/9780470939338.ch40>
- Pawijit, Y., Likhitsuwan, W., Ludington, J., & Pisitsungkagarn, K. (2019). Looks can be deceiving: Body image dissatisfaction relates to social anxiety through fear of negative evaluation. *International Journal of Adolescent Medicine and Health*, 31(4), 1–7. <https://doi.org/10.1515/ijamh-2017-0031>
- Pudrovska, T., & Karraker, A. (2014). Gender, job authority, and depression. *Journal of Health and Social Behavior*, 55(4), 424–441. <https://doi.org/10.1177/0022146514555223>
- Purbaningtyas, K., & Satwika, Y. W. (2021). Hubungan body image dengan subjective well-being pada perempuan dewasa awal yang mengalami kelebihan berat badan. *Jurnal Penelitian Psikologi*, 8(3), 241–250.
- Putra, M. G. B. A. (2016). Religiusitas dan kesejahteraan subyektif penderita HIV/AIDS perempuan di Surabaya. *Jurnal Psikologi*, 3(1), 125–139. <https://doi.org/10.21070/psikologia.v3i1.117>
- Russell, J. E. A. (2008). Promoting subjective well-being at work. *Journal of Career Assessment*, 16(1), 117–131. <https://doi.org/10.1177/1069072707308142>
- Santrock, J. W. (2011). *Life-span development: Perkembangan masa hidup* (Edisi Ketiga). Erlangga.
- Sarwono, P. (2011). *Ilmu kandungan* (Edisi Ketiga). PT. Bina Pustaka Sarwono Prawirohardjo.
- Serrano, C., & Andreu, Y. (2016). Perceived emotional intelligence, subjective well-being, perceived stress, engagement and academic achievement of adolescents. *Revista de Psicodidáctica*, 21(2), 357–374. <https://doi.org/10.1387/revpsicodidact.14887>

- Sholeha, E. P. D. R., & Ayriza, Y. (2019). The effect of body images and self-esteem on subjective well-being in adolescents. *International Journal of Multicultural and Multireligious Understanding*, 6(4), 635–645. <https://doi.org/http://dx.doi.org/10.18415/ijmmu.v6i4.1395>
- Solistiawati, A., & Novendawati. (2013). Hubungan antara citra tubuh dengan harga diri remaja akhir putri. *Jurnal Psikologi*, 15(1), 13–20. <https://www.google.co.id/url?sa=t&source=web&rct=j&url=https://media.neliti.com/media/publications/126986-ID-none.pdf&ved=2ahUKEwiZg9yniLroAhWFYysKHfV9D30QFjAAegQIAhAB&usg=AOvVaw1Tbf39YT872t8RILTfNR3W>
- Sugiyono. (2016). *Metode penelitian kuantitatif, kualitatif dan R&D*. PT. Alfabet.
- Sugiyono. (2013). Metode penelitian kuantitatif kualitatif dan R&D. In *ALfabeta*. ALfabeta.
- Sukamto, M., Hamidah., & Fajrianti. (2019). “Can i look like her?”: Body image of adolescent girls who Use social media. *Makara Human Behavior Studies in Asia*, 23(1), 60. <https://doi.org/10.7454/hubs.asia.1120519>
- Sunartio, L., Sukamto, M. E., & Dianovinina, K. (2011). Social comparison dan body dissatisfaction pada wanita dewasa awal. *Jurnal Humanitas*, 9(2), 157–168.
- Thompson, J. ., & Schaefer, L. M. (2019). Thomas F. Cash: A multidimensional innovator in the measurement of body image; Some lessons learned and some lessons for the future of the field. *Body Image*, 31, 198–203. <https://doi.org/10.1016/j.bodyim.2019.08.006>
- Thompson, J. K., & Smolak, L. (2009). *Body image, eating disorders, and obesity in youth* (second). American Psychological Association.
- Totoatmojo, M. R. (2021). *Pupur, dapur, kasur*. Mila Art Dance School. <http://www.milaartdanceschool.com/portfolio-item/pupur-dapur-kasur/>
- Tov, W., & Diener, E. (2013). Subjective wellbeing. *The Encyclopedia of Cross-Cultural Psychology*, October, 1239–1245. <https://doi.org/10.1002/9781118339893.wbeccp518>
- Tylka, T. L., & Wood-Barcalow, N. L. (2015). What is and what is not positive body image? Conceptual foundations and construct definition. *Body Image*, 14, 118–129. <https://doi.org/10.1016/j.bodyim.2015.04.001>
- Veenhoven, R. (2008). *Sociological theories of subjective well-being*. Of handbook.

Guilford Publications Inc.

- Veenhoven, R. (2010). Greater happiness for a greater number: Is that possible and desirable? *Journal of Happiness Studies*, 11(5), 605–629. <https://doi.org/10.1007/s10902-010-9204-z>
- Wardani, D. A. K., Huriyati, E., Mustikaningtyas., & Hastuti, J. (2015). Obesitas, body image, dan perasaan stres pada mahasiswa di Daerah Istimewa Yogyakarta. *Jurnal Gizi Klinik Indonesia*, 11(4), 161. <https://doi.org/10.22146/ijcn.22649>
- Wati, D. K., & Sumarmi, S. (2017). Body image among overweight and non overweight adolescent girls: A cross sectional study. *Amerta Nutrition*, 1(4), 398. <https://doi.org/10.20473/amnt.v1i4.7130>
- Watson, D., Clark, L. A., & Tellegen, A. (1988). Positive and Negative Affect Schedule (PANAS). *Journal of Personality and Social Psychology*, 54(6), 1063. [https://doi.org/10.1007/978-94-007-0753-5\\_2212](https://doi.org/10.1007/978-94-007-0753-5_2212)
- Wiranatha, F. D., & Supriyadi, S. (2015). Hubungan antara citra tubuh dengan kepercayaan diri pada remaja pelajar puteri di kota Denpasar. *Jurnal Psikologi Udayana*, 2(1), 38–47. <https://doi.org/10.24843/jpu.2015.v02.i01.p04>
- Wood-Barcalow, N. L., Tylka, T. L., & Augustus-Horvath, C. L. (2010). “But i like my body”: Positive body image characteristics and a holistic model for young-adult women. *Body Image*, 7(2), 106–116. <https://doi.org/10.1016/j.bodyim.2010.01.001>
- Wulandari, T. (2013). Working period and subjective well being (Study toward SLB teacher part B and C Bagaskara Sragen). *Aspirasi*, 4(2), 119–131. <https://doi.org/https://doi.org/10.46807/aspirasi.v4i2.505>
- Zarbova, B., & Karabeliova, S. (2018, January). Stress and well-being. *Paper Conference*.
- Zela, A. T. R. (2019). *Konflik peran ganda terhadap kesejahteraan subjektif pada perawat wanita di Kota Curup* [Universitas Sriwijaya]. <https://repository.unsri.ac.id/17148/>