

ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan antara persepsi terhadap lingkungan kerja fisik dengan kebahagiaan chef di Yogyakarta. Hipotesis dalam penelitian ini adalah terdapat hubungan positif antara persepsi lingkungan kerja fisik dengan kebahagiaan chef di Yogyakarta. Subjek penelitian adalah chef di Yogyakarta berjumlah 60. Pengambilan subjek menggunakan random sampling dengan data yang dikumpulkan menggunakan Skala Kebahagiaan dan Skala Persepsi Lingkungan Kerja Fisik. Data dianalisis menggunakan korelasi product moment dengan program SPSS v.20.0. Berdasarkan hasil penelitian, diperoleh koefisien korelasi sebesar $r_{xy} = 0,538$ ($p < 0,000$) yang berarti ada hubungan positif antara persepsi lingkungan kerja fisik dengan kebahagiaan chef.

Kata kunci: kebahagiaan, lingkungan kerja fisik, persepsi.

ABSTRACT

This study aims to determine the relationship between perceptions of the physical work environment and the happiness of chefs in Yogyakarta. The hypothesis in this study is that there is a positive relationship between perceptions of the physical work environment and the happiness of chefs in Yogyakarta. The research subjects were 60 chefs in Yogyakarta. Subjects were taken using random sampling with data collected using the Happiness Scale and the Perception Scale of the Physical Work Environment. Data were analyzed using product moment correlation with SPSS v.20.0 program. Based on the results of the study, a correlation coefficient of $r_{xy} = 0.538$ ($p < 0.000$) was obtained, which means that there is a positive relationship between the perception of the physical work environment and the happiness of the chef.

Key words: happiness, physical work environment, perception.