

ABSTRAK

Penelitian ini bertujuan untuk mengetahui pengaruh *self-efficacy* terhadap profesionalisme dengan *subjective well-being* sebagai variabel kontrol pada anggota Polda di Daerah Istimewa Yogyakarta. Sampel penelitian ini sebanyak 259 responden anggota Polda di Daerah Istimewa Yogyakarta. Metode pengumpulan data menggunakan skala *self-efficacy*, skala profesionalisme, dan skala *subjective well-being*. Skala profesionalisme memiliki 44 butir pernyataan yang valid dengan reliabilitas sebesar 0,985, skala *self-efficacy* memiliki 24 butir pernyataan yang valid dengan reliabilitas sebesar 0,926, dan skala *subjective well-being* memiliki 17 butir pernyataan yang valid dengan reliabilitas sebesar 0,920. Analisis data menggunakan analisis regresi linier berganda. Hasil penelitian yaitu terdapat pengaruh *self-efficacy* terhadap profesionalisme yang signifikan dengan *subjective well-being* sebagai variabel kontrol pada anggota Polda di Daerah Istimewa Yogyakarta sebesar 0,437 yang terletak pada interval 0,41 – 0,70 dalam kategori “Kuat” dengan nilai $p < 0,05$.

Kata Kunci: *self-efficacy*, *subjective well-being*, profesionalisme

ABSTRACT

This study aims to determine the effect of self-efficacy on professionalism with subjective well-being as a control variable for members of the Regional Police in the Special Region of Yogyakarta. The sample of this study was 259 respondents from the Regional Police in the Special Region of Yogyakarta. The data collection method used a self-efficacy scale, a professionalism scale, and a subjective well-being scale. The professionalism scale has 44 valid statements with a reliability of 0.985, the self-efficacy scale has 24 valid statements with a reliability of 0.926, and subjective well-being scale has 17 valid statements with a reliability of 0.920. Data analysis used multiple linear regression analysis. The results of the study are that there is a significant effect of self-efficacy on professionalism with subjective well-being as a control variable for members of the Regional Police in the Special Region of Yogyakarta of 0.437 which is located in the interval 0.41 - 0.70 in the "Strong" category with p value <0.05.

Keywords: self-efficacy, subjective well-being, professionalism