ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan antara dukungan sosial dengan *psychological well being* pada mahasiswa tingkat akhir di Yogyakarta. Hipotesis yang diajukan dalam penelitian ini yaitu ada hubungan positif antara dukungan sosial dengan *psychological well being* pada mahasiswa tingkat akhir di Yogyakarta. Subjek dalam penelitian ini berjumlah 99 mahasiswa tingkat akhir di Yogyakarta. Pengumpulan data dilakukan dengan menggunakan Skala *Psychological Well Being* dan Skala Dukungan Sosial. Metode analisis data yang digunakan adalah analisis korelasi *product moment*. Berdasarkan hasil penelitian, diperoleh koefisien korelasi sebesar rxy = 0,560 dengan taraf signifikansi sebesar p = 0,000 (p < 0,050), yang berarti ada hubungan positif antara dukungan sosial dengan *psychological well being* pada mahasiswa tingkat akhir di Yogyakarta. Semakin tinggi dukungan sosial maka semakin tinggi pula *psychological well being* pada mahasiswa tingkat akhir di Yogyakarta. Sebaliknya, semakin rendah dukungan sosial maka semakin rendah pula *psychological well being* pada mahasiswa tingkat akhir di Yogyakarta. Diterimanya hipotesis menunjukkan nilai koefisien determinasi (R^2) sebesar 0,314 yang menunjukkan bahwa variabel dukungan sosial berkontribusi sebesar 31,4% terhadap variabel *psychological well being* dan sisanya 68,6% dipengaruhi oleh faktor lain yang tidak diteliti oleh peneliti.

Kata kunci: *psychological well being*, dukungan sosial, mahasiswa tingkat akhir

ABSTRACT

This study is aimed to determine the relationship between social support and psychological well being of final year students in Yogyakarta. The hypothesis proposed in this study is that there is a positive relationship between social support and psychological well being of final year students in Yogyakarta. The subjects in this study amounted to 99 final year students in Yogyakarta. Data was collected using the Psychological Well Being Scale and the Social Support Scale. The data analysis method used is product moment correlation analysis. Based on the results of the study, the correlation coefficient was $r_{xy} = 0.560$ with a significance level of $p = 0.000$ ($p < 0.050$), which means that there is a positive relationship between social support and psychological well being of final year students in Yogyakarta. The higher of social support, the higher the psychological well being of final year students in Yogyakarta. On the other hand, the lower of social support, the lower psychological well being of final year students in Yogyakarta. Acceptance of the hypothesis shows the coefficient of determination (R^2) of 0.314 which indicates that the social support variable contributes 31.4% to the psychological well being variable and the remaining 68.6% is influenced by other factors not examined by the researcher.

Keywords: *psychological well being, social support, final year students*