

### **Abstrak**

Penelitian ini bertujuan untuk menguji hubungan antara Dukungan Pasangan dengan *Subjective Well-Being* pada ibu yang menerapkan *work from home*. Penelitian ini menggunakan subjek berjumlah 60 ibu yang sedang melaksanakan *work from home* yang telah menikah dan memiliki anak. Pengumpulan data dilakukan menggunakan skala dukungan pasangan dan skala *Subjective Well-Being* dengan menggunakan metode korelasi *product moment* dari pearson. Hasil analisis data diperoleh nilai koefisien korelasi ( $r$ ) sebesar 0.300 ( $p = 0.020$ ). hal ini menunjukkan adanya hubungan positif yang signifikan antara dukungan pasangan dengan *Subjective Well-Being* pada ibu yang menerapkan *work from home* pada masa pandemic covid-19.

**Kata kunci:** *Dukungan Pasangan, Subjective Well-Being, Ibu yang menerapkan work from home, pandemic covid-19*

### **Abstract**

*This study aims to examine the relationship between social support for spouse and subjective well-being to mother put into practice work from home at during pandemic covid-19. The method used the subject of 60 mother put into practice work from home and who are married and have a child. and have children. Data was collected using a Receipt of Spousal Support Items and subjective well-being scale, the method used was Pearson's product moment correlation. The results of data analysis obtained a correlation coefficient ( $r$ ) of 0.300 ( $p = 0.020$ ). This shows that there is a significant positive relationship between social support for spouse and subjective well-being to mother put into practice work from home at during pandemic covid-19.*

**Keywords :** *social support for spouse, subjective well-being, mother put into practice work from home, pandemic covid-19.*