

ABSTRAK

Workplace wellbeing merupakan perasaan sejahtera yang dialami karyawan akibat keuntungan yang diperolehnya dari tempat kerja. *Workplace wellbeing* merupakan isu penting bagi kemajuan suatu perusahaan, namun belum banyak perusahaan/organisasi yang memperhatikan hal tersebut. Tujuan penelitian ini adalah untuk mengetahui hubungan antara *quality of worklife* dengan *workplace wellbeing* pada mahasiswa yang bekerja paruh waktu. Subjek dalam penelitian ini berjumlah 100 mahasiswa. Pengambilan subjek ini menggunakan *purposive sampling* dengan pengumpulan data menggunakan skala *workplace wellbeing* dan skala *quality of worklife*. Data dianalisis menggunakan *product moment* dengan program SPSS. Berdasarkan hasil analisis diperoleh nilai korelasi $r_{xy} = 0,737$ dengan $P = 0,001$. ($P < 0,1$). Hasil tersebut menunjukkan terdapat hubungan positif antara *quality of worklife* dengan *workplace wellbeing* pada mahasiswa universitas X yang bekerja paruh waktu. Hal tersebut menunjukkan bahwa hipotesis diterima, artinya semakin tinggi *quality of worklife* maka semakin tinggi pula *workplace wellbeing*. Sebaliknya, semakin rendah *quality of worklife* maka semakin rendah pula *workplace wellbeing*.

ABSTRACT

Workplace wellbeing is a feeling of well-being experienced by employees due to the benefits they get from the workplace. Workplace wellbeing is an important issue for the progress of a company, but not many companies/organizations pay attention to this. The purpose of this study was to determine the relationship between quality of work life and workplace wellbeing in students who work part time. Subjects in this study amounted to 100 students. This subject was taken using purposive sampling with data collection using the workplace wellbeing scale and the quality of worklife scale. Data were analyzed using product moment with SPSS program. Based on the results of the analysis, the correlation value of $r_{xy} = 0.737$ with $P = 0.001$ was obtained. ($P < 0.1$). These results showed that there was a positive relationship between quality of worklife and workplace wellbeing in X university students who work part time. This showed that the hypothesis was accepted, meaning that the higher the quality of work life, the higher the workplace wellbeing. On the other hand, if the quality of work life is lower, the workplace wellbeing will also be lower.