

DAFTAR PUSTAKA

- Ari Suryaman, M., Stanislaus, S., Iqbal Mabruuri, M., & Psikologi, J. (2014). Pengaruh Religiusitas Terhadap Resiliensi Pada Pasien Rehabilitasi Narkoba Yayasan Rumah Damai Semarang. *Intuisi: Jurnal Psikologi Ilmiah*, 6(2), 98–103. <https://doi.org/10.15294/INTUISI.V6I2.13319>
- Arnett, J. J. (2000). *Emerging adulthood: A theory of development from the late teens through the twenties*. *American Psychologist*, 55(5), 469–480. <https://doi.org/10.1037/0003-066X.55.5.469>
- Atwood, J. D., & Scholtz, C. (2008). The Quarter-life Time Period: An Age of Indulgence, Crisis or Both? *Contemporary Family Therapy*, 30(4), 233–250. <https://doi.org/10.1007/s10591-008-9066-2>
- Azwar, S. (2012). *Penyusunan Skala Psikologi* (2nd ed.). Pustaka Pelajar.
- Barua, M. (2021). *Infrastructure and non-human life: A wider ontology*. 45(6), 1467–1489. <https://doi.org/10.1177/0309132521991220>
- Bernard, M. (2014). *The strength of self-acceptance: Theory, practice and research*. <https://link.springer.com/content/pdf/10.1007/978-1-4614-6806-6.pdf>
- Byock, S. D. (2010). *The quarterlife crisis and the path to individuation in the first half of life*. Pacifica Graduate Institute.
- Fischer, K. (2008). *Ramen Noodles, Rent and Resumes: An After-College Guide to Life*. SuperCollege. <https://books.google.co.id/books?id=XigFIQAACAAJ>
- Habibie, A., Syakarofath, N. A., & Anwar, Z. (2019). Peran Religiusitas terhadap Quarter-Life Crisis (QLC) pada Mahasiswa. *Gadjah Mada Journal of Psychology (GamaJoP)*, 5(2), 129. <https://doi.org/10.22146/gamajop.48948>
- Herawati, I., & Hidayat, A. (2020). Quarterlife Crisis Pada Masa Dewasa Awal di Pekanbaru. *Journal An-Nafs: Kajian Penelitian Psikologi*, 5(2), 145–156. <https://doi.org/10.33367/psi.v5i2.1036>
- Jensen, L. A., Arnett, J. J., Feldman, S. S., & Cauffman, E. (2004). The Right to Do Wrong: Lying to Parents Among Adolescents and Emerging Adults. *Journal of Youth and Adolescence*, 33(2), 101–112.
- Jersild, A., Brook, J., Title), D. B.-(No, & 1963, undefined. (1963). The psychology of adolescence. *Cir.Nii.Ac.Jp*. <https://cir.nii.ac.jp/crid/1130282271484348032>
- Karpika, I., & Segel, W. (2021). Quarter life crisis terhadap mahasiswa studi kasus di Fakultas Keguruan dan Ilmu Pendidikan Universitas PGRI Mahadewa Indonesia. *Ojs.Mahadewa.Ac.Id*. <https://doi.org/10.5281/zenodo.5550458>
- Machdan, D. M., Hartini, N., Klinis, D. P., Mental, K., Psikologi, F., Airlangga, U., Dalam, J. D., & Surabaya, S. (2012). Hubungan antara penerimaan diri dengan kecemasan menghadapi dunia kerja pada tunadaksa di UPT rehabilitasi sosial cacat tubuh

Pasuruan. *Journal.Unair.Ac.Id*, 1(02).
http://journal.unair.ac.id/filerPDF/110610179_5x.pdf

- Maisaroh, E. N., Falah, F., Psikologi, F., Islam, U., & Semarang, A. (2011). RELIGIUSITAS DAN KECEMASAN MENGHADAPI UJIAN NASIONAL (UN) PADA SISWA MADRASAH ALIYAH. *Proyeksi*, 6(2), 78–88. <https://doi.org/10.30659/JP.6.2.78-88>
- Melinda, E. (2013). Hubungan antara penerimaan diri dan konformitas terhadap intensi merokok pada remaja. *E-Journals.Unmul.Ac.Id*, 1(1). <https://e-journals.unmul.ac.id/index.php/psikoneo/article/view/3273>
- Muliandari, R. (2022, Maret 12). Sering Melanda Perempuan Umur 20-an, Kenali Serba Serbi
- Quarter Life Crisis. Retrieved from health.detik.com: <https://health.detik.com/berita-detikhealth/d-5979891/sering-melanda-perempuan-umur-20-an-kenali-serba-serbi-quarter-life-crisis>
- Nash, R. J., & Murray, M. C. (2010). *Helping college students find purpose : the campus guide to meaning-making*. 320. https://books.google.com/books/about/Helping_College_Students_Find_Purpose.html?hl=id&id=exnPTeUB0dYC
- Neely et al. (2009). *Self-kindness when facing stress: The role of self-compassion, goal regulation, and support in college students' well-being*. <https://doi.org/10.1007/s11031-008-9119-8>
- Nicole & Carolyn. (2011). Does a Quarterlife Crisis Exist? *Article in The Journal of Genetic Psychology*. <https://doi.org/10.1080/00221325.2010.521784>
- Oswalt, S. B., & Riddock, C. C. (2007). *What to Do About Being Overwhelmed: Graduate Students, Stress and University Services*.
- Permatasari, V., & Gamayanti, W. (2016). Gambaran Penerimaan Diri (Self-Acceptance) pada Orang yang Mengalami Skizofrenia. *Psymphatic : Jurnal Ilmiah Psikologi*, 3(1), 139–152. <https://doi.org/10.15575/PSY.V3I1.1100>
- Philip, J., & Pinggolio, R. V. (2015). *Development and Validation of Quarterlife Crisis Scale for Filipinos*. www.iafor.org
- Putri, S. A., & Fahmawati, Z. N. (2023). HUBUNGAN ANTARA PENERIMAAN DIRI DENGAN QUARTER LIFE CRISIS PADA MAHASISWA. *Jurnal Mahasiswa BK An-Nur : Berbeda, Bermakna, Mulia*, 9(3), 384–393. <https://ojs.uniska-bjm.ac.id/index.php/AN-NUR/article/view/12216>
- Riyanto, A., & Arini, D. P. (2021). ANALISIS DESKRIPTIF QUARTER-LIFE CRISIS PADA LULUSAN PERGURUAN TINGGI UNIVERSITAS KATOLIK MUSI CHARITAS. *Jurnal Psikologi Malahayati*, 3(1), 12–19.

- Robbins, A., & Wilner, A. (2001). *Quarterlife crisis: the unique challenges of life in your twenties*. J.P. Tarcher/Putnam.
- Robinson, O. C. (2018). *A longitudinal mixed-methods case study of quarter-life crisis during the post-university transition: Locked-out and locked-in forms in combination*.
- Robinson, O. C., & Wright, G. R. T. (2013). The prevalence, types and perceived outcomes of crisis episodes in early adulthood and midlife. *Http://Dx.Doi.Org/10.1177/0165025413492464*, 37(5), 407–416. <https://doi.org/10.1177/0165025413492464>
- Ryff, C. D., Singer, B. H., & Love, G. D. (2004). Positive health: connecting wellbeing with biology. *Philosophical Transactions of the Royal Society of London. Series B: Biological Sciences*, 359(1449), 1383–1394. <https://doi.org/10.1098/RSTB.2004.1521>
- Sallata & Huwae. (2023). *View of RESILIENSI DAN QUARTER LIFE-CRISIS PADA MAHASISWA TINGKAT AKHIR*. <https://bajangjournal.com/index.php/JCI/article/view/4725/3506>
- Sari, E. P., & Nuryoto, S. (2002). PENERIMAAN DIRI PADA LANJUT USIA DITINJAU DARI KEMATANGAN EMOSI. *Jurnal Psikologi*, 29(2), 73–88. <https://doi.org/10.22146/JPSI.7017>
- Sheerer, E. T. (1957). The relationship of self-acceptance and self-respect to acceptance of and respect for others. *Pastoral Psychology*, 8(2), 35–42. <https://doi.org/10.1007/BF01844128/METRICS>
- Sugiyono. (2012). *Metode Penelitian Kuantitatif, Kualitatif, dan R&D*. . Alfabeta.
- Syifa'ussurur, M., Husna, N., Mustaqim, M., & Fahmi, L. (2021). MENEMUKENALI BERBAGAI ALTERNATIF INTERVENSI DALAM MENGHADAPI QUARTER LIFE CRISIS: SEBUAH KAJIAN LITERATUR [DISCOVERING VARIOUS ALTERNATIVE INTERVENTION TOWARDS QUARTER LIFE CRISIS: A LITERATURE STUDY]. *Journal of Contemporary Islamic Counselling*, 1(1), 53–64. <https://doi.org/10.59027/JCIC.V1I1.61>
- Tarigan, E. L. (2023). *Hubungan Self-Acceptance (Penerimaan Diri) dengan Quarterlife Crisis pada Dewasa Awal di Lingkungan Ii Kelurahan Simpang Selayang Medan*. <https://repositori.uma.ac.id/handle/123456789/19502>
- Thorspecken, J. M. (2005). Quarterlife crisis: The unaddressed phenomenon. *George M. Kapalka, PhD, ABPP*, 120.
- Umah, R. (2021). *Pengaruh kematangan karir terhadap quarter life crisis pada mahasiswa yang sedang mengerjakan skripsi*. UNIVERSITAS ISLAM NEGERI MAULANA MALIK IBRAHIM MALANG .
- Waney, N. C., Kristinawati, W., Setiawan, A., Kristen, U., & Wacana, S. (2020). Mindfulness dan penerimaan diri pada remaja di era digital. *Ejurnal.Mercubuana-Yogya.Ac.Id*, 22(2), 1693–2552. <https://doi.org/10.26486/psikologi.v22i2.969>

- Wen, K. P. (2010). *Determinants of internship effectiveness for university students in Hong Kong. Hong Kong Baptist University*. (n.d.). Retrieved May 8, 2024, from <https://www.sciepub.com/reference/220736>
- Widarini, A. (2020). *Hubungan Antara Penerimaan Diri Dengan Konsep Diri Pada Mahasiswa Tingkat Akhir Di Yogyakarta*. <http://eprints.mercubuana-yogya.ac.id/id/eprint/8300/2/BAB%20I.pdf>
- Widya, E., Nender, A., Widyawati, S., & Savitri, A. D. (2017). Penerimaan Diri pada Remaja Yang Orangtuanya Bercerai. *Jurnal Psikologi Universitas Semarang, Repository.Usm.Ac.Id*. <https://repository.usm.ac.id/files/journalmhs/F.111.08.004820151105013701-ElizabethWidya.pdf>
- Wood, D., Crapnell, T., Lau, L., Bennett, A., Lotstein, D., Ferris, M., & Kuo, A. (2018). *Emerging Adulthood as a Critical Stage in the Life Course*. In *Handbook of Life Course Health Development* (pp. 123–143). Springer International Publishing. https://doi.org/10.1007/978-3-319-47143-3_7
- Yudra, F. O., Fikri, F., & Hidayat, A. (2018). HUBUNGAN ANTARA RELIGIUSITAS DENGAN STRES KERJA PADA ANGGOTA BRIMOB POLDA RIAU. *ANNAFS*, 12(1), 12–21. <https://journal.uir.ac.id/index.php/annafs/article/view/2021>