

## ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan antara *self efficacy* dengan *academic buoyancy* pada mahasiswa. Hipotesis yang diajukan adalah ada hubungan positif antara *self efficacy* dengan *academic buoyancy* pada mahasiswa. Subjek dalam penelitian ini berjumlah 193 mahasiswa. Metode pengumpulan data menggunakan skala *academic buoyancy* dan skala *self efficacy*. Teknik analisis yang digunakan adalah korelasi *product moment*. Berdasarkan hasil analisis data diperoleh nilai signifikansi  $r_{xy} = 0.745$  dengan  $0.146$  ( $p > 0.050$ ). Hasil tersebut menunjukkan bahwa terdapat hubungan positif antara *self efficacy* dengan *academic buoyancy*. Pada uji koefisien determinan R squared ( $R^2$ ) diperoleh sebesar  $0.555$  yang berarti variabel *self efficacy* memberikan kontribusi sebesar  $55.5\%$  terhadap variabel *academic buoyancy* dan sisanya  $44.5\%$  dipengaruhi oleh faktor lain yang tidak diteliti oleh peneliti.

**Kata kunci:** *Academic Buoyancy*, *Self Efficacy*, Mahasiswa

## **ABSTRACT**

*This study aims to determine the relationship between self efficacy and academic buoyancy in college students. The hypothesis proposed is that there is a positive relationship between self efficacy and academic buoyancy in college students. The subjects in this study amounted to 193 students. The data collection method uses the academic buoyancy scale and the self efficacy scale. The analysis technique used is product moment correlation. Based on the results of data analysis obtained a significance value of  $r_{xy} = 0.745$  with  $p = 0.146$  ( $p > 0.050$ ). These results indicate that there is a positive relationship between self efficacy and academic buoyancy. In the coefficient of determination test, R squared ( $R^2$ ) was obtained at 0.555, which means that the self efficacy variable contributed 55.5% to the academic buoyancy variable and the remaining 44.5% was influenced by other factors not examined by the researcher.*

**Keywords:** *Academic Buoyancy, Self Efficacy, Students*