

DAFTAR PUSTAKA

- Arikunto, S. (2016). *Prosedur penelitian: Suatu pendekatan praktik*. Rineka Cipta.
- Arnett, J. J. (2005). The developmental context of substance use in emerging adulthood. *Journal of Drug Issues*, 35(2), 235-254.
<https://doi.org/10.1177/002204260503500202>
- Atqakum, L., dkk. (2022). Pengaruh dukungan sosial terhadap adaptabilitas karier mahasiswa tingkat akhir. *PESHUM: Jurnal Pendidikan, Sosial dan Humaniora*, 1(6), 576-586.
<https://api.semanticscholar.org/CorpusID:264597484>
- Azhar, R., & Aprilia, E. D. (2018). Hubungan antara kecerdasan emosi dan adaptabilitas karir pada sarjana di Banda Aceh. *Jurnal Psikologi Sains dan Profesi*. 2(2), 174–178. <https://doi.org/10.24198/jpsp.v2i2.17691>
- Azwar, S. (2012). *Metode penelitian psikologi edisi 2*. Yogyakarta: Pustaka Pelajar.
- Badan Pusat Statistik Indonesia. (2024, 5 November). *Tingkat Pengangguran Terbuka (TPT) sebesar 4,91 persen dan rata-rata upah buruh sebesar 3,27 juta rupiah per bulan*. Diakses pada 2 Desember 2024, dari <https://www.bps.go.id/id/pressrelease/2024/11/05/2373/tingkat-pengangguran-terbuka--tpt--sebesar-4-91-persen-.html>
- Bates, T. (2015). *Teaching in a digital age: Guidelines for designing teaching and learning*. Tony Bates Associates Ltd.
- Bimrose, J., dkk. (2011). *The role of adaptability in skill supply evidence report 35 august 2011*. UK comission for Employment and Skill.

Bocciardi, F., Caputo, A., Fregonese, C., Langher, V., & Riccardo, S. (2017). Career adaptability as a strategic competence for career development: An exploratory study of its key predictors. *European Journal of Training and Development*, 41(1), 67–82. <https://doi.org/https://doi.org/10.1002/j.2161-0045.1997.tb00469.x>

Bridgstock, R. (2009). The graduate attributes we've overlooked: Enhancing graduate employability through career management skills. *Higher Education Research and Development*, 28, 31-44. 10.1080/07294360802444347

Buyukgoze-Kavas, A. (2016). Predicting career adaptability from positive psychological traits. *Career Development Quarterly*, 64(2), 114–125. <https://doi.org/10.1002/cdq.12045>

Creed, P. A., Fallon, T., & Hood, M. (2008). The relationship between career adaptability, person and situation variables, and career concerns in young adults. *Journal of vocational behavior*, 74(2), 219-229.

Del Corso, J. J. (2017). Counselling young adults to become career adaptable and career resilient. In K. Maree (Ed.), *Psychology of Career Adaptability, Employability and Resilience* (pp. 171–188). Springer. https://doi.org/10.1007/978-3-319-66954-0_3

Dharma, G., & Akmal, S. Z. (2019). Career decision making self-efficacy dan career indecision pada mahasiswa tingkat akhir. *Seurune Jurnal Psikologi Unsyiah*, 2(2), 1–19. <https://doi.org/10.24815/s-jpu.v2i2.14203>

- Dik, B. J., & Duffy, R. D. (2009). Calling and vocation at work: Definitions and prospects for research and practice. *The Counseling Psychologist*, 37(3), 424–450. <https://doi.org/10.1177/0011100008316430>
- Dluha, M. S., Suminar, D. R. & Hendriyani, W. (2020). Pengaruh adversity quotient dan dukungan sosial terhadap adaptabilitas karir siswa di SMK “X” Gresik. *Jurnal Psikologi: Media Ilmiah Psikologi*, 18(1), 49-57. <https://doi.org/10.47007/JPSI.V18I01.77>
- Douglass, R. P., & Duffy, R. D. (2015). Calling and career adaptability among undergraduate students. *Journal of Vocational Behavior*, 86, 58–65. <https://doi.org/10.1016/j.jvb.2014.11.003>
- Dressler, J. L. (2017). *Quest for occupational identity: Examining career resilience, career related adversity, and career decision difficulty during emerging adulthood.* Oregon State University. <http://ir.library.oregonstate.edu/xmlui/bitstream/handle/1957/61721/DresslerJuneL2017.pdf?sequence=1>
- Dursun, T., & A. M. T. (2017). Does personality affect career adaptability. *International Journal of Humanities Social Sciences and Education*, 4, 107-115. <https://doi.org/https://doi.org/10.13152/IJRVET.3.3.3>
- Ebenehi, A. S., Rashid, A. M., & Bakar, A. R. (2016). Predictors of career adaptability skill among higher education students in Nigeria. *International Journal for Research in Vocational Education and Training*, 3(3), 212–229. (90).

- Farahiyah, Nur. (2022). Career adaptability pada mahasiswa tingkat akhir universitas hasanuddin ditinjau dari orientasi peran gender non tradisional. (*Skripsi Thesis*), Universitas Hasanuddin.
- Firdaus, N. R., Muslihati, & Apriani, R. (2023). Hubungan antara religiusitas dan adversitas dengan adaptabilitas karier siswa SMK. *Buletin Konseling Inovatif*, 3(2), 103-113. <https://doi.org/10.17977/um059v3i22023p103-113>
- Fonna, Nurdianita. (2019). *Pengembangan revolusi industri 4.0 dalam berbagai bidang*. GUEPEDIA.
- Fugate, M., Kinicki, A. J., & Ashforth, B. E. (2004). Employability: A psycho-social construct, its dimensions, and applications. *Journal of Vocational Behavior*, 65(1), 14–38. <https://doi.org/10.1016/j.jvb.2003.10.005>
- Gunawan, W., & Sisca. (2015). Gambaran adaptabilitas karier remaja. *Jurnal Psikologi*, 11(2), 111-119.
- Hair Jr., J.F., et al. (2014). Partial least squares structural equation modeling (PLS-SEM): An emerging tool in business research. *European Business Review*, 26, 106-121. <https://doi.org/10.1108/EBR-10-2013-0128>
- Hardani. dkk. (2020). *Metode penelitian kualitatif & kuantitatif*. CV. Pustaka Ilmu Group.
- Hartaji, D. A. 2012. *Motivasi berprestasi pada mahasiswa yang berkuliah dengan jurusan pilihan orangtua*. Fakultas Psikologi Universitas Gunadarma.
- Hartono, R. M., & Gunawan, W. (2019). Hubungan job search self-efficacy dengan career adaptability. *Jurnal Ilmiah Psikologi MIND SET*, 8(02), 78 - 90. <https://doi.org/10.35814/mindset.v8i02.326>

Hirschi, A. (2009). Career adaptability development in adolescence: multiple predictors and effect on sense of power and life satisfaction. *Journal of Vocational Behavior*, 74(2), 144–155.

<https://doi.org/10.1016/j.jvb.2009.01.002>

Hirschi, A. (2014). Hope as a resource for self-directed career management: Investigating mediating effects on proactive career behaviors and life and job satisfaction. *Journal of Happiness Studies: An Interdisciplinary Forum on Subjective Well-Being*, 15(6), 1495–1512.

<https://doi.org/10.1007/s10902-013-9488-x>

Hutajulu, I. N. A., & Suhariadi, F. (2021). Hubungan antara social support dengan career adaptability pada mahasiswa tingkat akhir. *Buletin Riset Psikologi dan Kesehatan Mental (BRPKM)*, 1(2), 1444-1450.

<https://doi.org/10.20473/brpkm.v1i2.30893>

Kerlinger, F. N., & Lee, H. B. (2000). *Foundations of behavioral research* (4th ed.). Harcourt College Publishers.

Koen, J., Klehe, U. C., & Van Vianen, A. E. M. (2012). Training career adaptability to facilitate a successful school-to-work transition. *Journal of Vocational Behavior*, 8(3), 395-408. <https://doi.org/10.1016/j.jvb.2012.10.003>

Kompas.com. ([2023, 11 April](#)). *10 perguruan tinggi swasta terbaik di Yogyakarta 2023*. Diakses pada 27 November 2024, dari <https://www.kompas.com/edu/read/2023/04/19/101500771/10-perguruan-tinggi-swasta-terbaik-di-yogyakarta-2023>

Konstam, V., Demirtas, S. C., Tomek, S., & Sweeney, K. (2015). Career adaptability and subjective well-being in unemployed emerging adults: A promising and cautionary tale. *Journal of Career Development*, 42(6), 463-477.
[10.1177/0894845315575151](https://doi.org/10.1177/0894845315575151)

Mardiyati, B. D., & Yuniawati, R. (2015). Perbedaan adaptabilitas karir ditinjau dari jenis sekolah (SMA dan SMK). *Empathy: Jurnal Fakultas Psikologi*, 3(1),
<https://doi.org/10.12928/empathy.v3i1.3033>

Maree, J. G & Hancke, Y. (2011). The value of life design counselling for an adolescent who stutters. *Journal of Psychology in Africa*, 21(3), 479-485.

Marseto, Bagus & Bachtiar, M. (2007). Hubungan berpikir positif dengan kecemasan mengerjakan skripsi pada mahasiswa fakultas ekonomi universitas Islam Indonesia Yogyakarta. *Naskah Publikasi*. Fakultas PSikologi dan Ilmu Sosial Budaya Universitas Islam Indonesia.

Monteiro, S.C., Taveira, M. D. C., & Almeida, L. (2019). Career adaptability and university-to-work transition: Effects on graduates' employment status. *Emerald Publishing Limited*, 61(9), 1187-1199. 10.1108/et-10-2018-0206

Muhaimin, Ghofir, A., & Rahman, N. A. (1996). *Strategi belajar mengajar: Penerapannya dalam pembelajaran pendidikan agama* (1st ed.). Citra Media.

Mukhoyyaroh, T. (2014). *Psikologi keluarga*. Surabaya: UIN Sunan Ampel Press.

Nugraheni, E. P., Wibowo, M. E., & Murtadho, A. (2017). Hubungan kecerdasan emosional dengan prestasi belajar: Analisis mediasi adaptabilitas karir pada

- prestasi belajar. *Jurnal Bimbingan Konseling*, 6(2), 127-134.
<https://doi.org/10.15294/jubk.v6i2.21665>
- Nuryadi, dkk. (2017). *Dasar-dasar statistik penelitian*. Yogyakarta: Sibuku Media.
- Othman, R., Kamal, N. M., Alias, N. E., Ismail, S., & Sahiq, A. N. M. (2018). Positive psychological traits and career adaptability among millenials. *International Journal of Academic Research in Business and Social Sciences*, 8(9), 1420–1433. <https://doi.org/10.6007/IJARBSS/v8-i9/4706>
- Pinasti, W. (2011). Pengaruh self-efficacy, locus of control dan faktor demografis terhadap kematangan karir mahasiswa UIN Syarif Hidayatullah Jakarta.
- Pratama, S. & Hadi, C. (2022). Hardiness sebagai prediktor *career adaptability* mahasiswa dalam menentukan kesuksesan karir. *Psikobuletin: Buletin Ilmiah Psikologi*, 3(3), 175-184. <http://dx.doi.org/10.24014/pib.v3i3.17906>
- Purwanto, H., Syah, N., & Rani, I. G. (2013). Perbedaan hasil belajar mahasiswa yang bekerja dengan tidak bekerja program studi pendidikan teknik bangunan jurusan teknik sipil FT-UNP [*Skripsi*]. Universitas Negeri Padang, Padang.
- Putri, F. A., Setyawan, N. F. B., & Efendy, M. (2024). Hubungan career adaptability terhadap kesiapan kerja mahasiswa tingkat akhir di universitas mercu buana yogyakarta. *Innovative: Journal Of Social Science Research*, 4(1), 4955–4966. <https://doi.org/10.31004/innovative.v4i1.8433>
- Rahma, F., Yusuf, A. M., Afdal. (2021). Bimbingan dan konseling karir di perguruan tinggi. *Schoulid: Indonesian Journal of School Counseling*, 6(2), 133-139. <https://doi.org/10.23916/08888011>

Ramdhani, R. N., Budiamin, A., & Budiman, N. (2018). Adaptabilitas karir dewasa awal. *Jurnal Penelitian Pendidikan*, 18(3), 361-370.

<https://doi.org/10.17509/jpp.v18i3.15008>

Rizki, A. M. (2018). *7 jalan mahasiswa*. Cv Jejak.

Robert, P., & Saar, E. (2012). Learning and working: The impact of the ‘double status position’ on labour market entry process of graduates in CEE countries. *European Sociological Review*, 28(6), 742-754.

Rossier, J., Zecca, G., Stauffer, S. D., Maggiori, C., & Dauwalder, J. P. (n.d.). Career adapt abilities scale in a French-speaking Swiss sample: Psychometric properties and relationships to personality and work engagement. *Journal of Vocational Behavior*, 80(3), 734–743.

Rosulin, R., & Paramita, P. P. (2016) Hubungan antara hardiness dengan adaptabilitas karir pada siswa SMK Kelas XII. *Jurnal Psikologi Pendidikan dan Perkembangan*, 5(1), 1-11.

Rottinghaus, P. J., Day, S. X., & Borgen, F. H. (2005). The career futures inventory: A measure of career-related adaptability and optimism. *Journal of Career Assessment*, 13(1), 3–24. <https://doi.org/10.1177/1069072704270271>

Safavi, H. P., & Bouzari, M. (2019). The association of psychological capital, career adaptability and career competency among hotel frontline employees. *Tourism Management Perspectives*, 30, 65-74.

<https://doi.org/10.1016/j.tmp.2019.02.001>

Santrock, J. W. (2010). *Psikologi pendidikan*. Kencana.

Santrock, J, W. (2011). *Life-span development* (*Perkembangan masa hidup*). Erlangga.

Savickas, M. L. (1997). Career adaptability: An integrative construct for life-span, life-space theory. *The Career Development Quarterly*. 45(3), 247-259.
<https://doi.org/10.1002/j.2161-0045.1997.tb00469.x>

Savickas, M. L., & Porfeli, E. J. (2012). Career adaptabilities scale: Construction, reliability, and measurement equivalence across 13 countries. *Journal of Vocational Behavior*, 80(3), 661-673.
<https://doi.org/10.1016/j.jvb.2012.01.011>

Savickas, M. L. (2013). *Career construction theory and practice*. in S. D. Brown & R. W. Lent (eds,), *career development and conseling: Putting theory and research to work* (2nd ed., pp 147-183). John Wiley & Sons.

Siemens, G. (2005). Connectivism: A learning theory for the digital age. *International Journal of Instructional Technology and Distance Learning*, 2. http://www.itdl.org/Journal/Jan_05/article01.htm

Sisca & Gunawan, W. (2015). Gambaran adaptabilitas karier remaja. *Jurnal Psikologi*, 11(2), 111-119. <http://dx.doi.org/10.24014/jp.v11i2.1402>

Siswoyo, D. (2007). *Ilmu pendidikan*. Yogyakarta: Universitas Negeri Yogyakarta.

Strauss, K., Niven, K., R. McClelland, C., & Cheung, B. K. T. (2015). Hope and optimism in the face of change: Contributions to task adaptivity. *Journal of Business and Psychology*, 30(4), 733–745. <https://doi.org/10.1007/s10869-014-9393-2>

- Subtirica, O. N., Pop, E. L., & Crocetti, E. (2015). Developmental trajectories and reciprocal associations between career adaptability and vocational identity: A three-wave longitudinal study with adolescents. *Journal of Vocational Behavior*, 88, 131-142. <https://doi.org/10.1016/j.jvb.2015.03.004>
- Sudirman, dkk. (2023). *Metodologi penelitian I*. Bandung: Media Sains Indonesia.
- Sugiyono. 2010. *Metode penelitian pendidikan pendekatan kuantitatif, kualitatif, dan R&D*. Alfabeta.
- Sugiyono. 2022. *Metode penelitian kuantitatif*. Alfabeta.
- Sulistiani, W., Suminar, D. R., & Hendriani, W. (2019). Career adaptability of marine cadets: A descriptive study. *Journal of Educational, Health and Community Psychology*, 8(3), 406–418. <https://doi.org/10.12928/jehcp.v8i3.12875>
- Sulistiani, W. & Rahmania, A. M. (2021). Hubungan optimism dengan career adaptability mahasiswa selama pandemi covid-19. *Jurnal Psikologi Talenta*, 7(1), 36-43. <https://doi.org/10.26858/talenta.v7i1.23749>
- Super, D. E., & Knasel, E. G. (1981). Career development in adulthood: Some theoretical problems and a possible solution. *British Journal of Guidance and Counselling*, 9, 194-201. <https://doi.org/10.1080/03069888108258214>
- Tesalonia, S. P., & Wibowo, D. H. (2023). Hubungan antara adaptabilitas karier dan kecemasan menghadapi dunia kerja pada mahasiswa tingkat akhir. *Jurnal Cakrawala Ilmiah*, 2(12), 4665–4676. <https://doi.org/10.53625/jcijurnalcakrawalailmiah.v2i12.6395>

- Tian, Yan, & Fan, Xiuzhen. (2014). Adversity quotients, environmental variabels and career adaptability in student nurse. *Journal of Vocational Behavior*, 85, 251-257.
- Ulfah, F., & Akmal, S. Z. (2019). Peran kepribadian proaktif terhadap adaptabilitas karier pada mahasiswa tingkat akhir. *Jurnal Psikologi Ilmiah*, 11(1), 45–54.
<https://doi.org/10.15294/intuisi.v11i1.20117>
- Wang, Z., & Fu, Y. (2015). Social support, social comparison, and career adaptability: A moderated mediation model. *Social Behavior and Personality: An International Journal*, 43(4), 649–659.
<https://doi.org/10.2224/sbp.2015.43.4.649>
- Wendlandt, N. M., & Rochlen, A. B. (2008). Addressing the college-to-work transition: Implications for university career counselors. *Journal Of Career Development*, 35(2), 151-165. <https://doi.org/10.1177/0894845308325646>
- Widyatama, T., & Aslamawati, Y. (2015). Studi deskriptif mengenai kematangan karir pada mahasiswa tingkat akhir Fakultas Psikologi Unisba. *Prosiding Psikologi*, 580-587.
- Wilkins, K. G., Santilli, S., Ferrari, L., Nota, L., Tracey, T. J. G., & Soresi, S. (2014). The relationship among positive emotional dispositions, career adaptability, and satisfaction in Italian high school students. *Journal of Vocational Behavior*, 85(3), 329–338. <https://doi.org/10.1016/j.jvb.2014.08.004>
- Winkel, W. S. (2004). *Psikologi pengajaran*. Media Abadi.

Yahya, M. (2018). Era industri 4.0: Tantangan dan peluang perkembangan pendidikan kejuruan Indonesia. *Orasi ilmiah professor bidang ilmu pendidikan universitas Negeri Makassar*.

Yorke, M. and Knight, P.T. (2006). *Embedding employability into the curriculum: Learning & employability series 1*. The Higher Education Academy, York.

<https://www.heacademy.ac.uk/resource/embedding-employability-curriculum>

Young, C. (2012). Unemployment insurance and job search activity: Evidence from random audits. *Manuscript, Stanford University*, 1-30.