

# HUBUNGAN ANTARA RESILIENSI DENGAN *PROBLEM FOCUSED-COPING* PADA PEDAGANG SUNMOR PASCA RELOKASI

**Dhuwiek Ayu Lestari**

Fakultas Psikologi Universitas Mercu Buana Yogyakarta

## ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan antara resiliensi dengan *problem focused coping* pada pedagang sunmor pasca relokasi. Hipotesis dalam penelitian ini adalah terdapat hubungan positif antara resiliensi dengan *problem focused coping* pada pedagang sunmor pasca relokasi. Subyek dalam penelitian ini adalah anggota paguyuban pedagang Sunmor yang memiliki KTA (kartu tanda anggota). Subyek penelitian sebanyak 60 orang. Pengumpulan data dilakukan dengan menggunakan skala resiliensi dan skala *problem focused coping*. Metode analisis data yang digunakan adalah analisis product moment. Berdasarkan hasil analisis, diperoleh koefisien korelasi sebesar ( $r_{xy}$ ) = 0,688 ( $p < 0,01$ ). Hal ini menunjukkan ada hubungan positif yang sangat signifikan antara resiliensi dengan *problem focused coping* pada pedagang Sunmor. Diterimanya hipotesis dalam penelitian ini menunjukkan koefisien determinasi ( $R^2$ ) sebesar 0,473. Hal ini menunjukkan bahwa sumbangan resiliensi terhadap *problem-focused coping* sebesar 47,33% sedangkan 52,67% dipengaruhi oleh faktor lain.

**Kata Kunci:** Resiliensi, *Problem-Focused Coping*, Pedagang

## RELATIONSHIP BETWEEN RESILIENCE AND PROBLEM-FOCUSED COPING IN POST RELOCATION *SUNMOR* TRADERS

Dhuwiek Ayu Lestari  
Faculty of Psychology, University of Mercu Buana Yogyakarta

### ***ABSTRACT***

This study aims to determine the relationship between resilience and problem focused coping on post-relocation *sunmor* traders. The hypothesis in this study is that there is a positive relationship between resilience and problem focused-coping on post-relocation *sunmor* traders. The subjects in this study were *Sunmor* merchant community members who had *KTA* (membership cards). The research subjects were 60 people. Data collection is done by using a scale of resilience and the scale of problem focused coping. The data analysis method used is product moment analysis. Based on the results of the analysis, obtained a correlation coefficient of  $(r_{xy}) = 0.688$  ( $p < 0.01$ ). This shows that there is a very significant positive relationship between resilience and problem focused coping on *Sunmor* traders. Acceptance of the hypothesis in this study shows the coefficient of determination ( $R^2$ ) of 0.473. This shows that the contribution of resilience to problem-focused coping is 47.33% while 52.67% is influenced by other factors.

**Keywords:** *resilience, problem focused-coping, the trader.*