

Abstrak

Penelitian ini bertujuan untuk memahami bagaimana proses penyesuaian diri yang telah dilakukan guru umum yang berperan sebagai guru ABK di SD Inklusi, Kepulauan Riau. Partisipan dalam penelitian ini berjumlah 3 orang dengan karakteristik guru ABK yang tidak berlatar belakang PLB, berperan sebagai guru di SD Inklusi Kundur, Kepulauan Riau, dan mendidik ABK yang berada di sekolah tersebut, pernah mendapat pelatihan khusus tentang ABK, dan memiliki masa bakti minimal 5 tahun. Berdasarkan hasil penelitian, ketiga partisipan menghadapi permasalahan internal maupun eksternal, melakukan usaha penyesuaian diri, memiliki faktor pendukung dan telah mencapai kondisi terbaik menurut mereka sendiri dengan melewati proses yang berbeda.

Kata Kunci: Penyesuaian diri, guru umum, sekolah inklusi, ABK (Anak Berkebutuhan Khusus)

Abstract

The Objective of this research is to understand how a process of self-adjustment who has been undertaken by a general teacher who played a special role for a special need child at Inclusive SD Kundur, Kepulauan Riau. There are three participants in this study who haven't had a background as a teacher with the characteristics of special needs. One of the teachers who educates the children at this school, only ever have a special training and have an experience on it for five years. This research was carried in qualitative phenomenology. Based on the result of the study, all three participants face both internal and external problems. They tried to have the efforts to do the self-adjustment and to fit in with supporting factors and having reached their best by going through different processes.

Keyword : Self-adjustment, General Teacher, Inclusive School, Special Need Child