

## DAFTAR PUSTAKA

- Apriliana, R. (2017). Subjective well-being ibu yang memiliki peran ganda. *Skripsi*. Universitas Muhammadiyah Surakarta.
- Azwar, S. (2001). *Asumsi-asumsi dalam inferensi statistika*. In *Buletin Psikologi*. Yogyakarta: Pustaka Pelajar.
- Azwar, S. (2016a). *Metode penelitian*. Yogyakarta: Pustaka Pelajar.
- Azwar, S. (2016b). *Penyusunan skala psikologi*. Yogyakarta: Pustaka Pelajar.
- Baidun, A., Shaleh, A., Miftahuddin, M., Luzvinda, L., Yustari, D., & Muhtar. (2019). Effect of psychological capital and gratitude on subjective well-being young mother of hijrah communities in Jakarta. *International Conference on Religion and Mental Health*, 1–11. <https://doi.org/10.4108/eai.18-9-2019.2293469>.
- Berlita, D. A. (2014). Hubungan antara sikap syukur dengan kesejahteraan subjektif siswa MAN Yogyakarta 1. *Skripsi*. Yogyakarta: Universitas Negeri Yogyakarta.
- Boniwell, I. (2012). *Positive psychology in a nutshell* (3rd ed.). London: Open University Press. <https://doi.org/10.1177/0022167803259645>.
- Compton, W. C. (2009). *An introduction to positive psychology* (Illustrate). the University of Virginia: Thomson/Wadsworth, 2005.
- Costa, M., & Faria, L. (2017). Parenting and parental involvement in secondary school: Focus groups with adolescents' parents. *Paideia*, 27(67), 28–36. <https://doi.org/10.1590/1982-43272767201704>.
- Czarnocki, J., & Larue, T. (2020). Comfortably numb in the midst of the corona crisis. *European View*. <https://doi.org/10.1177/1781685820919615>.
- Datu, J. A. D. (2014). Forgiveness, gratitude and subjective well-being among Filipino adolescents. *International Journal for the Advancement of Counselling*, 36(3), 262–273. <https://doi.org/10.1007/s10447-013-9205-9>.
- Dewi, J. S. (2013). Perbedaan subjective well-being pada dewasa awal yang sudah menikah dan yang belum menikah. *Skripsi*. Medan: Universitas Medan Area.
- Diener, E, Suh, E. M., Lucas, R. E., & Smith, H. L. (1999). Subjective well-being: three decades of progress. *Psychological Bulletin*, 12(1), 7–12.

[https://doi.org/10.1006/pupt.1998.0157.](https://doi.org/10.1006/pupt.1998.0157)

Diener, Ed., Oishi, S., & Lucas, R. E. (2003). Personality, culture, and subjective well-being: emotional and cognitive evaluations of life. *Annual Review of Psychology*, 54(1), 403–425.  
<https://doi.org/10.1146/annurev.psych.54.101601.145056>.

Diener, Ed., & Ryan, K. (2009). Subjective well-Being: A general overview. *South African Journal of Psychology*, 39(4), 391–406.

Diponegoro, A. M. (2006). Peran stress management terhadap kesejahteraan subjektif. *Humanitas*, 3(2), 137–145.

Dong, L., & Bouey, J. (2020). *Public mental health crisis during COVID-19 pandemic , China* (Vol. 26).

Ellison, C. G. (1991). Religious involvement and subjective well-being. *Journal of Health and Social Behavior*, 32(1), 80–99.

Fatmasari, A. E., & Fatiurochman. (2013). Dinamika kedekatan hubungan orangtua anak: perbedaan kedekatan ayah-ibu dengan anak laki-laki dan anak perempuan tahap remaja akhir pada keluarga Jawa. *Tesis*. Yogyakarta: Universitas Gajah Mada.

Fitzgerald, P. (1998). Gratitude and justice. *Chicago Journals*, 109(1), 119–153.

Fordyce, M. W. (1983). A program to increase happiness: further studies. *Journal of Counseling Psychology*, 30(4), 483–498.

Hadi, S. (2015a). *Metodologi riset*. Yogyakarta: Pustaka Pelajar.

Hadi, S. (2015b). *Statistik*. Yogyakarta: Pustaka Pelajar.

Hartanto, H. (2016). Validitas dan reliabilitas Warwick-Edinburg Mental Well Being Scale. *Counsellia: Jurnal Bimbingan Dan Konseling*, 6(2), 1.  
<https://doi.org/10.25273/counsellia.v6i2.1013>.

Haryanto, H. C., & Kertamuda, F. E. (2016). Syukur sebagai sebuah pemaknaan. *Insight: Jurnal Ilmiah Psikologi*, 18(2), 109–118.  
<https://doi.org/10.26486/psikologi.v18i2.395>.

Herawati, I., & Widiantoro, D. (2020). Perbedaan kebersyukuran pada ibu yang bekerja dan ibu rumah tangga. *Jurnal Psikologi Unsyiah*, 3(1), 65–76.

Herbst, C. M., & Ifcher, J. (2012). *A bundle of joy: does parenting really make us miserable?* (April). <https://doi.org/10.2139/ssrn.1883839>.

- Howell, K. (2019). An exploration of stress, subjective well-being, and gratitude among teachers (Vol. 23). California State University.
- Jans-Beken, L., Lataster, J., Peels, D., Lechner, L., & Jacobs, N. (2018). Gratitude, psychopathology and subjective well-being: results from a 7.5-month prospective general population study. *Journal of Happiness Studies*, 19(6), 1673–1689. <https://doi.org/10.1007/s10902-017-9893-7>.
- KemenKes, R. (2020). Gugus Tugas Percepatan Penanganan COVID-19. Retrieved July 21, 2020, from <https://covid19.go.id/>.
- Kementerian Pendidikan dan Kebudayaan RI. (2020). *Surat Edaran Menteri Pendidikan dan Kebudayaan RINomor 36962/MPK.A/HK/2020*.
- Lambert, N. M., Graham, S. M., & Fincham, F. D. (2009). A prototype analysis of gratitude: Varieties of gratitude experiences. *Personality and Social Psychology Bulletin*, 35(9), 1193–1207. <https://doi.org/10.1177/0146167209338071>.
- Lee, B. S. J., & Ward, K. P. (2020a). *Stress and parenting during The Coronavirus pandemic*.
- Lee, B. S. J., & Ward, K. P. (2020b). *Stress and parenting during The Coronavirus pandemic*. 1–6.
- Listiyandini, R. A. (2015). Fostering positive trait : contribution of parenting style on resilience and gratitude in indonesian adolescents. *International Conference Child and Adolescent Mental Health*, (5-7 November). Jakarta.
- Listiyandini, R. A., Nathania, A., Syahniar, D., Sonia, L., & Nadya, R. (2015). Mengukur rasa syukur: pengembangan model awal Skala Bersyukur versi Indonesia. *Jurnal Psikologi Ulayat*, 2(2), 473–496. <https://doi.org/10.24854/jpu22015-41>
- Lu, H., Stratton, C. W., & Tang, Y. W. (2020). Outbreak of pneumonia of unknown etiology in Wuhan, China: The mystery and the miracle. *Journal of Medical Virology*, 92(4), 401–402. <https://doi.org/10.1002/jmv.25678>
- Lubiewska, K., & Derbis, R. (2016). Relations between parenting stress, attachment, and life satisfaction in mothers of adolescent children. *Polish Journal of Applied Psychology*, 14(2), 87–112. <https://doi.org/10.1515/pjap-2015-0056>
- Lyubomirsky, S., King, L., & Diener, E. (2005). The benefits of frequent positive affect: does happiness lead to success? *Psychological Bulletin*, 131(6), 803–855. <https://doi.org/10.1037/0033-2909.131.6.803>

- Magyar-Moe, J. . (2009). *Therapist's guide to positive psychological interventions*. Elsevier Academic Press.
- Mahardhika, N. F., & Halimah, L. (2017). Hubungan gratitude dan subjective well-being odapun wanita dewasa awal di Syamsi Dhuha Foundation Bandung. *Psypathic : Jurnal Ilmiah Psikologi*, 4(1), 91–114. <https://doi.org/10.15575/psy.v4i1.1278>
- McCullough, M. E., Emmons, R. A., & Tsang, J. (2002). The grateful disposition : a conceptual and empirical topography. *Journal of Personality and Social Psychology*, 82(1), 112–127. <https://doi.org/10.1037/0022-3514.82.1.112>
- McCullough, M. E., Tsang, J. A., & Emmons, R. A. (2004). Gratitude in intermediate affective terrain: links of grateful moods to individual differences and daily emotional experience. *Journal of Personality and Social Psychology*, 86(2), 295–309. <https://doi.org/10.1037/0022-3514.86.2.295>
- Mills, C. (2015). The psychiatrization of poverty: rethinking the mental health-poverty nexus. *Social and Personality Psychology Compass*, 9(5), 213–222.
- Murisal, & Hasanah, T. (2017). Hubungan bersyukur dengan kesejahteraan subjektif pada orangtua yang memiliki anak tunagrahita di SLB Negeri 2 Kota Padang. *Konseli: Jurnal Bimbingan Dan Konseling (E-Journal)*, 4(2), 81–88.
- Musick, K., Meier, A., & Flood, S. (2014). How parents fare : Mothers' and fathers' subjective well-being in time with children. In *California Center for population Research*.
- Nayana, F. N. (2013). Kefungsian keluarga dan subjective well-being pada remaja. *Jurnal Ilmiah Psikologi Terapan*, 01(02), 230–244.
- Negeri, C. B. (2013). Subjective well-being pada ibu yang memiliki anak tuna rungu. *Jurnail Ilmiah Mahasiswa Universitas Surabaya*, 2(2), 1–16.
- Ngamaba, K. H., Panagioti, M., & Armitage, C. J. (2017). How strongly related are health status and subjective well-being? Systematic review and meta-analysis. *European Journal of Public Health*, 27(5), 879–885. <https://doi.org/10.1093/eurpub/ckx081>
- Nurudin, M., Mara, M. N., & Kusnandar, D. (2014). Ukuran sampel dan distribusi sampling dari beberapa variabel random kontinu. *Buletin Ilmiah*, 03(1), 1–6.
- Nuryanto. (2013). *Meraih Tambahan Nikmat Dengan Bersyukur*. Surabaya: Quntum Media.

- Pontin, E., Schwannauer, M., Tai, S., & Kinderman, P. (2013). A UK validation of a general measure of subjective well-being: The modified BBC subjective well-being scale (BBC-SWB). *Health and Quality of Life Outcomes*, 11(1), 1–9. <https://doi.org/10.1186/1477-7525-11-150>
- Pramitasari, A. (2016). Hubungan kebersyukuran dengan kesejahteraan subjektif pada guru SMA Negeri 1 Sewon. *Skripsi*. Yogyakarta: Universitas Islam Negeri Sunan Kalijaga.
- Purwanto, A., Pramono, R., Asbari, M., Santoso, P. B., Wijayanti, L. M., Hyun, C. hi, & Putri, R. S. (2020). Studi eksploratif dampak pandemi COVID-19 terhadap proses pembelajaran online di sekolah dasar. *Journal of Education, Psychology, and Counseling*, 1(April), 1–12.
- Ratnayanti, Lisiau, T., & Wahyuningrum, E. (2016). Hubungan antara gratitude dengan psychological well-being ibu yang memiliki anak tunagrahita di SLB Negeri Salatiga. *Satya Widya*, 32(2), 57. <https://doi.org/10.24246/j.sw.2016.v32.i2.p57-64>
- Richardson, H. (2020). Coronavirus: The impossibility of home schooling a nation. Retrieved April 8, 2020, from BBC website: <https://www.bbc.com/news/education-52151411>
- Rohma, N. H. (2013). Hubungan antara kepuasan hidup remaja dengan bersyukur pada siswa SMAIT Abu Bakar Boarding School Yogyakarta. *Skripsi*. Yogyakarta: Universitas Ahmad Dahlan. <https://doi.org/10.1017/CBO9781107415324.004>.
- Rumaningsih, M. (2014). Pengaruh faktor organisasional pada stres kerja pegawai dengan gender sebagai variabel pemoderasi. *Mrijrahayu WIDAYA GANESWARA*, 24(1), 33–44.
- Seligman, M. E., & Csikszentmihalyi, M. (2000). Positive psychology. An introduction. *American Psychologist*, 55(1), 5–14. <https://doi.org/10.1037/0003-066X.55.1.5>
- Shenaar-golan, V. (2016). The subjective well-being of parents of children with developmental disabilities: the role of hope as predictor and fosterer of well-being. *Journal of Social Work in Disability & Rehabilitation*, 15(2), 77–95. <https://doi.org/10.1080/1536710X.2016.1162119>
- Skreden, M., Skari, H., Malt, U. F., & Pripp, A. H. (2012). Parenting stress and emotional wellbeing in mothers and fathers of preschool children. *Scandinavian Journal of Public Health*, 40(1), 596-604. <https://doi.org/10.1177/1403494812460347>.

- Stuart, J., & Ward, C. (2018). The relationships between religiosity, stress, and mental health for Muslim immigrant youth. *Mental Health, Religion and Culture*, 21(3), 246–261. <https://doi.org/10.1080/13674676.2018.1462781>
- Sugiyono. (2016). *Metode penelitian kuantitatif, kualitatif dan R&D*. Bandung: PT Alfabet.
- Tanti, I. N., & Prahara, S. A. (2019). Hubungan antara kebersyukuran dengan work engagement pada guru honorer di Yogyakarta. *Skripsi*. Universitas Mercu Buana Yogyakarta; Vol. 1). <https://doi.org/10.1017/CBO9781107415324.004>
- Tay, L., & Diener, E. (2011). Needs and subjective well-being around the world. *Journal of Personality and Social Psychology*, 101(2), 354–365. <https://doi.org/10.1037/a0023779>
- Thienemann, F., Pinto, F., Grobbee, D. E., Boehm, M., Bazargani, N., Ge, J., & Sliwa, K. (2020). World heart federation briefing on prevention: Coronavirus Disease 2019 (COVID-19) in low-income countries. In *Global Heart* (Vol. 15). <https://doi.org/10.5334/gh.778>
- Tian, L., Pi, L., Huebner, E. S., & Du, M. (2016). Gratitude and adolescents' subjective well-being in school: the multiple mediating roles of basic psychological needs satisfaction at school. *Frontiers in Psychology*, 7(1409), 1–8. <https://doi.org/10.3389/fpsyg.2016.01409>
- Timmons, L. N. (2012). The effectiveness of a gratitude intervention at improving well-being for parents of children with autism spectrum disorder. *Journal of Chemical Information and Modeling*, 53(9), 1–40. <https://doi.org/10.1017/CBO9781107415324.004>
- Toussaint, L., & Friedman, P. (2009). Forgiveness, gratitude, and well-being: The mediating role of affect and beliefs. *Journal of Happiness Studies*, 10(6), 635–654. <https://doi.org/10.1007/s10902-008-9111-8>
- Tov, W., & Diener, E. (2013). Subjective well-being. In *Cross-Cultural Psychology*, 1–8.
- Tsuraya, F. H. (2017). Hubungan antara resiliensi dengan subjective well-being pada remaja panti asuhan di Kabupaten Banyumas. *Skripsi*. Purwokerto: Universitas Muhammadiyah Purwokerto. <http://www.albayan.ae>.
- Ulfasari, R. (2018). Hubungan antara kebersyukuran dan kebahagiaan pada ibu yang memiliki anak berkebutuhan khusus. *Skripsi*. Yogyakarta: Universitas Islam indonesia. <https://doi.org/10.1051/matecconf/201712107005>.

Utami, M. S. (2015). Keterlibatan dalam kegiatan dan kesejahteraan subjektif mahasiswa. *Jurnal Psikologi*, 36(2), 144–163. <https://doi.org/10.22146/jpsi.7892>

Utami, P. T. (2013). Pengaruh kebersyukuran terhadap subjective well being orang tua anak berkebutuan khusus disekolah luar biasa yayasan kesejahteraan usaha tama (SLB YAKUT) Purwokerto. *Skripsi*. Purwokerto: Universitas Muhammadiyah Purwokerto.

Watkins, P. C., Woodward, K., Stone, T., & Kolts, R. L. (2003). Gratitude and happiness: development of a measure of gratitude, and relationships with subjective well-being. *Social Behavior and Personality*, 31(5), 431–452. <https://doi.org/10.2224/sbp.2003.31.5.431>

WHO. (2020). WHO Coronavirus Disease (COVID-19) Dashboard. Diakses tanggal 10 Agustus 2020, dari <https://covid19.who.int/>.

Wibisono, M. (2017). Hubungan antara kebersyukuran dan kesejahteraan subjektif pada mahasiswa. *Skripsi*. Yogyakarta: Universitas Islam Indonesia.

Wijayanti, D. (2015). Subjective well-being dan penerimaan diri ibu yang memiliki anak down syndrome. *E-Journal Psikologi*, 4(1), 120–130.