

DAFTAR PUSTAKA

- Azwar, S. (2022). *Penyusunan skala psikologi* (3rd ed.). Yogyakarta: Pustaka Pelajar
- Bahrodin, A. (2024). Hubungan antara peer support dan academic bouyancy dengan self regulated learning sebagai mediator pada mahasiswa rantau. *Risâlah Jurnal Pendidikan dan Studi Islam*, 10(1), 39–48. https://doi.org/10.31943/jurnal_risalah.v10i1.1000.
- Bahrodin, A., Muslih, I., & Andreastya, V. H. (2023). Kategorisasi academic buoyancy untuk menghadapi everyday hassles pada mahasiswa rantau. *Prosiding Seminar Nasional Sains, Teknologi, Ekonomi, Pendidikan dan Keagamaan (SAINSTEKNOPAK)*, 7, 64–70.
- Bakhshae, F., Hejazi, E., Dortaj, F., & Farzad, V. (2016). The modeling of school climate perception and positive youth development with academic buoyancy. *Journal of Current Research in Science*, 1, 1–7.
- Beach, P. T., Anderson, R. C., Jacovidis, J. N., & Chadwick, K. L. (2020). Making the abstract explicit: The role of metacognition in teaching and learning. *Inflexion, Policity Paper: Metacognition in Education*, 8–27.
- Bostwick, K. C. P., Martin, A. J., Collie, R. J., Burns, E. C., Hare, N., Cox, S., Flesken, A., & McCarthy, I. (2022). Academic buoyancy in high school: A cross-lagged multilevel modeling approach exploring reciprocal effects with perceived school support, motivation, and engagement. *Journal of Educational Psychology*, 114(8), 1931-1949. <https://doi.org/10.1037/edu0000753>.
- Caporale-Berkowitz, N. A. (2020). Let's teach peer support skills to all college students: Here's how and why. *Journal of American College Health*, 70(7), 1-5. <https://doi.org/10.1080/07448481.2020.1841775>.
- Chaplin, L. N. & John, D. R. (2010). Interpersonal influences on adolescent materialism: A new look at the role of parents and peers. *Journal of Consumer Psychology*, 20(2), 176-184. <https://doi.org/10.1016/j.jcps.2010.02.002>.
- Collie, R. J., Martin, A. J., Bottrell, D., Armstrong, D., Ungar, M., & Liebenberg, L. (2017). Social support, academic adversity and academic buoyancy: A person-centred analysis and implications for academic outcomes. *Educational Psychology*, 37(5), 550–564. <https://doi.org/10.1080/01443410.2015.1127330>
- Daldiyono. (2013). *How to be a real & successful student*. Jakarta: Gramedia Pustaka Utama.

- Faisal, R. G. & Namir, S. K. (2022). Academic buoyancy for postgraduate students. *International Journal of Early Childhood Special Education*, 14(2), 7189-7202. <https://doi.org/10.9756/INT-JECSE/V14I2.832>.
- Golde, C. M. (2005). The Role of the Department and Discipline in Doctoral Student Socialization: A Case Study of Duke University. *The Journal of Higher Education*, 76(6), 640–664.
- Hasanah, U. (2024). *Hubungan dukungan sosial keluarga dengan buoyancy akademik pada siswa SMK* (Skripsi Sarjana, Universitas Mercu Buana Yogyakarta).
- Hulukati, W., & Djibran, M. R. (2018). Analisis tugas perkembangan mahasiswa fakultas ilmu pendidikan universitas negeri gorontalo. *Jurnal bikotetik (bimbingan dan konseling: teori dan praktik)*, 2(1), 73-80. <https://doi.org/10.26740/bikotetik.v2n1.p73-80>.
- Jahedizadeh, S., Ghonsooly, B., & Ghanizadeh, A. (2019). Academic buoyancy in higher education: Developing sustainability in language learning through encouraging buoyant EFL students. *Journal of Applied Research in Higher Education*, 11(2), 162–177. <https://doi.org/10.1108/JARHE-04-2018-0067>.
- Jalal, N. M. (2024). Peran peer support terhadap academic buoyancy siswa. *Jurnal Kolaboratif Sains*, 7(6), 2053–2062.
- Jia, Y., & Cheng, L. (2022). The role of academic buoyancy and social support on English as a foreign language learners' motivation in higher education. *Frontiers in Psychology*, 13, 892603. <https://doi.org/10.3389/fpsyg.2022.892603>.
- Lesmana, J., & Savitri, J. (2019). Tipe student academic support dan academic buoyancy pada mahasiswa. *Humanitas (Jurnal Psikologi)*, 3(3), 179–200. <https://doi.org/10.28932/humanitas.v3i3.2266>.
- Li, D., Ahmad, N. A., & Roslan, S. (2025). Perceived social support from parents, teachers, and friends as predictors of test anxiety in Chinese final-year highschool students: The mediating role of academic buoyancy. *Behavioral Sciences*, 15(4), 1-12. <https://doi.org/10.3390/bs15040449>.
- Li, X., Duan, S., & Liu, H. (2023). Unveiling the predictive effect of students' perceived EFL teacher support on academic achievement: The mediating role of academic buoyancy. *Sustainability*, 15(13), 1-12. <https://doi.org/10.3390/su151310205>.

- Lovitts, B. E. (2001). *Leaving the ivory tower: The causes and consequences of departure from doctoral study*. London: Bloomsbury Publishing PLC.
- Martin, A. J., Colmar, S. H., Davey, L. A., & Marsh, H. W. (2010). Longitudinal modelling of academic buoyancy and motivation: Do the 5Cs hold up over time? *British journal of educational psychology*, 80(3), 473–496. <https://doi.org/10.1348/000709910X486376>.
- Martin, A. J., & Marsh, H. W. (2008). Academic buoyancy: Towards an understanding of students' everyday academic resilience. *Journal of school psychology*, 46(1), 53–83. <https://doi.org/10.1016/j.jsp.2007.01.002>.
- Martin, A. J., & Marsh, H. W. (2020). Investigating the reciprocal relations between academic buoyancy and academic adversity: Evidence for the protective role of academic buoyancy in reducing academic adversity over time. *International Journal of Behavioral Development*, 44(4), 301–312. <https://doi.org/10.1177/0165025419885027>.
- Mazer, J. P., & Thompson, B. (2011). Student academic support: A validity test. *Communication Research Reports*, 28(3), 214–224. <https://doi.org/10.1080/08824096.2011.586074>.
- Mead, S., Hilton, D., & Curtis, L. (2001). Peer support: a theoretical perspective. *Psychiatric Rehabilitation Journal*, 25(2), 134. <https://doi.org/10.1037/h0095032>.
- Merdiasi, D. (2022). Perencanaan karier pada mahasiswa program studi psikologi kristen IAKN Palangka Raya. *Jurnal Pendidikan Dan Konseling (JPDK)*, 4(5), 1613–1619.
- Monica, R., Abidin, Z., Lubis, F. Y., & Novita, S. (2025). Dukungan Sosial pada Mahasiswa Magister Psikologi yang Merantau: Studi Kasus. *Psyche 165 Journal*, 18(2), 115–122. <https://doi.org/10.35134/jpsy165.v18i2.528>.
- Pan, X. & Yuan Z. (2023). Examining the association between peer support and English enjoyment in Chinese university students: the mediating role of regulatory emotional self-efficacy. *Frontiers Psychology*, 14, 1-9. <https://doi.org/10.3389/fpsyg.2023.1278899>.
- Panjwani, D. R. & Aqil, Z. (2020). Academic buoyancy scale (ABS): A factor analytical study. *Journal of Information and Computational Science*, 10(1), 772-780.
- Papalia, D. E., Olds, S. W., & Feldman, R. D. (2009). *Human development* (11th ed.). New York: McGraw-Hill.

- Papilaya, J. O., & Huliselan, N. (2016). Identifikasi gaya belajar mahasiswa. *Jurnal Psikologi Undip*, 15(1), 56–63.
- Primadhani, R. V. K. (2022). *Hubungan antara dukungan sosial teman sebaya dengan subjective well-being pada mahasiswa skripsi fakultas psikologi universitas diponegoro di semarang*. (Skripsi Sarjana, Universitas Diponegoro). Undip Repository. https://eprints2.undip.ac.id/9815/1/RA%20Virandra%20Kirana%20Primadhani_Kompilasi%20Lengkap%20Skripsi.pdf.
- Putwain, D. W., Gallard, D., & Beaumont, J. (2020). Academic buoyancy protects achievement against minor academic adversities. *Learning and Individual Differences*, 83-84, 1-8. <https://doi.org/10.1016/j.lindif.2020.101936>.
- Putwain, D. W., Jansen in de Wal, J., & van Alphen, T. (2023). Academic buoyancy: Overcoming test anxiety and setbacks. *Journal of Intelligence*, 11(3), 42. <https://doi.org/10.3390/jintelligence11030042>.
- Rahayu, D., Syaf, A., & Nasution, I. N. (2024). School well being dengan academic buoyancy pada mahasiswa bekerja di Pekanbaru. *AL-MURABBI: Jurnal Studi Kependidikan dan Keislaman*, 11(1), 48–57. <https://doi.org/10.53627/jam.v11i1.5673>.
- Republik Indonesia. (2003). *Undang-Undang Nomor 20 Tahun 2003 tentang Sistem Pendidikan Nasional*. Lembaran Negara RI Tahun 2003 Nomor 78, Tambahan Lembaran RI Nomor 4301. Jakarta: Sekretariat Negara.
- Santrock, J. W. (2011). *Life-Span Development* (13th ed.). New York: McGrawHill
- Santrock, J. W. (2016). *Adolescence* (16th ed.). New York: McGraw-Hill Education.
- Sarafino, E. P., & Smith, T. W. (2011). *Health psychology: Biopsychosocial interactions* (7th ed.). New Jersey: John Wiley & Sons, Inc.
- Sihotang, A. F., & Nugraha, S. P. (2021). Academic buoyancy for new students during the Covid-19 pandemic: Academic buoyancy mahasiswa baru pada masa pandemi Covid-19. *Proceeding of Inter-Islamic University Conference on Psychology*, 1(1). <https://doi.org/10.21070/iiucp.v1i1.594>.
- Sintia, M. (2025). *Pengaruh growth mindset dan peer support terhadap academic buoyancy pada mahasiswa yang berkuliah sambil kerja dengan self regulated learning sebagai mediator*. Tesis, Universitas Islam Negeri Syarif Hidayatullah Jakarta.

- Solomon, P. (2004). Peer support/peer provided services underlying processes, benefits, and critical ingredients. *Psychiatric Rehabilitation Journal*, 27(4), 392-401.
- Sugiyono. (2007). *Statistika untuk penelitian*. Bandung: Alfabeta.
- Suharsono, Y., & Fatimah, S. (2024). Growth Mindset in Higher Education: Exploring Academic Buoyancy's Mediating Effect on Students' Academic Engagement and Psychological Well-being. *KnE Social Sciences*, 9(5), 375–390. <https://doi.org/10.18502/kss.v9i5.15189>.
- Suputra, I. G. D., & Susilawati, L. K. P. A. (2019). Peran efikasi diri dan kecemasan akademis terhadap self-regulated learning pada mahasiswa Program Studi Sarjana Psikologi Fakultas Kedokteran Universitas Udayana. *Jurnal Psikologi Udayana*, 6(3), 1293-1302.
- Tilaar, H. A. R. (1998). *Beberapa agenda reformasi pendidikan nasional dalam perspektif abad 21*. Magelang: Tera Indonesia.
- Yun, S., Hiver, P., & Al-Hoorie, A. H. (2018). Academic buoyancy: Exploring learners'everyday resilience in the language classroom. *Studies in Second Language Acquisition*, 40(4), 805–830. <https://doi.org/10.1017/S0272263118000037>.