

DAFTAR PUSTAKA

- Afifi, T. D., Merrill, A. F., & Davis, S. (2020). The influence of parent–child communication on youth adjustment to parental divorce. *Journal of Family Communication*, 20(1), 1–16. <https://doi.org/10.1080/15267431.2019.1703854>
- Amato, P. R. (2021). Children of divorce: What we know and what we need to know. *Family Relations*, 70(2), 178–196. <https://doi.org/10.1111/fare.12510>
- American Psychological Association. (2020). *Parenting after divorce*. Diakses dari <https://www.apa.org/helpcenter/parenting-divorce>
- Arslan, G. (2023). Psychological Well-Being and Mental Health in Youth: Technical Adequacy of the Comprehensive Inventory of Thriving. *Children*, 10(7), 1269. <https://doi.org/10.3390/children10071269>
- Badan Pusat Statistik. (2024). *Nikah dan cerai menurut provinsi (kejadian), 2024*. Diakses dari <https://www.bps.go.id/id/statistics-table/3/VkhwVUszTXJPVmQ2ZFRKamNIZG9RMVo2VEdsbVVUMDkJMw%3D%3D/nikah-dan-cerai-menurut-provinsi.html>
- Bakhtiar, Y. (2020). Studi tentang penyebab perceraian di masa pandemi COVID-19 di Pengadilan Agama Siak. *Jurnal Legitimasi*, 9(2), 250–261. <https://jurnal.ar-raniry.ac.id/index.php/legitimasi/article/view/8516>
- Bertrand, M., Kamenica, E., & Pan, J. (2022). Gender identity and relative income within households. *Quarterly Journal of Economics*, 137(1), 267–310. <https://doi.org/10.1093/qje/qjab021>
- BMC Pediatrics. (2021). Divorce and adolescent development: A comparative study of psychological adjustment. *BMC Pediatrics*, 21, 398. <https://doi.org/10.1186/s12887-021-02881-2>
- Brincks, A. M., Feaster, D. J., Prado, G., & Schwartz, S. J. (2021). Parental warmth as a buffer of the effects of parental divorce on adolescents. *Child and Adolescent Mental Health*, 26(3), 210–218. <https://doi.org/10.1111/camh.12414>
- Bronstein, I., & Montgomery, P. (2020). Psychological support in community settings: Protective effects for vulnerable youth. *Child Abuse & Neglect*, 101, 104357. <https://doi.org/10.1016/j.chiabu.2019.104357>

- Chu, P. S., Saucier, D. A., & Hafner, E. (2021). Meta-analysis of the relationships between social support and well-being in children and adolescents. *Journal of Social and Clinical Psychology*, 40(4), 319–353. <https://doi.org/10.1521/jscp.2021.40.4.319>
- Doyle, C., & Cicchetti, D. (2019). Future orientation, peer relationships, and depression in adolescents from divorced families. *Development and Psychopathology*, 31(5), 1853–1867. <https://doi.org/10.1017/S0954579419001082>
- Dush, C. M. K., & Amato, P. R. (2019). Consequences of divorce for children's well-being. *Annual Review of Sociology*, 45, 371–395. <https://doi.org/10.1146/annurev-soc-073018-022707>
- Estrada-Martínez, L. M., Caldwell, C. H., Bauermeister, J. A., & Zimmerman, M. A. (2021). The role of social support systems in adolescent mental health. *Journal of Community Psychology*, 49(2), 324–338. <https://doi.org/10.1002/jcop.22436>
- Fitri, R., & Syaifullah, M. (2022). Dampak perceraian terhadap kesejahteraan psikologis remaja. *Jurnal Psikologi Indonesia*, 19(2), 123–135.
- Frontiers in Psychology. (2020). Self-organization and psychological well-being in adolescents: A cross-sectional study. *Frontiers in Psychology*, 11, 1125. <https://doi.org/10.3389/fpsyg.2020.01125>
- Garcia-Ceja, E., Osmani, V., & Mayora, O. (2023). Psychological well-being in digital learning environments: A cross-cultural perspective. *Journal of Educational Psychology and Mental Health*, 15(2), 102–117.
- GoodStats. (2024). *Kasus perceraian Indonesia turun pada tahun 2023*. Diakses dari <https://data.goodstats.id/statistic/kasus-perceraian-indonesia-turun-pada-tahun-2023-DScNzDataboks>
- Hafni, L. (2020). Dukungan sosial terhadap penerimaan diri pada remaja korban perceraian orang tua. *Jurnal Psikologi Insight*, 2(1), 45–53. <https://doi.org/10.32528/insight.v2i1.2443>
- Hetherington, E. M., & Kelly, J. (2002). *For better or for worse: Divorce reconsidered*. New York: W. W. Norton & Company.
- Hoosen, P., Savahl, S., Adams, S., & Casas, F. (2024). A systematic review of children's psychological well-being from a eudaimonic perspective: A narrative synthesis. *Child Indicators Research*, 17, 2577–2597. <https://doi.org/10.1007/s12187-024-10174-x>

- Hurlock, E. B. (2011). *Psikologi perkembangan: Suatu pendekatan sepanjang rentang kehidupan* (edisi ke-5). Jakarta: Erlangga.
- Ismail, A., & Nurhayati, S. (2023). Hubungan antara dukungan keluarga dan kesejahteraan psikologis remaja dalam keluarga disfungsi. *Jurnal Psikologi Klinis dan Kesehatan Mental*, 9(1), 45–56.
- Januari, N. (2023). *Psikologi keluarga: Problematika pernikahan dan dampak perceraian*. Yogyakarta: Deepublish.
- Karhina, K., Bøe, T., Hysing, M., Nilsen, S. A., et al. (2023). Parental separation, negative life events and mental health problems in adolescence. *BMC Public Health*, 23, 2364. <https://doi.org/10.1186/s12889-023-17307-x>
- Lee, H., & Choi, S. (2022). Mindfulness, gratitude, and psychological well-being among South Korean college students. *Asian Journal of Mental Health*, 11(3), 211–224.
- Lestari, P. D., & Mulyani, R. (2021). Peran religiusitas dan penerimaan diri terhadap kesejahteraan psikologis mahasiswa selama pandemi COVID-19. *Jurnal Psikologi Islam*, 8(2), 123–137.
- Luthar, S. S., & Eisenberg, N. (2021). Resilience and vulnerability in adolescence: Adaptation in the context of childhood adversities. *Annual Review of Psychology*, 72, 345–370. <https://doi.org/10.1146/annurev-psych-070620-122709>
- Melendro, M., Martínez, I., & Navarro, D. (2020). Environmental mastery and adolescent well-being: Mediation by autonomy. *Journal of Youth Studies*, 23(9), 1124–1139. <https://doi.org/10.1080/13676261.2019.1650997>
- Misfala, A., et al. (2023). Konflik keluarga dan perkembangan emosional remaja pasca-perceraian. *Jurnal Ilmu Sosial dan Humaniora*, 10(1), 45–58.
- Nurhalisa, N. (2021). *Perceraian dan dinamika keluarga di era modern*. Bandung: Alfabeta.
- Oshri, A., Kogan, S. M., & Liu, S. (2021). Resilience in adolescents facing family stress: A longitudinal analysis. *Developmental Psychology*, 57(5), 789–800. <https://doi.org/10.1037/dev0001179>
- Peraturan Pemerintah Republik Indonesia Nomor 9 Tahun 1975 tentang Pelaksanaan Undang-Undang Nomor 1 Tahun 1974.
- Puspitasari, P. (2020). Pengaruh kelekatan terhadap kesejahteraan psikologis yang dimediasi oleh resiliensi pada remaja dengan orang tua bercerai di Kota

Bandung. *Jurnal Psikologi TALENTA*, 6(1).
<https://doi.org/10.26858/talenta.v6i1.13100>

Radar Jogja. (2024). *Angka perceraian di Purworejo turun, 1.186 kasus di 2024*. Diakses dari <https://radarjogja.jawapos.com/jawa-tengah/655461128/angka-perceraian-di-purworejo-turun-1186-kasus-di-2024-didominasi-gugatan-istri-faktor-ekonomi-jadi-pemicu-utama>

Rahayu, I. (2023). Komunikasi interpersonal dalam keluarga yang bercerai. *Jurnal Psikologi Keluarga*, 12(1), 45–56.

Ryff, C. D. (1989). Happiness is everything, or is it? Explorations on the meaning of psychological well-being. *Journal of Personality and Social Psychology*, 57(6), 1069–1081. <https://doi.org/10.1037/0022-3514.57.6.1069>

Ryff, C. D., & Keyes, C. L. M. (1995). The structure of psychological well-being revisited. *Journal of Personality and Social Psychology*, 69(4), 719–727. <https://doi.org/10.1037/0022-3514.69.4.719>

Ryff, C. D., & Singer, B. H. (2014). Know thyself and become what you are: A eudaimonic approach to psychological well-being. *Journal of Happiness Studies*, 9(1), 13–39. <https://doi.org/10.1007/s10902-006-9019-0>

Schaan, V. K., & Vögele, C. (2021). Financial hardship and adolescent mental health: A review of the evidence. *Child and Adolescent Psychiatry and Mental Health*, 15(1), 14. <https://doi.org/10.1186/s13034-021-00366-7>

Soekanto, S. (2022). *Sosiologi keluarga: Peran keluarga dalam pembentukan kepribadian anak*. Jakarta: Rajawali Pers.

Springer, K. W. (2024). Parental divorce and the autonomy development of adolescents: A longitudinal perspective. *Journal of Adolescent Research*, 39(2), 221–240. <https://doi.org/10.1177/0743558423119982>

Steger, M. F., & Shin, J. Y. (2021). The role of meaning in life in promoting psychological well-being across cultures. *International Journal of Wellbeing*, 11(1), 45–61.

Syaifuddin, M., Turatmiyah, S., & Yahanan, A. (2014). *Hukum perceraian di Indonesia: Studi komparatif hukum Islam, adat, dan hukum nasional*. Jakarta: Kencana.

Undang-Undang Republik Indonesia Nomor 1 Tahun 1974 tentang Perkawinan.

- Universitas Muhammadiyah Purwokerto (UMP). (2021). Pengaruh kondisi keluarga terhadap psychological well-being remaja pasca perceraian. *Jurnal Psikologi Kesejahteraan*, 7(1), 60–72.
- Werdyaningrum, P. (2020). Psychological well-being pada remaja yang orang tua bercerai dan yang tidak bercerai (utuh). *Cognicia*, 1(2). <https://doi.org/10.22219/cognicia.v1i2.1654>
- Wiley Education Research. (2024). Interpersonal adjustment in post-divorce adolescents: The role of family support. *Wiley Education & Development*, 15(3), 199–212. <https://doi.org/10.1002/edu.4321>
- Wulandari, S., & Sahabudin, R. (2022). Kesejahteraan psikologis remaja dalam konteks sosial dan spiritual di Indonesia. *Jurnal Psikologi Humanis*, 10(3), 87–99.
- Yousefi Afrashteh, M., & Hasani, F. (2022). Mindfulness and psychological well-being in adolescents: The mediating role of self-compassion, emotional dysregulation and cognitive flexibility. *Borderline Personality Disorder and Emotion Dysregulation*, 9, Article 22. <https://doi.org/10.1186/s40479-022-00192-y>
- Zemp, M., Johnson, M. D., & Bodenmann, G. (2020). Emotional support and adolescent adjustment in divorced families. *Journal of Family Psychology*, 34(1), 123–132. <https://doi.org/10.1037/fam0000567>
- Zhou, X., Zhang, Y., & Chen, Y. (2020). Resilience and psychological well-being among adolescents: The mediating role of self-esteem. *Journal of Adolescence*, 80, 35–45. <https://doi.org/10.1016/j.adolescence.2020.01.001>