

DAFTAR PUSTAKA

- Abo Habieb, E. E., & Elwkeel, N. S. (2020). Influence of Perceived Organizational Support, Work Life Balance on Staff Nurses' Workflow at Main Mansoura University Hospital. *Assiut Scientific Nursing Journal*, 8(23), 10-19.
- Afsari, A. Z. (2023). Pengaruh Family Support terhadap Work Life Balance pada Perawat di Rumah Sakit X. *Bandung Conference Series: Psychology Science*, 3(1), 260–266.
- Allen, M. W., & Brady, R. M. (1997). Total quality management, organizational commitment, perceived organizational support, and intraorganizational communication. *Management Communication Quarterly*, 10(3), 316–341. <https://doi.org/10.1177/0893318997010003003>
- Amin, A., Jusriadi, E., Nurbaya, S., & Rusydi, M. (2023). Pengaruh Dukungan Keluarga Dukungan Organisasi Terhadap Kinerja Karyawan yang Dimediasi Budaya Kerja. *Jurnal Manajemen STIE Muhammadiyah Palopo*, 9(1), 21–35.
- Aulia, A., Sutanto, A., & Hidayat, A. C. (2019). Determinants of work engagement for TNI-AD (Indonesian Armed Forces-Army) personnel [Determinan keterikatan kerja personel Tentara Nasional Indonesia-Angkatan Darat (TNI-AD)]. *ANIMA Indonesian Psychological Journal*, 35(1).
- Azwar, S. (2017). *Metode Penelitian Psikologi (Edisi ke2)*. Yogyakarta: Pustaka Pelajar.
- Azwar, S. (2021). *Penyusunan Skala Psikologi (Edisi ke-3)*. Yogyakarta: Pustaka Pelajar.
- Beauregard, T. A. (2014). Fairness perceptions of work– life balance initiatives: Effects on counterproductive work behaviour. *British Journal of Management*, 25(4), 772-789.
- Bulger, C. A., & Fisher, G. G. (2012). Ethical imperatives of work/life balance. In N. P. Reilly, M. J. Sirgy, & C. A. Gorman (Eds.), *Work and quality of life* (pp. 181–202). Springer.
- Christin, L., Destiana, N. S., Sari, D. P., & Anggiani, S. (2022). Pengaruh Keseimbangan Kehidupan Kerja terhadap Kinerja Wanita Karir yang Dimediasi Kelelahan Kerja dan Dimoderasi Dukungan Organisasi dan Dukungan Keluarga. *Business Management Journal*, 18(1), 75–84.
- Cookey, S. N. (2025). Chapter twelve: Work-life balance. In *Preventive cardiology manual: A guide to daily living* (pp. 120–125). Masteries Publishers.

Daftar Pustaka Skripsi 2025

- Delecta, P. (2011). Work life balance. *International Journal of Current Research*, 3(4), 186–190
- Dharmani, A., Fauzi, M., & Ratnasahara Elisabeth, D. (2022). Pengaruh persepsi dukungan organisasi dan komunikasi organisasi terhadap loyalitas karyawan melalui kepuasan kerja. *Jurnal Kompetensi Social Science*, 1(1), 58–70.
- Dubey, A., & Riasudeen, S. (2021). Does Work-Life Balance Mediate the Relationship of Perceived Organizational Support and Job Satisfaction for Healthcare Workers? A Study on Female Nurses in India. A study on female nurses in India. *NMIMS Manag Rev*, 29, 96-113.
- Fadhillah, V. A., & Halida, A. N. (2024). Kajian literatur: Dampak work life balance terhadap kinerja perawat. *Jurnal Pendidikan Tambusai*, 8(2), 27054–27063.
- Fisher gg, bulger ca, smith cs. Beyond work and family: a measure of work/nonwork interference and enhancement. *J occup health psychol*. 2009;14(4):441.
- Fitri, D. J. D., & Deviastri, L. (2024). Influence of WorkLife Balance and Compensation on Employee Performance with Job Satisfaction as a Mediator: an Islamic Perspective. *Human Capital and Organizations*, 1(2), 88–100.
- Fitria, Y. (2019). Identifikasi peran perceived organizational support terhadap keseimbangan hidup–kerja. *Managemant Insight: Jurnal Ilmiah Manajemen*, 12(1), 58-67.
- Fitria, Y., & Linda, M. R. (2019, May). Perceived organizational support and work life balance on employee turnover intention. In 1st International Conference on Economics, Business, Entrepreneurship, and Finance (ICEBEF 2018) (pp. 503-506). Atlantis Press.
- Gunawan, G., Nugraha, Y., Sulastiana, M., & Harding, D. (2019). Reliabilitas dan validitas konstruk work life balance di Indonesia. *Jurnal Penelitian dan Pengukuran Psikologi: JPPP*, 8(2), 88-94.
- Hadi, S. (2015). *Metodologi riset (Cetakan 1)*. Pustaka Pelajar.
- Hammer, L. B., Kossek, E. E., Yragui, N. L., Bodner, T. E., & Hanson, G. C. (2009). Development and Validation of a Multidimensional Measure of Family Supportive Supervisor Behaviors (FSSB). *Journal of Management*, 35(4), 837–856. doi: 10.1177/0149206308328510

- Hassan, A., Donianto, C., Kiolol, T., & Abdullah, T. (2022). Pengaruh Talent Management Dan Work Life Balance Terhadap Retensi Karyawan Dengan Mediasi Dukungan Organisasi. *Modus*, 34(2), 158–183.
- Hill, E. J., Hawkins, A. J., Ferris, M., & Weitzman, M. (2001). Finding an extra day a week: The positive influence of perceived job flexibility on work and family life balance. *Family Relations*, 50(1), 49–58.
- Hudson. (2005). The case for work/life balanced: closing the gap between policy and practice. In Hudson Highland Group, Inc (Issue November)
- Kalliath, T., & Brough, P. (2008). Worklife balance: A review of the meaning of the balance construct. *Journal of Management and Organization*, 14(3), 323–327.
- Kalliath, T., & Brough, P. (2008). Work–life balance: A Review of the Meaning of the Balance Construct. *Journal of management & organization*, 14(3), 323-327.
- Kementerian Negara Pendayagunaan Aparatur Negara. (2001). Keputusan Menteri Negara Pendayagunaan Aparatur Negara Nomor 94/Kep/M.PAN/II/2001 tentang Pedoman Jabatan Fungsional Perawat dan Angka Kreditnya. Jakarta: Kementerian PAN.
- Khoiriyah, D., Sari, E. Y. D., & Widiana, H. S. (2020). Keterikatan kerja perawat: pengaruh dukungan organisasi, work-life balance dan kebahagiaan. *PSYCHE: Jurnal Psikologi*, 2(1), 40–51.
- Kundnani, N., & Mehta, P. (2014). Role of personality traits in balancing work-life. *International Journal of Management Research and Reviews*, 4(7), 722.
- Kurtessis, J. N., Eisenberger, R., Ford, M. T., Buffardi, L. C., Stewart, K. A., & Adis, C. S. (2017). Perceived organizational support: A meta-analytic evaluation of organizational support theory. *Journal of management*, 43(6), 1854-1884.
- Köse, S., Baykal, B., Köse, S., Çuhadar, S. G., Turgay, F., & Kıroglu Bayat, I. (2021). Role of personality traits in work-life balance and life satisfaction. In *Eurasian economic perspectives: Proceedings of the 29th Eurasia Business and Economics Society Conference* (pp. 279–295). Springer.
- Lockett, K., & Mumford, J. (2009). *Work/Life Balance for Dummies*. England: John Wiley & Sons, Ltd, Chichester, West Sussex. DI PERHATIKAN DAN DI RAFRASE KARENA ISINYA SAMA DENGAN CICI
- Lockett, K. (2012). *Work/life balance for dummies*. John Wiley & Sons.

- Lutfiyah, Z. F., & Dwarawati, D. (2023). Pengaruh resilience at work terhadap subjective well-being pada perawat rumah sakit jiwa. *Jurnal Riset Psikologi*, 39-46. (dicari jurnalnya)
- Maan, A. T., Abid, G., Butt, T. H., Ashfaq, F., & Ahmed, S. (2020). Perceived organizational support and job satisfaction: a moderated mediation model of proactive personality and psychological empowerment. *Future Business Journal*, 6(1), 1-12.
- Mahlithosikha, L. M., & Wahyuningsih, A. S. (2021). Stres kerja perawat di unit perawatan jiwa Rumah Sakit Jiwa Daerah. *Indonesian journal of public health and nutrition*, 1(3), 638-648.
- McCarthy, A., Cleveland, J. N., Hunter, S., Darcy, C., & Grady, G. (2013). Employee work–life balance outcomes in Ireland: A multilevel investigation of supervisory support and perceived organizational support. *The International Journal of Human Resource Management*, 24(6), 1257–1276. <https://doi.org/10.1080/09585192.2012.709189>
- MedinaGarrido, J. A., BiedmaFerrer, J. M., & Bogren, M. (2023). Organizational support for workfamily life balance as an antecedent to the wellbeing of tourism employees in Spain. *Journal of Hospitality and Tourism Management*, 57, 117–129.
- Mokana, A. P. M. K., Kumarasamy, P. M., Pangil, F., & Isa, M. F. M. (2016). Individual, organizational and environmental factors affecting work-life balance. *Utara: Universiti Utara Malaysia*.
- Muthu Kumarasamy, M. A. P., Pangil, F., & Isa, M. F. M. (2015). Individual, Organizational and Environmental Factors Affecting WorkLife Balance. *Asian Social Science*, 11(25), 111–123.
- Nofriyaldi, S., Adnans, A. A., & Zahreni, S. (2024). The Influence of Perceived Organizational Support And Emotional Intelligence on Work-Life Balance of Millennial Employees. *Dinasti International Journal of Education Management & Social Science*, 5(3).
- Nufaisah, A. P., & Mohammad, N. M. HUBUNGAN CONSCIENTIOUSNESS DAN BEBAN KERJA DENGAN WORK-FAMILY BALANCE DIMODERATORI OLEH FAMILY SUPPORTIVE SUPERVISOR BEHAVIORS. *Jurnal Psikologi: Universitas Yudharta Pasuruan*.
- Peter, K. A., Hahn, S., Schols, J. M., & Halfens, R. J. (2020). Work-related stress among health professionals in Swiss acute care and rehabilitation hospitals—A cross-sectional study. *Journal of clinical nursing*, 29(15-16), 3064-3081.

- Poulose, S., & Sudarsan. (2014). Work-life balance: A conceptual review. *International Journal of Advance in Management and Economics*, 3(2), 1-17.
- Putri, A., Amran, A., Suparwo, A., Kurniawan, A., Rahayu, Y. S., & Suryana, S. (2021). The importance of perceived organizational support and work from home to increase work-life balance during the covid-19 pandemic. *Asia Pacific Journal of Management and Education (APJME)*, 4(3), 10-21.
- Rabani, T., & Budiani, M. S. (2021). Hubungan antara persepsi dukungan organisasi dengan work-life balance pada karyawan staf gudang PT. X. *Character Jurnal Penelitian Psikologi*, 8(4), 214–228.
- Rabani, T., & Budiani, M. S. (2021). Hubungan antara persepsi dukungan organisasi dengan work-life balance pada karyawan staf gudang PT. X. *Character Jurnal Penelitian Psikologi*, 8(4), 214-228.
- Ranupandojo, H., & Husnan, S. (1984). *Manajemen personel [Edisi pertama]*. Yogyakarta: BPFE.
- Renggli, F. J., Gerlach, M., Bieri, J. S., Golz, C., & Sariyar, M. (2025). Integrating Nurse Preferences into AIBased Scheduling Systems: Qualitative Study. *JMIR Formative Research*, 9:e67747.
- Rhoades, L., & Eisenberger, R. (2002). Perceived organizational support: A review of the literature. *Journal of Applied Psychology*, 87(4), 698–714.
- Robbins, S. P., & Judge, T. A. (2015). *Organizational behavior*. Prentice Hall International, Inc.
- Robbins, S. P., & Judge, T. A. (2015). *Organizational behavior*. Prentice Hall International, Inc. cari jurnalnya
- Rony, M. K. K., Numan, S. M., & Alamgir, H. M. (2023). The association between worklife imbalance, employees' unhappiness, work's impact on family, and family impacts on work among nurses: A crosssectional study. *Informatics in Medicine Unlocked*, 38, Article 101226.
- Saputra, E. K. (2021). Analisis Work-Life Balance Pada Perawat Wanita Sudah Menikah (Studi Kasus Rumah Sakit Umum Daerah Raja Ahmad Tabib) Provinsi Kepulauan Riau. *Manajerial Dan Bisnis Tanjungpinang*, 4(2), 106-114.
- Safitri, R. M. (2019). *Modul Praktikum Analisis Data*.
- Sari, N. K. (2019). Pengaruh persepsi dukungan organisasi dan keadilan organisasi terhadap kepuasan kerja. *Psikoborneo: Jurnal Ilmiah Psikologi*, 7(1), 120-128.

- Shehata, H. A. E. A., El-Sayed, S. H., & Hassona, F. M. (2024). Relation between Perceived Organizational Support and Work-Life Balance among Nurses. *Zagazig Nursing Journal*, 20(1), 349-361.
- Shehata, H. A. E., Elsayed, S. H., & Hassona, F. M. (2024). Relation between Perceived Organizational Support and WorkLife Balance among Nurses. *Zagazig Nursing Journal*, 20(1), 349–361.
- Sirgy, M. Joseph & Lee, DongJin (2017). WorkLife Balance: an Integrative Review. *Applied Research in Quality of Life*, 13 (1), 229–254. DOI: 10.1007/s1148201795098
- Sudarnoto, L. F., & Hasugian, I. (2024). Analisis kondisi work-life balance perawat rumah sakit ditinjau dari tingkat stres kerja dan masa kerja. *Jurnal Kepemimpinan dan Manajemen Keperawatan*, 7(1), 43-50.
- Sulistiawanti, A., & Fitriyana, R. (2022). Persepsi dukungan organisasi dan kesejahteraan psikologis pada perawat yang menangani pasien COVID19 di Kota Bekasi. *Jurnal Social Philanthropic*, 1(1), 23–28
- Sumilat, B. Y., Lumapow, H. R., & Kapahang, G. L. (2023). PENGARUH PERSEPSI DUKUNGAN ORGANISASI TERHADAP KESEIMBANGAN KEHIDUPAN KERJA (WORK LIFE BALANCE) PADA PEGAWAI BKPSDM KOTA MANADO. *Jurnal Sains Riset*, 13(2), 470–475.
- Tamunomiebi, M. D., & Oyibo, C. (2020). Worklife balance and employee performance: A literature review. *European Journal of Business and Management Research*, 5(2).
- Thimmapuram, J. R., Grim, R., Bell, T., Benenson, R., Lavalley, M., Modi, M., . . . Salter, R. (2019). Factors influencing work–life balance in physicians and advance practice clinicians and the effect of heartfulness meditation conference on burnout. *Global Advances in Health and Medicine*, 8, 1-8.
- Tumanggor, A. R. P., Garnasih, R. L., & Fitri, K. (2024). Pengaruh Burnout, Work Life Balance dan Motivasi Kerja Terhadap Kinerja Perawat Wanita pada Rumah Sakit Jiwa Tampan Pekanbaru. *Journal of Law, Education and Business*, 2(2), 1440-1455.
- Verantie, Y., Sarwili, I., & Lannasari, L. (2025). Hubungan Masa Kerja dan Beban Kerja dengan Stres Kerja Perawat Pelaksana di RSUD ASA Depok Tahun 2024. *Jurnal Praba: Jurnal Rumpun Kesehatan Umum*, 3(1), 68-78.
- Wulansari, O. D. (2023). Studi literatur: Faktor-faktor yang mempengaruhi work-life balance. *Psychopreneur Journal*, 7(1), 15-28.

- Yulystiana, R. (2023). WORK LIFE BALANCE MENURUNKAN STRES KERJA PERAWAT. *Jurnal Kesehatan Kartika*, 18(3), 119-125.
- Zhang, J., Rehman, S., Addas, A., & Ahmad, J. (2024, December 11). Influence of worklife balance on mental health among nurses: The mediating role of psychological capital and job satisfaction. *Psychology Research and Behavior Management*, ecollection, pp. 4249–4262
- Zhang, Y., Xu, S., Jin, J., & Ford, M. T. (2022). Supervisor support and work–life balance: A meta-analytic review. *Journal of Vocational Behavior*, 137, 103748.
- Zraychikova, E., Gehri, B., Zúñiga, F., Bachnick, S., & Simon, M. (2023). The interaction between leadership, the patient-to-nurse ratio and nurses' work-life balance in the psychiatric inpatient setting in Switzerland: A secondary data analysis of cross-sectional data. *Administration and Policy in Mental Health and Mental Health Services Research*, 50(2), 317-326.
- Özgül, B. (2023). A Study on the Moderating Role of Self-Efficacy in the Relationship between Perceived Organizational Support and Work-Life Balance. *OPUS Journal of Society Research*, 20(54), 504-517.