

**HUBUNGAN ANTARA DUKUNGAN SOSIAL KELUARGA DENGAN
CAREER ADAPTABILITY PADA FRESH GRADUATE UNIVERSITAS
MERCU BUANA YOGYAKARTA**

Tiara Sari Handayani

200810712

ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan antara dukungan sosial keluarga dengan *career adaptability* pada *fresh graduate* Universitas Mercu Buana Yogyakarta. Hipotesis yang diajukan pada penelitian ini adalah adanya hubungan positif antara dukungan sosial keluarga dengan *career adaptability* pada *fresh graduate* Universitas Mercu Buana Yogyakarta. Subjek pada penelitian ini adalah *fresh graduate* Universitas Mercu Buana Yogyakarta yang berjumlah 150 orang. Pengambilan subjek penelitian menggunakan teknik *Purposive Sampling*. Pengumpulan data dilakukan dengan memodifikasi Skala CAAS-SF (*Career Adapt-Ability Scale-Short Form*) dan Skala Dukungan Sosial Keluarga. Metode analisis data yang digunakan adalah *Pearson Product Moment*. Berdasarkan hasil penelitian, diperoleh nilai koefisien korelasi (r_{xy}) = 0,820 dengan $p = 0,000$ ($p < 0,05$). Hasil tersebut menunjukkan bahwa terdapat hubungan positif yang signifikan antara dukungan sosial keluarga dengan *career adaptability* pada *fresh graduate* Universitas Mercu Buana Yogyakarta, artinya semakin tinggi dukungan sosial yang didapat dari keluarga maka semakin tinggi *career adaptability* pada *fresh graduate*, begitupun sebaliknya, semakin rendah dukungan sosial yang didapat dari keluarga maka semakin rendah pula *career adaptability* pada *fresh graduate* Universitas Mercu Buana Yogyakarta. Hasil analisis koefisien determinasi *R Square* (R^2) = 0,672 menunjukkan variabel dukungan sosial keluarga memberikan kontribusi efektif sebesar 67,2% terhadap *career adaptability*, sementara sisanya 32,8% dipengaruhi oleh faktor lain diluar penelitian.

Kata kunci: dukungan sosial keluarga, *career adaptability*, *fresh graduate*, Universitas Mercu Buana Yogyakarta

**THE RELATIONSHIP BETWEEN FAMILY SOCIAL SUPPORT
AND CAREER ADAPTABILITY IN FRESH GRADUATES OF
MERCU BUANA UNIVERSITY YOGYAKARTA**

Tiara Sari Handayani

200810712

ABSTRACT

This research aims to determine the relationship between family social support and career adaptability in fresh graduates of Mercu Buana University Yogyakarta. The hypothesis proposed in this study is that there is a positive relationship between family social support and career adaptability in fresh graduates of Mercu Buana University Yogyakarta. The subjects in this study are fresh graduates of Mercu Buana University Yogyakarta totaling 150 people. The research subjects were taken using the Purposive Sampling technique. Data collection was carried out by modifying the CAAS-SF (Career Adapt-Ability Scale-Short Form) Scale and the Family Social Support Scale. The data analysis method used is Pearson Product Moment. Based on the results of the study, the value of the correlation coefficient (r_{xy}) = 0.820 with $p = 0.000$ ($p < 0.05$). The results show that there is a significant positive relationship between family social support and career adaptability in fresh graduates of Mercu Buana University Yogyakarta, meaning that the higher the social support obtained from the family, the higher the career adaptability in fresh graduates, and vice versa, the lower the social support obtained from the family, the lower the career adaptability in the fresh graduates of Mercu Buana University Yogyakarta. The results of the determination coefficient R Square (R^2) = 0.672 analysis showed that the family social support variable contributed effectively by 67.2% to career adaptability, while the remaining 32.8% was influenced by other factors outside the study.

Keywords: *family social support, career adaptability, fresh graduate, Mercu Buana University Yogyakarta*