

DAFTAR PUSTAKA

- Apreviadizy, P., & Puspitacandri, A. (2014). Perbedaan stres ditinjau dari ibu bekerja dan ibu tidak bekerja. *Jurnal Psikologi Tabularasa*, 9(1), 58–65.
- Ariana, I. W. J., & Riana, I. G. (2016). Pengaruh *work-family conflict*, keterlibatan kerja dan stres kerja terhadap kepuasan kerja karyawan. *E-Jurnal Manajemen*, 5(7), 4630–4659.
- Ariyanti, C. D. (2024). *Hubungan antara dukungan sosial suami dengan kepuasan perkawinan pada istri yang berprofesi sebagai guru* (Skripsi, Universitas Mercu Buana Yogyakarta). E-Prints Universitas Mercu Buana Yogyakarta.
- Azwar, S. (2025). *Penyusunan skala psikologi*. Pustaka Pelajar.
- Badan Pusat Statistik. (2024). *Keadaan angkatan kerja di Indonesia 2024*. Badan Pusat Statistik.
- Badan Pusat Statistik. (2023). *Statistik Indonesia 2023*. Badan Pusat Statistik.
- Bastaman, H. D. (2007). *Logoterapi: Psikologi untuk menemukan makna hidup dan meraih hidup bermakna*. Paramadina.
- Baumeister, R. F., & Vohs, K. D. (2002). The pursuit of meaningfulness in life. Dalam C. R. Snyder & S. J. Lopez (Ed.), *Handbook of positive psychology* (hlm. 608–618). Oxford University Press.
- Bowlby, J. (1988). *A secure base: Parent-child attachment and healthy human development*. Basic Books.
- Bronfenbrenner, U. (1979). *The ecology of human development: Experiments by nature and design*. Cambridge, MA: Harvard University Press.
- Caltabiano, M. L., Sarafino, E. P., Byrne, D., DiMatteo, M. R., & Ward, L. (2008). *Health psychology: Biopsychosocial interactions* (Asia-Pacific ed.). John Wiley & Sons.
- Cohen, S., & Wills, T. A. (1985). Stress, social support, and the buffering hypothesis. *Psychological Bulletin*, 98(2), 310–357. <https://doi.org/10.1037/0033-2909.98.2.310>

- Erikson, E. H. (1968). *Identity: Youth and crisis*. W. W. Norton & Company.
- Field, A. (2013). *Discovering statistics using IBM SPSS statistics* (4th ed.). Sage Publications.
- Frankl, V. E. (2017). *Man's search for meaning* (H. Priyatna, Penerjemah). Noura Books. (Karya asli diterbitkan 1959)
- Geertz, C. (1961). *The religion of Java*. Chicago: University of Chicago Press.
- Goldberger, L., & Breznitz, S. (1982). *Handbook of stress: Theoretical and clinical aspects*. Free Press.
- Greenglass, E., Fiksenbaum, L., & Eaton, J. (2006). The relationship between coping, social support, functional disability and depression in the elderly. *Anxiety, Stress & Coping: An International Journal*, 19(1), 15–31.
- Hadi, S. (2015). *Statistik* (edisi revisi). Pustaka Pelajar.
- Hair, J. F., Black, W. C., Babin, B. J., & Anderson, R. E. (2010). *Multivariate data analysis* (7th ed.). Pearson.
- House, J. S. (1989). *Social relationships and health: Theory, evidence, and implications for public health policy*. Institute for Social Research, University of Michigan. https://simpus.uui.ac.id/search_adv/?n=013701&l=100&b=I&j=SK
- Hurlock, E. B. (2011). *Developmental psychology: A life-span approach* (5th ed.). McGraw-Hill Education.
- King, L. A., Hicks, J. A., Krull, J. L., & Del Gaiso, A. K. (2006). Positive affect and the experience of meaning in life. *Journal of Personality and Social Psychology*, 90(1), 179–196.
- Koentjaraningrat. (2009). *Pengantar ilmu antropologi* (Edisi revisi). Jakarta: Rineka Cipta.
- Krause, N. (2007). Longitudinal study of social support and meaning in life. *Psychology and Aging*, 22(3), 456–469. <https://doi.org/10.1037/0882-7974.22.3.456>
- Limilia, P., & Prasanti, D. (2016). Citra ibu bekerja dalam media online dan dampaknya pada persepsi masyarakat. *Jurnal Komunikasi*, 10(2), 145–158.

- Maslow, A. H. (1971). *The farther reaches of human nature*. New York, NY: Viking Press.
- Matlin, M. W. (1987). *The psychology of women*. Holt, Rinehart and Winston.
- Nisak, K., & Liyanovitasari. (2024). Hubungan dukungan sosial dengan kebermaknaan hidup pada individu. *Journal of Holistics and Health Science*, 6(1), <https://doi.org/10.35473/jhhs.v6i1.359>
- Park, C. L. (2010). Making sense of the meaning literature: An integrative review of meaning making and its effects on adjustment to stressful life events. *Psychological Bulletin*, 136(2), 257–301. <https://doi.org/10.1037/a0018301>
- Pitoyo, D. J., & Handayani, W. P. P. (2022). Pengaruh *work life balance* dan lingkungan kerja terhadap kepuasan kerja karyawan. *Jurnal Studi Manajemen dan Bisnis*, 9(2), 152–159. <https://doi.org/10.21107/jsmb.v9i2.17794>
- Prasetyawati, D., Utami, S. W., & Farida, I. A. (2019). Hubungan antara efikasi diri dan dukungan sosial dengan kebermaknaan hidup pada ODHA. *Jurnal Psikologi*, 5(2), 25–31.
- Roboth, J. Y. (2015). Analisis *work-family conflict*, stres kerja dan kinerja wanita berperan ganda pada Yayasan Compassion East Indonesia. *Jurnal Riset Bisnis dan Manajemen*, 3(1), 33–46.
- Rosiana, T. (2007). *Peran wanita bekerja dalam keluarga*. Pustaka Pelajar.
- Rosnaini, R., Amini, M., & Syafitri, W. (2021). Dukungan sosial terhadap kesehatan mental di masa pandemi Covid-19. *Jurnal Ilmiah Bina Edukasi*, 14(1), 12–22.
- Rosyad, Y. S., Malini, H., & Sari, F. K. (2019). Validity and reliability of the Meaning in Life Questionnaire (MLQ) among men who have sex with men in West Sumatera, Indonesia. *Riset Informasi Kesehatan*, 8(1), 1–9. <https://doi.org/10.30644/rik.v8i1.217>
- Santrock, J. W. (2019). *Life-span development* (17th ed.). McGraw-Hill Education.
- Sarafino, E. P., & Smith, T. W. (2011). *Health psychology: Biopsychosocial interactions* (7th ed.). John Wiley & Sons.

- Schnell, T. (2009). The Sources of Meaning and Meaning in Life Questionnaire (SoMe): Relations to demographics and well-being. *Journal of Positive Psychology, 4*(6), 483–499. <https://doi.org/10.1080/17439760903271074>
- Schnell, T. (2010). Existential indifference: Another quality of meaning in life. *Journal of Humanistic Psychology, 50*(3), 351–373. <https://doi.org/10.1177/0022167809360259>
- Schnell, T. (2021). *The psychology of meaning in life*. Routledge.
- Sear, R. (2015). Evolutionary perspectives on human family systems. In J. L. Roopnarine (Ed.), *Fathers across cultures: The importance, roles, and diverse practices of dads* (pp. 41–58). Praeger.
- Somashekher, C. (2018). Work–family conflict among women employees in Bangalore city. *International Journal of Research in Sociology and Anthropology, 4*(1), 1–7. <https://doi.org/10.20431/2454-8677.0401001>
- Steger, M. F. (2010). *The Meaning in Life Questionnaire (MLQ): Description, scoring, and feedback packet*.
- Steger, M. F. (2012). Making meaning in life. *Psychological Inquiry, 23*(4), 381–385.
- Steger, M. F., & Frazier, P. (2005). Meaning in life: One link in the chain from religiousness to well-being. *Journal of Counseling Psychology, 52*(4), 574–582.
- Steger, M. F., Frazier, P., Oishi, S., & Kaler, M. (2006). The Meaning in Life Questionnaire: Assessing the presence of and searching for meaning in life. *Journal of Counseling Psychology, 53*(1), 80–93. <https://doi.org/10.1037/0022-0167.53.1.80>
- Steger, M. F., Kashdan, T. B., Sullivan, B. A., & Lorentz, D. (2006). Understanding the search for meaning in life. *Journal of Personality, 74*(6), 199–228.
- Sugiyono. (2019). *Statistika untuk penelitian*. Alfabeta.
- Utari, S. (2020). Eksistensi wanita karier dalam keluarga. *Al-Wardah: Jurnal Kajian Perempuan, Gender dan Agama, 14*(1), 151–161.
- Vinokur, A. D., Pierce, P. F., & Bucfk, C. L. (1999). Work–family conflict of women in the Air Force: Influence on mental health and functioning. *Journal of Organizational Behavior, 20*, 865–878.

Widyastuti, D. A., & Wodowati, S. (2020). Analisis peran ibu bekerja pada pengasuhan anak usia dini. *Jurnal Obsesi: Jurnal Pendidikan Anak Usia Dini*, 4(2), 876–885.