

DAFTAR PUSTAKA

- Al-Jdeetawey, N. A., Al-Hammouri, M. M., Rababah, J. A., Ta'an, W. F., & Suliman, M. (2025). *Effectiveness of a brief mindfulness-based intervention on compassion fatigue and compassion satisfaction in pediatric nurses*. *Worldviews on Evidence-Based Nursing*, 22(1), e70002. <https://doi.org/10.1111/wvn.70002>
- Azwar, S. (2012). *Penyusunan skala psikologi* (Edisi 2). Yogyakarta: Pustaka Pelajar.
- Azwar, S. (2019). *Reliabilitas dan validitas*. Yogyakarta: Pustaka Pelajar.
- Cuff, B. M. P., Brown, S. J., Taylor, L., & Howat, D. J. (2014). *Empathy: A review of the concept*. *Emotion Review*, 8(2), 144–153. <https://doi.org/10.1177/1754073914558466>
- Davis, M. H. (1983). *Measuring individual differences in empathy: Evidence for a multidimensional approach*. *Journal of Personality and Social Psychology*, 44(1).
- Decety, J., & Jackson, P. L. (2004). *The functional architecture of human empathy*. *Behavioral and Cognitive Neuroscience Reviews*, 3(2), 71–100. <https://doi.org/10.1177/1534582304267187>

Field, A. (2013). *Discovering statistics using IBM SPSS statistics* (4th ed.). London: SAGE Publications.

Goodwin, G. M., Haddad, P. M., Ferrier, I. N., Aronson, J. K., Barnes, T. R. H., Cipriani, A., Coghill, D. R., Fazel, S., Geddes, J. R., Grunze, H., Holmes, E. A., Howes, O., Hudson, S., Hunt, N., Jones, I., MacMillan, I. C., McAllister-Williams, H., Miklowitz, D. R., Morriss, R., & Young, A. H. (2016). *Evidence-based guidelines for treating bipolar disorder: Revised third edition recommendations from the British Association for Psychopharmacology*. *Journal of Psychopharmacology*, 30(6), 495–553. <https://doi.org/10.1177/0269881116636545>

Hadi, S. (2015). *Metodologi research* (Jilid 1). Yogyakarta: Andi Offset.

Hoffman, M. L. (2000). *Empathy and moral development: Implications for caring and justice*. Cambridge University Press.

Jütten, L. H., Mark, R. E., & Sitskoorn, M. M. (2019). *Empathy in informal dementia caregivers and its relationship with depression, anxiety, and burden*. *International Journal of Clinical and Health Psychology*, 19(1), 12–21. <https://doi.org/10.1016/j.ijchp.2018.07.004>

Lee, H. J., Lee, M., & Jang, S. J. (2021). *Compassion satisfaction, secondary traumatic stress, and burnout among nurses working in trauma centers: A*

cross-sectional study. International Journal of Environmental Research and Public Health, 18(14). <https://doi.org/10.3390/ijerph18147228>

Lloyd, C., King, R., & Chenoweth, L. (2002). *Social work, stress and burnout: A review*. Journal of Mental Health, 11(3), 255–265. <https://doi.org/10.1080/09638230020023642>

Lynch, S. H., Shuster, G., & Lobo, M. L. (2018). *The family caregiver experience: Examining the positive and negative aspects of compassion satisfaction and compassion fatigue as caregiving outcomes*. Aging and Mental Health, 22(11), 1424–1431. <https://doi.org/10.1080/13607863.2017.1364344>

Mahkamah Agung Republik Indonesia. (2012). *Surat Edaran Mahkamah Agung (SEMA) Nomor 7 Tahun 2012 tentang rumusan hukum hasil rapat pleno kamar Mahkamah Agung sebagai pedoman pelaksanaan tugas bagi pengadilan*. Jakarta: Mahkamah Agung RI.

Pearlin, L. I., Mullan, J. T., Semple, S. J., & Skaff, M. M. (1990). *Caregiving and the stress process: An overview of concepts and their measures*. The Gerontologist, 30(5), 583–594. <https://doi.org/10.1093/geront/30.5.583>

Perlick, D. A., Miklowitz, D. J., Lopez, N., Chou, J., Kalvin, C., Adzhiashvili, V., & Aronson, A. (2010). *Family-focused treatment for caregivers of patients*

with bipolar disorder. *Bipolar Disorders*, 12(6), 627–637.
<https://doi.org/10.1111/j.1399-5618.2010.00852.x>

Reinares, M., Bonnín, C. M., Hidalgo-Mazzei, D., Sánchez-Moreno, J., Colom, F., & Vieta, E. (2016). *The role of family interventions in bipolar disorder: A systematic review*. *Clinical Psychology Review*, 43, 47–57.
<https://doi.org/10.1016/j.cpr.2015.11.010>

Sacco, T. L., & Copel, L. C. (2017). *Compassion satisfaction: A concept analysis in nursing*. *Nursing Forum*, 53(1), 76–83.
<https://doi.org/10.1111/nuf.12213>

Schulz, R., & Sherwood, P. R. (2008). *Physical and mental health effects of family caregiving*. *The American Journal of Nursing*, 108(9 Suppl), 23–27.
<https://doi.org/10.1097/01.NAJ.0000336406.45248.4c>

Sianipar, A. H. T. (2024). *Pelatihan empati untuk meningkatkan empati pada caregiver orang dengan bipolar* (Skripsi). Universitas Mercu Buana Yogyakarta.

Sihombing, Y., Theresia, Sinulingga, E., Hutapea, A. D., Sampepadang, M., & Manihuruk, G. A. M. (2024). *Peningkatan pengetahuan caregiver formal pemula dalam merawat orang sakit melalui edukasi kesehatan*. *JMM*

(Jurnal Masyarakat Mandiri), 8(6), 5625–5633.
<https://journal.ummat.ac.id/index.php/jmm/article/view/26770>

Sprang, G., Clark, J. J., & Whitt-Woosley, A. (2007). *Compassion fatigue, compassion satisfaction, and burnout: Factors impacting a professional's quality of life*. *Journal of Loss and Trauma*, 12(3), 259–280.
<https://doi.org/10.1080/15325020701238093>

Stamm, B. H. (2010). *The concise ProQOL manual*.

Sugiyono. (2018). *Metode penelitian kuantitatif*.

Widiastuti, N. (2018). *Hubungan antara empati dengan pemaafan pada mahasiswa* (Skripsi). Universitas Mercu Buana Yogyakarta.

Yi, J., Kim, M. A., Choi, K., Droubay, B. A., & Kim, S. (2019). *Compassion satisfaction and compassion fatigue among medical social workers in Korea: The role of empathy*. *Social Work in Health Care*, 58(10), 970–987.
<https://doi.org/10.1080/00981389.2019.1686678>

Zaki, M. A. M., Mourad, G. M., Barakat, A. H. A., & Mohammed, H. S. (2025). *Compassion-based intervention program for enhancing coping patterns among family caregivers of patients with bipolar disorder*. *SAGE Open Nursing*, 11. <https://doi.org/10.1177/23779608251329419>

Zarit, S. H., Reever, K. E., & Bach-Peterson, J. (1980). *Relatives of the impaired elderly: Correlates of feelings of burden*. The Gerontologist, 20(6), 649–655. <https://doi.org/10.1093/geront/20.6.649>

Zhang, Y. Y., Han, W. L., Qin, W., Yin, H. X., Zhang, C. F., Kong, C., & Wang, Y. L. (2018). *Extent of compassion satisfaction, compassion fatigue and burnout in nursing: A meta-analysis*. Journal of Nursing Management, 26(7), 810–819. <https://doi.org/10.1111/jonm.12589>