

DAFTAR PUSTAKA

- American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed.). American Psychiatric Publishing.
- Ardianisa, P., & Dewi, K. S. (2023). Gambaran resiliensi individu dewasa awal dalam menghadapi permasalahan keluarga. *Prosiding Konferensi Mahasiswa Psikologi Indonesia*, 4, 99–111. Retrieved from <https://prosiding.collabryzk.com/index.php/kmpi/article/view/13>
- Artiningsih, R. A., & Savira, S. I. (2021). Hubungan lonelines dan dan quarter life crisis pada dewasa awal. *Character Jurnal Penelitian Psikologi*, 8(5), 21–31. <https://doi.org/10.26740/cjpp.v8i5.41218>
- Berry, N., Peters, S., Haddock, G., Scott, A., Harris, K., Cook, L., Awenat, Y., & Gooding, P. A. (2024). How individuals with psychosis develop and maintain resilience to suicidal experiences through psychological therapy: a qualitative study. *BMC psychiatry*, 24(1), 874. <https://doi.org/10.1186/s12888-024-06071-w>
- Bozikas, V. P., Parlapani, E., Holeva, V., Skemperi, E., Bargiota, S. I., Kirla, D., Rera, E., & Garyfallos, G. (2016). Resilience in patients with recent diagnosis of a schizophrenia spectrum disorder. *The Journal of nervous and mental disease*, 204(8), 578–584. <https://doi.org/10.1097/NMD.0000000000000541>
- Bussen, E. M. M. V., Nguyen, N. H. M., Wierdsma, A.I., Aken, B. C. V., Willems, I. E. M. G., & Mulder, C. L. (2021). Adult attachment and personal, social, and symptomatic recovery from psychosis: systematic review and meta-analysis. *Front. Psychiatry* 12:641642. doi: 10.3389/fpsy.2021.641642
- Cahyo, G. N., Rahmat, C. P., Saputra, M. D., Andriani, W., & Brescia, R. (2024). Women mental health: gambaran status kesehatan mental wanita pada masa dewasa awal. *Afeksi: Jurnal Psikologi*, 3(4), 97–104. Retrieved from <https://jurnal.anfa.co.id/index.php/afeksi/article/view/2235>
- Creswell, J. W. (2013). *Qualitative inquiry and research design: choosing among five approaches* (3rd ed.). SAGE Publications.

- Darsana, I. W., Suariyani, N. L. P. (2020). Trend karakteristik demografi pasien skizofrenia di Rumah Sakit Jiwa Provinsi Bali (2013 – 2018). *Archive of community health*, 7(1), 41-51. <https://doi.org/10.24843/ACH.2020.v07.i01.p05>
- Denckla, C. A., Cicchetti, D., Kubzansky, L. D., Seedat, S., Teicher, M. H., Williams, D. R., & Koenen, K. C. (2020). Psychological resilience: an update on definitions, a critical appraisal, and research recommendations. *European journal of psychotraumatology*, 11(1), 1822064. <https://doi.org/10.1080/20008198.2020.1822064>
- Fitriani, A. fitriani. (2020). Psikoterapi suportif pada penderita skizofrenia hebefrenik. *Proyeksi*, 13(2), 123-133. <https://doi.org/10.30659/JP.13.2.123-133>
- Gooding, P. A., Littlewood, D., Owen, R., Johnson, J., & Tarrier, N. (2017). Psychological resilience in people experiencing schizophrenia and suicidal thoughts and behaviours. *Journal of Mental Health*, 28(6), 597–603. <https://doi.org/10.1080/09638237.2017.1294742>
- Grotberg, E. H. (1995). *A guide to promoting resilience in children: Strengthening the human spirit* (early childhood development: practice and reflections 8th ed.). Bernard van Leer Foundation.
- Grotberg, E. H. (2003). *Resilience for today: gaining strength from adversity*. Praeger Publishers.
- Hakulinen, C., McGrath, J. J., Timmerman, A., Skipper, N., Mortensen, P. B., Pedersen, C. B., & Agerbo, E. (2019). The association between early-onset schizophrenia with employment, income, education, and cohabitation status: nationwide study with 35 years of follow-up. *Social psychiatry and psychiatric epidemiology*, 54(11), 1343–1351. <https://doi.org/10.1007/s00127-019-01756-0>
- Hurlock, E. B. (2009). *Psikologi perkembangan: Suatu pendekatan sepanjang rentang kehidupan* (Ed. Ke-5). Erlangga.

- Kazdin, A. E. (Ed.). (2000). *Encyclopedia of psychology* (Vols. 1–8). American Psychological Association; Oxford University Press.
- Kementerian Kesehatan RI. 2018. *Hasil Riset Kesehatan Dasar (Riskesdas) 2018*. Badan Penelitian dan Pengembangan Kesehatan Kementerian RI.
- Keputusan Menteri Kesehatan Republik Indonesia. (2015). *Pedoman nasional pelayanan kedokteran jiwa*. Diakses pada 6 November 2025. https://kemkes.go.id/app_asset/file_content_download/170312443765839dd5be6791.97275276.pdf
- Leendertse, J. C. P., Wierdsma, A. I., Berg, V. D., Ruissen, A. M., Slade, M., Castelein, S., & Mulder, C. L. (2021). Personal recovery in people with a psychotic disorder: a systematic review and meta-analysis of associated factors. *Front. Psychiatry*, 12, 622628. doi: [10.3389/fpsyt.2021.622628](https://doi.org/10.3389/fpsyt.2021.622628)
- Li, N., Chen, S., Wu, Z., Dong, J., Wang, J., Lei, Y., Mo, J., Wei, W., & Li, T. (2024). Secular trends in the prevalence of schizophrenia among different age, period and cohort groups between 1990 and 2019. *Asian journal of psychiatry*, 101, 104192. <https://doi.org/10.1016/j.ajp.2024.104192>
- Liu, J., Chua, J. J., Chong, S. A., Subramaniam, M., & Mahendran, R. (2020). The impact of emotion dysregulation on positive and negative symptoms in schizophrenia spectrum disorders: A systematic review. *Journal of clinical psychology*, 76(4), 612–624. <https://doi.org/10.1002/jclp.22915>
- Luo, W., Gao, J., Guo, Z., Han, X., Song, J., Su, X., Da, X., & Liu, X. (2025). Trends and cross-country inequalities in schizophrenia from 1990 to 2021, with prediction to 2035: a systematic analysis of the global burden of disease study 2021. *BMC psychiatry*, 25(1), 928. <https://doi.org/10.1186/s12888-025-07273-6>
- Ma, M., Shi, Z., Chen, Y., & Ma, X. (2023). Recovery journey of people with a lived experience of schizophrenia: a qualitative study of experiences. *BMC psychiatry*, 23(1), 468. <https://doi.org/10.1186/s12888-023-04862-1>

- Matud, M. P., Díaz, A., Bethencourt, J. M., & Ibáñez, I. (2020). Stress and psychological distress in emerging adulthood: a gender analysis. *Journal of clinical medicine*, 9(9), 2859. <https://doi.org/10.3390/jcm9092859>
- Moleong, L. J. (2002). *Metodologi penelitian kualitatif (Edisi Revisi)* (Cet. ke-17). Remaja Rosdakarya.
- Muliyani, Muliyani. (2019). Characteristics of patients schizophrenia outpatient in poly of soul RSUD. DR. H. Moch. Ansari Saleh Banjarmasin. *Jurnal Kajian Ilmiah Kesehatan Dan Teknologi*, 1(2), 21-25. <https://doi.org/10.52674/jkikt.v1i2.17>
- Muslim, R. (2013). *Diagnosis gangguan jiwa rujukan PPDGJ III dan DSM IV*. FK Unika Atmajaya.
- Nurchayati, F. A., Mulyanti, & Kamala, R. F. (2021). Resilience affecting the recurrence rate of schizophrenia patients in Health Community Centre, Gamping 2, Sleman, Yogyakarta. *Jurnal Ners dan Kebidanan Indonesia (JNKI)*, 9(1), 16-20. [http://dx.doi.org/10.21927/jnki.2021.9\(1\).16-20](http://dx.doi.org/10.21927/jnki.2021.9(1).16-20)
- Paramita, T., & Alfinuha, S. (2021). Dinamika pasien dengan gangguan skizofrenia. *Jurnal Psikologi*, 17(1), 12–19. Retrieved from <https://ejournal.up45.ac.id/index.php/psikologi/article/view/824>
- Peristianto, S. V. (2019). Relasi orangtua-anak dan kualitas hidup penyandang skizofrenia. *Insight: Jurnal Ilmiah Psikologi*, 21(1), 1–11. <https://doi.org/10.26486/psikologi.v21i1.764>
- Permatasari, M. A., Rihadini, R., Romadhoni, R. (2025). Gambaran Karakteristik Pasien Skiofrenia di RSUD Dr. Gunawan Mangunkusumo Kabupaten Semarang. *Jurnal Ilmiah Multidisiplin Ilmu*, 2(6), 247-257. <https://doi.org/10.69714/8bevmn70>
- Poloni, N., Zizolfi, D., Ielmini, M., Pagani, R., Caselli, I., Diurni, M., Milano, A., & Callegari, C. (2018). A naturalistic study on the relationship among resilient factors, psychiatric symptoms, and psychosocial functioning in a sample of residential patients with psychosis. *Psychology Research and*

Behavior Management, 11, 123–131.
<https://doi.org/10.2147/PRBM.S159571>

Putri, Z. H., Evi. (2023). Karakteristik demografi pasien skizofrenia rawat jalan di Rumah Sakit Jiwa Dr. Soeharto Heerdjan periode 2022. *Jurnal Muara Sains, Teknologi, Kedokteran, dan Ilmu Kesehatan*, 7(2), 67-74.
<https://doi.org/10.24912/jmstkik.v7i2.23808>

Rachmawati, B. D., Listiyandini, R. A., & Rahmatika, R. (2019). Resiliensi psikologis dan pengaruhnya terhadap kualitas hidup terkait kesehatan pada remaja di panti asuhan. *Analitika: Jurnal Magister Psikologi UMA*, 11(1), 21-30. <http://dx.doi.org/10.31289/analitika.v10i2.1788>

Reivich, K., & Shatté, A. (2003). *The resilience factor: 7 keys to finding your inner strength and overcoming life's hurdles*. Broadway Books.

Sabila, S., Evanytha, E., & Paramita, A. D. (2023). Pengaruh resiliensi terhadap depresi pada emerging adulthood. *Schema J Psychol Res*, 82-91.
<https://doi.org/10.29313/schema.v0i0.12249>

Santrock, J. W. (2012). *Life-span development* (14th ed.). McGraw-Hill.

Schäfer, S. K., Fritz, J., Sopp, M. R., Martz, E., & Michael, T. (2023). Interrelations of resilience factors and their incremental impact for mental health: Insights from network modeling using a prospective study across seven timepoints. *Translational Psychiatry*, 13(1), 328. <https://doi.org/10.1038/s41398-023-02603-2>

Simmons, A., O'Sullivan, A. K., Carpenter-Conlin, J., Carty, M. K., Saucier, C., & McDonnell, D. (2024). Using qualitative exit interviews to explore schizophrenia burden and treatment experience in clinical trial patients. *Frontiers in psychiatry*, 15, 1377174.
<https://doi.org/10.3389/fpsy.2024.1377174>

- Siswanto, E., Hayati, A., Farhana, H., Andriani, S., Yulianto, A., Utomo, Y. T., Rahayu, T., Darlen, M. F., Musta'ana, Musta'ana., Listiani, Listiani., Sam, N. F., Trigunadi, A. (2024). *Buku Ajar Metode Penelitian Kualitatif*. Eureka Media Aksara.
- Sitanggang, A. R. P., Ardiani, I. G. A. I., & Lesmana, C. B. J. (2024). Gangguan kelekatan sebagai pencetus terjadinya skizofrenia: tinjauan pustaka. *HEALTHY : Jurnal Inovasi Riset Ilmu Kesehatan*, 3(1), 55-64. <https://doi.org/10.51878/healthy.v3i1.2867>
- Sumskis, S., Moxham, L., & Caputi, P. (2017). Meaning of resilience as described by people with schizophrenia. *International journal of mental health nursing*, 26(3), 273–284. <https://doi.org/10.1111/inm.12268>
- Sopamena, D. P., & Poerwandari, E. K. . (2024). Resiliensi pelaku rawat keluarga dari tiga anggota keluarga dengan skizofrenia: studi kasus. *Psyche 165 Journal*, 17(4), 316–325. <https://doi.org/10.35134/jpsy165.v17i4.435>
- Southwick, S. M., & Charney, D. S. (2023). *Resilience: The science of mastering life's greatest challenges* (3rd ed.). Cambridge University Press.
- Sugiyono. (2013). *Metode Penelitian Kuantitatif Kualitatif dan R&D*. Alfabeta.
- Izydoreczyk, B., Sitnik-Warchulska, K., Kühn-Dymecka, A., & Lizińczyk, S. (2019). Resilience, sense of coherence, and coping with stress as predictors of psychological well-being in the course of schizophrenia: the study design. *International Journal of Environmental Research and Public Health*, 16(7), 1–15. <http://dx.doi.org/10.3390/ijerph16071266>
- Wambua, G. N., Kilian, S., Ntlantsana, V., & Chiliza, B. (2020). The association between resilience and psychosocial functioning in schizophrenia: A systematic review and meta-analysis. *Psychiatry research*, 293, 113374. <https://doi.org/10.1016/j.psychres.2020.113374>
- World Health Organization. (2022). *Schizophrenia*. World Health Organization. <https://www.who.int/news-room/fact-sheets/detail/schizophrenia>

Wulandari, A., & Febriana, A. (2024). Kejadian skizofrenia pada pasien rawat inap di RSUD Dr. H. Soewondo Kendal. *HIGEIA: Journal of Public Health Research and Development*, 7(4), 562-573.
<https://doi.org/10.15294/higeia.v7i4.69619>