

ABSTRAK

Career adaptability merupakan kemampuan individu dalam mempersiapkan diri menghadapi tugas perkembangan karier, transisi, serta berbagai perubahan yang terjadi dalam dunia kerja. *Self efficacy* merupakan keyakinan individu terhadap kemampuan yang dimilikinya untuk mengorganisasi dan melaksanakan tindakan yang diperlukan dalam menyelesaikan tugas, menghadapi tantangan, serta mencapai tujuan yang diinginkan. Penelitian ini bertujuan untuk mengetahui apakah terdapat hubungan antara *self efficacy* dengan *career adaptability* pada mahasiswa tingkat akhir. Hipotesis yang diajukan adalah semakin tinggi *self efficacy*, maka semakin tinggi *career adaptability* pada mahasiswa tingkat akhir. Subjek dalam penelitian ini berjumlah 139 mahasiswa tingkat akhir dari berbagai perguruan tinggi di Indonesia. Metode pengumpulan data menggunakan Skala *Career adaptability* dan Skala *Self efficacy*, sedangkan analisis data menggunakan teknik korelasi *Pearson Product Moment*. Hasil analisis diperoleh nilai koefisien korelasi ($r = 0,427$) dengan signifikansi $p = 0,000$ ($p < 0,05$), yang menunjukkan terdapat hubungan positif dan signifikan antara *self efficacy* dengan *career adaptability* pada mahasiswa tingkat akhir.

Kata kunci: *career adaptability*, mahasiswa tingkat akhir, *self efficacy*.

ABSTRACT

Career adaptability refers to an individual's ability to prepare for career development tasks, career transitions, and various changes that occur in the workplace. Self efficacy refers to an individual's belief in their ability to organize and carry out the actions necessary to complete tasks, overcome challenges, and achieve desired goals. This study aimed to determine whether there is a relationship between self efficacy and career adaptability among final-year university students. The hypothesis proposed in this study was that higher self efficacy would be associated with higher career adaptability among final-year university students. The participants consisted of 139 final-year university students from various universities across Indonesia. Data were collected using the Career adaptability Scale and the Self efficacy Scale, while data analysis was conducted using the Pearson Product-Moment Correlation technique. The results of the analysis showed a correlation coefficient of $(r) = 0.427$ with a significance value of $p = 0.000$ ($p < 0.05$), indicating a positive and significant relationship between self efficacy and career adaptability among final-year university students.

Keywords: career adaptability, final-year university students, self efficacy.