

DAFTAR PUSTAKA

- Aboujaoude, E., Savage, M. W., & Starcevic, V. (2015). *Cyberbullying: Review of an old problem gone viral. Young Minds Advocacy, 1*(1), 1-5.
<https://pubmed.ncbi.nlm.nih.gov/26349848/>
- Aini, S., & Rahardjo, W. (2024). Perilaku *cyberbullying* pada remaja ditinjau dari empati dan regulasi emosi. *Jurnal Ilmu Perilaku, 7*(2), 121–139.
<https://jip.fk.unand.ac.id/index.php/jip/article/view/538>
- Ang, R. P., & Goh, D. H. (2010). *Cyberbullying* among adolescents: The role of affective and cognitive empathy, and gender. *Child Psychiatry & Human Development, 41*(4), 387–397. <https://doi.org/10.1007/s10578-010-0176-3>
- Anggraini, et al. (2023). *Hubungan Empati dengan Cyberbullying pada Remaja Pengguna Media Sosial. (Studi Indonesia).*
- APJII. (2024). *Laporan Survei Internet Indonesia.* <https://apjii.or.id>
- Ardyah Rahmadani, T., & Harahap, N. (2023). Eksplorasi Dampak *Cyberbullying* di Media Sosial pada Perilaku Reaktif Remaja. *Jurnal Noken: Ilmu-Ilmu Sosial, 8*(2), 214–227.
- Auriemma, V., Iorio, I., Roberti, R., & Morese, R. (2020). *Cyberbullying* and empathy in the age of hyperconnection. *Frontiers in Psychology, 11*, 2329.
<https://doi.org/10.3389/fpsyg.2020.563573>
- Azwar, S. (2018). *Metode penelitian psikologi edisi II.*
- Bachri, Y., Putri, M., Sari, Y. P., & Ningsih, R. (2021). Pencegahan perilaku bullying pada remaja. *Jurnal Salingka Abdimas, 1*(1), 30-36

- Bandura, A. (1999). Moral disengagement in the perpetration of inhumanities. *Personality and Social Psychology Review*, 3(3), 193–209.
https://doi.org/10.1207/s15327957pspr0303_3
- Barlett, C. P., & Gentile, D. A. (2019). Longitudinal effects of *cyberbullying* and traditional bullying in adolescence. *Violence and Victims*, 34(5), 810–825.
- Baron-Cohen, S. (2011). *The science of evil: On empathy and the origins of cruelty*. Basic Books.
- Baron-Cohen, S., & Wheelwright, S. (2004). The empathy quotient: An investigation of adults with Asperger syndrome or high functioning autism, and normal sex differences. *Journal of Autism and Developmental Disorders*, 34(2), 163–175.
<https://doi.org/10.1023/B:JADD.0000022607.19833.00>
- Batson, C. D. (1991). *The altruism question: Toward a social-psychological answer*. Lawrence Erlbaum Associates.
- Bisma, I. G. A. A. (2025). Exploring the effects of cyberbullying on empathy and self-worth: Insights from victims and offenders. Bisma: *The Journal of Counseling*, 9(1), 210-220.
- Brewer, G., & Kerslake, J. (2015). *Cyberbullying*, self-esteem, empathy, and loneliness. *Computers in Human Behavior*, 48, 255–260.
- Budi, S., Fauziah, & Roslinawati. (2023). Analisis faktor-faktor yang mempengaruhi perilaku cyberbullying dengan penggunaan media sosial pada remaja di SMA 6 Lhokseumawe. *Jurnal Ilmiah Keperawatan*, 9(1).

- Dalimunthe, S. F., Simanjorang, V. B., Aprilia, P. R., & Domianda, P. (2024). Trend penggunaan media sosial dalam interaksi sosial remaja. *Kultura: Jurnal Ilmu Sosial dan Humaniora*.152-158.
<https://doi.org/10.5281/zenodo.1403>
- Davis, M. H. (1983). *Measuring individual differences in empathy: Evidence for a multidimensional approach*. *Journal of Personality and Social Psychology*.
- Effendy, M. (2022, 19 April). 45 persen anak di RI jadi korban cyber bullying. detikNews. <https://news.detik.com/berita/d-6039817/menko-pmk-sebut-45-persen-anak-di-ri-jadi-korban-cyber-bullying>
- Efianingrum, A., Dwiningrum, S. I. A., & Nurhayati, R. (2021). Cyberbullying pelajar SMA di media sosial: Prevalensi dan rekomendasi. *Jurnal Pembangunan Pendidikan: Fondasi dan Aplikasi*, 8(2), 144–153.
<https://doi.org/10.21831/jppfa.v8i2.38300>
- Eisenberg, N., & Strayer, J. (1987). *Empathy and its development*. Cambridge University Press.
- Espelage, D. L., Hong, J. S., Rao, M. A., & Low, S. (2013). Youth bullying and peer socialization: The role of peer groups, school climate, and family. *Social Development*, 22(3), 442–456. <https://doi.org/10.1111/sode.12021>
- Fabris, M. A., Longobardi, C., & Morese, R. (2022). Exploring Multivariate Profiles of Psychological Distress and Empathy in Early Adolescent Victims, Bullies, and Bystanders Involved in Cyberbullying Episodes. *International Journal of Environmental Research and Public Health*, 19(16), 9871.

- Francisco, S. M., et al. (2024). Cyberbullying and empathy levels in adolescents and predictive factors: A cross-sectional study. *ResearchGate / Journal of Adolescence*.
- Fulantelli, G., Taibi, D., Scifo, L., Schwarze, V., & Eimler, S. C. (2022). Cyberbullying and Cyberhate as Two Interlinked Instances of Cyber-Aggression in Adolescence: A Systematic Review. *Frontiers in Psychology*, 13, 909299.
- Gemalasari, E.J. (2022). *Hubungan antara empati dan perilaku prososial pada anggota polri korps sabhara di polda d.i.yogyakarta pada masa pandemi covid-19* (Universitas Mercu Buana Yogyakarta).
- Goleman, D. (1995). *Emotional intelligence: Why it can matter more than IQ*. Bantam Books.
- Gunawan, I. M. S. (2021). Korelasi antara empati dengan perilaku cyberbullying pada siswa di SMA Negeri 3 Mataram. *Realita: Jurnal Bimbingan dan Konseling*, 6(1). <https://doi.org/10.33394/realita.v6i1.3859>
- Herdianto, Y. K., & Tobing, D. H. (2019). Hubungan antara empati dan cyberbullying pada remaja. *Jurnal Psikologi Pendidikan dan Perkembangan*, 8(1), 32–42. <https://journal.unair.ac.id/JPPP@hubungan-antara-empati-dan-cyberbullying-pada-remaja-article-12842-media-53-category-10.html>
- Hoffman, M. L. (2000). *Empathy and moral development*. Cambridge University Press.

- Hsieh, Y. P., Shen, A. C. T., Wei, H. S., Feng, J. Y., Huang, S. C. Y., & Hwa, H. L. (2016). Associations between child maltreatment, PTSD, and internet addiction among Taiwanese students. *Computers in Human Behavior*, 56, 209–214. <https://doi.org/10.1016/j.chb.2015.11.048>
- Hu, Y., Zhang, T., Shi, H., & Fan, C. (2023). Empathy and bystander helping behavior in cyberbullying among adolescents: The mediating role of internet moral judgment and the moderating role of internet self-efficacy. *Frontiers in Psychology*, 14, 1196571.
- Hurlock, E. B. (1999). *Psikologi Perkembangan: Suatu Pendekatan Sepanjang Rentang Kehidupan* (Edisi 5). Jakarta: Erlangga.
- Infanti, W. (2025). *Fenomena cyberbullying dipicu anonimitas dan krisis empati digital*. RRI.co.id. <https://rri.co.id>
- Jaringan Pemantau Pendidikan Indonesia. (2025). *Lonjakan statistik kasus bullying di Indonesia*. GoodStats. <https://goodstats.id/article/data-kasus-bullying-di-indonesia-yG3WL>
- Jolliffe, D., & Farrington, D. P. (2006). Examining the relationship between low empathy and bullying. *Aggressive Behavior*, 32(6), 540–550.
- Kementerian Pemberdayaan Perempuan dan Perlindungan Anak. (2024). *Survei Nasional Pengalaman Hidup Anak dan Remaja Tahun 2024*. <https://ppid.kemenpppa.go.id/uploads/informasi/publik/1747211993.pdf>
- Komisi Perlindungan Anak Indonesia. (2020). *Data kasus cyberbullying anak 2016-2020*. Diakses dari <https://komens.bappenas.go.id>

- Komisi Perlindungan Anak Indonesia. (2025). *Laporan tahunan KPAI, jalan terjal perlindungan anak: Ancaman serius generasi emas Indonesia*.
<https://www.kpai.go.id/publikasi/laporan-tahunan-kpai-jalan-terjal-perlindungan-anak-ancaman-serius-generasi-emas-indonesia>
- Kowalski, R. M., Giumetti, G. W., Schroeder, A. N., & Lattanner, M. R. (2009). Bullying in the digital age: A critical review and meta-analysis of cyberbullying research among youth. *Psychological Bulletin*, 140(4), 1073–1137. <https://doi.org/10.1037/a0035618>
- Lin, X., et al. (2025). Social media use, online disinhibition, and diminished empathic engagement in virtual interactions among youth. *Frontiers in Psychology / Psychosocial Risks Journal*.
- Magsalay, R. J. M. (2025). Quantifying Central Limit Theorem Convergence: A Monte Carlo Simulation Approach to Minimum Sample Size. *Int. J. Res. Innov. Soc. Sci*, 9, 639-644.
- Azwar, S. (2018). Metode penelitian psikologi edisi II.
- Midway, S., & White, J. W. (2025). Testing for normality in regression models: mistakes abound (but may not matter). *Royal Society Open Science*, 12(4).
- Morese, R., Longobardi, C., Scanduzzo, T., & Settanni, M. (2018). Cyberbullying among adolescent bystanders: Role of affective and cognitive empathy. *Psychological Services*, 15(3), 334–340.
<https://doi.org/10.1037/ser0000154>

- Müller, C. R., Pfetsch, J., & Ittel, A. (2019). Empathy and *cyberbullying*: The mediating role of moral disengagement. *Psychology of Popular Media Culture*, 8(2), 134–143.
- Ningrum, F. S., & Amna, Z. (2020). Cyberbullying victimization dan kesehatan mental pada remaja. *INSAN: Jurnal Psikologi dan Kesehatan Mental*, 5(1), 35–48.
- Notoatmodjo, S. (2024). The role of empathy in social intelligence to reduce *cyberbullying*. *IJSOC Journal*. <https://ijsoc.goacademica.com>
- Olweus, D. (2015). Bullying: Recognition and problem-solving strategies. *School Safety*, Spring, 4–12.
- Öztürk, F., & Çetin, B. (2025). Cyberbullying and empathy levels in adolescents. *Public Health Nursing*. <https://pubmed.ncbi.nlm.nih.gov/40958647>
- Papalia, D. E., Martorell, G., & Feldman, R. D. (2021). *Experience Human Development* (15th ed.). McGraw-Hill.
- Patchin, J. W., & Hinduja, S. (2015). *Cyberbullying research summary: Cyberbullying and suicide*. Cyberbullying Research Center. <https://cyberbullying.org>
- Patchin, J. W., & Hinduja, S. (2024). *2023 cyberbullying data*. Cyberbullying Research Center. <https://cyberbullying.org/2023-cyberbullying-data>
- Permatasari, N. M. (2020). *Hubungan antara kecenderungan narsistik dengan perilaku cyberbullying pada mahasiswa* (Universitas Mercu Buana Yogyakarta).

- Polres Muara Enim. (2024, Oktober 19). *Bullying di sekolah Muara Enim viral, Polsek Lawang Kidul berhasil mediasi*.
<https://tribratanews.sumsel.polri.go.id/main/detail/4048/Bullying-di-Sekolah-Muara-Enim-Viral--Polsek-Lawang-Kidul-Berhasil-Mediasi>
- Pratiwi, R., & Rachman, F. (2022). Pengaruh intensitas penggunaan media sosial terhadap perilaku agresif remaja. *Jurnal Psikologi Indonesia*, 19(3), 210–223.
- Purnama, M. A. R. (2024). Fenomena *cyberbullying* pada remaja pengguna media sosial. *Kultura: Jurnal Ilmu Hukum, Sosial, dan Humaniora*, 2(9), 75–81.
<https://doi.org/10.572349/kultura.v2i9.2471>
- Putri, N. (2023). Pengaruh empati terhadap kecenderungan perilaku *cyberbullying* pada remaja di Kota Makassar. *PESHUM: Jurnal Psyche & Humaniora*, 2(4), 45–58. <https://journal-nusantara.id/index.php/PESHUM/article/view/2391>
- Qolbya, A. G., Siswandi, A. S., & Putri, R. D. (2023). Empati dan *cyberbullying* pada remaja pengguna media sosial: Sebuah kajian literatur. *Flourishing Journal*, 3(9), 352–359. <https://doi.org/10.17977/um070v3i92023p352-359>
- Ratri, A. P. P., & Andangsari, E. W. (2021). The role of empathy in predicting *cyberbullying* behaviour in youth social media users in Jakarta. *In Proceedings of the 3rd International Conference on Social Sciences, Laws, Arts and Humanities (BINUS-JIC)* (pp. 391–398). SciTePress.
<https://doi.org/10.5220/0010008603910398>

- Resett, S., & Gámez-Guadix, M. (2024). Traditional bullying, cyberbullying, and empathy in adolescents: A longitudinal study. *Computers in Human Behavior, 151*, 108027.
- Riswanto, D., & Marsinun, R. (2020). Perilaku *cyberbullying* remaja di media sosial. *Analitika, 12*(2), 98–111.
- Rizkyanti, C. A., Cahyani, A. H., Salsabilla, S., & Aulia, A. (2021). Empati dan peran bystander dalam *cyberbullying*: Family communication pattern sebagai mediator. *Jurnal Psikohumanika, 13*(2), 10–24.
- Rodríguez-Hidalgo, C. T., Solera, E., & Calmaestra, J. (2018). Psychological predictors of *cyberbullying* according to ethnic-cultural origin. *Journal of Cross-Cultural Psychology, 49*(10), 1471–1489.
<https://doi.org/10.1177/0022022118795283>
- Rogers, C. R. (1957). The necessary and sufficient conditions of therapeutic personality change. *Journal of Consulting Psychology, 21*(2), 95–103.
<https://doi.org/10.1037/h0045350>
- Roscoe, J. T. (1975). *Fundamental research statistics for the behavioral sciences*. Holt, Rinehart and Winston.
- Rusdah Sarifah, S.Psi. (2023). *Studi Kasus Penanganan Cyberbullying Siswa dengan Layanan Bimbingan Konseling di MTs N 1 Bandung Barat*.
- Rutherford, C., et al. (2021). Social media and adolescent aggression. *Journal of Adolescent Health, 69*(2), 150–157.
- Salem, A. A. M. S., dkk. (2023). *Empathic skills training as a means of reducing cyberbullying among adolescents*.

- Santrock, J. W. (2019). *Adolescence* (17th ed.). McGraw-Hill Education.
- Sartana, S., & Afriyeni, N. (2017). Perundungan maya (Cyber Bullying) pada remaja awal. *Jurnal Psikologi Insight*, 1(1), 25-39.
- Savitri, R. (2026). Gambaran perilaku cyberbullying di media sosial pada remaja di salah satu Sekolah Menengah Pertama di Kabupaten Badung. *Jurnal Penelitian Keperawatan Kontemporer*, 6(2), 280–289.
<https://doi.org/10.59894/jpkk.v6i2.1224>
- Schultze-Krumbholz, A., et al. (2016). Feeling cybervictims' pain—The effect of empathy training on *cyberbullying*. *Aggressive Behavior*, 42(3), 147–157.
- Schultze-Krumbholz, A., et al. (2017). Feeling cybervictims' pain—The role of empathy for *cyberbullying* involvement among adolescents. *European Journal of Developmental Psychology*, 14(6), 1–16.
- Schultze-Krumbholz, A., et al. (2024). Empathy-based interventions to reduce cyberbullying in early adolescence: A randomized controlled trial. *Journal of Youth and Adolescence*, 53(4), 812–826.
- Shannen, T., Kim, S. J., & Lee, J. (2021). Empathy, *cyberbullying*, and cybervictimization among Filipino adolescents. *Child health nursing research*, 27(1), 65.
- Smith, P. K., Mahdavi, J., Carvalho, M., Fisher, S., Russell, S., & Tippett, N. (2008). *Cyberbullying*: Its nature and impact. *Journal of Child Psychology and Psychiatry*, 49(4), 376–385.
- Sugiyono. (2023). *Metode Penelitian Kuantitatif, Kualitatif, dan R&D*. Bandung: Alfabeta.

- Suler, J. (2004). The online disinhibition effect. *CyberPsychology & Behavior*, 7(3), 321–326.
- Tahrir, T., Alsa, A., & Sari, N. K. (2023). Pengaruh empati terhadap kecenderungan perilaku *cyberbullying* pada remaja di Kota Makassar. *ResearchGate*.
<https://www.researchgate.net/publication/375077498>
- Teding Van Berkhout, E., & Malouff, J. M. (2016). The efficacy of empathy training: A meta-analysis. *Journal of Counseling Psychology*, 63(1), 32–41.
<https://doi.org/10.1037/cou0000106>
- Tetteng, B., & Ashari, I. R. P. (2023). Pengaruh Empati Terhadap Kecenderungan Perilaku *Cyberbullying* Pada Remaja Di Kota Makassar. *PESHUM: Jurnal Pendidikan, Sosial Dan Humaniora*, 2(6), 1155-1163.
<https://doi.org/10.56799/peshum.v2i6.2391>
- Tokunaga, R. S. (2010). Following you home from school: A critical review and synthesis of research on *cyberbullying* victimization. *Computers in Human Behavior*, 26(3), 277–287. <https://doi.org/10.1016/j.chb.2009.11.014>.
- Universitas Gadjah Mada. (2017). Eksplorasi *cyberbullying* dalam kaitannya dengan empati pada mahasiswa (tesis). *UGM Repository*.
<http://etd.repository.ugm.ac.id/penelitian/detail/112524>
- Völlink, T., Bolman, C. A. W., & Dehue, F. (2013). *Cyberbullying* among youngsters: Profiles of bullies and victims. *Journal of Psychology*, 147(6), 481–501.
- Wang, Y., Cai, J., Wang, C., et al. (2025). The prevalence and association of traditional bullying and cyber bullying with mental health among adolescent

- and youth students in China: A study after the lifting of COVID-19 restrictions. *BMC Public Health*, 25, 618.
- Wardah, & Aulia. (2022). Perilaku cyberbullying pada remaja awal di SMP Negeri X Banjarmasin. *Jurnal An-Nur: Kajian Ilmu-Ilmu Pendidikan dan Keislaman*.
- Willard, N. (2007). *Cyberbullying and cyberthreats: Responding to the challenge of online social aggression, threats, and distress*. Research Press.
- Wright, M. F., et al. (2019). Adolescents' cyber aggression: The role of parental mediation and anger regulation. *Personality and Individual Differences*, 143, 1–6.
- Zheng, S., & Cao, Y. (2022). Correlation analysis for different types of variables and relationship between different correlation coefficients. *Biom Biostat Int. J*, 11(4), 127-129.
- Zych, I., et al. (2023). Empathic skills training as a means of reducing cyberbullying. *International Journal of Environmental Research and Public Health*. <https://pmc.ncbi.nlm.nih.gov/articles/PMC9914628>
- Zych, I., et al. (2023). Protecting children and adolescents from cyberbullying: The role of cognitive and affective empathy over time. *Aggressive Behavior*, 49(3), 241-253.
- Zych, I., Farrington, D. P., & Ttofi, M. M. (2019). Are children involved in cyberbullying low on empathy? A systematic review and meta-analysis of research on empathy versus different cyberbullying roles. *Aggression and Violent Behavior*, 45, 74–81. <https://doi.org/10.1016/j.avb.2018.05.004>