DAFTAR PUSTAKA

Agustin, M., & Arianti, E. F. (2024). Gambaran Regulasi Emosi pada Pegawai Pengadilan Agama Bagian PTSP (Pelayanan Terpadu Satu Pintu). *Corona: Jurnal Ilmu Kesehatan Umum, Psikolog, Keperawatan Dan Kebidanan*, *2*(3), 122–134. https://doi.org/10.61132/corona.v2i3.569.

Azwar. (2017). *Reliabilitas dan Validitas* (4th ed.). Pustaka Pelajar.

Amazan, R. S. (2023). Hubungan perilaku overprotective orang tua dengan regulasi emosi remaja [Skripsi sarjana, Universitas Andalas].

Barber, B. K. (1996). Parental Psychological Control: Revisiting a Neglected Construct. *Source: Child Development*, *67*(6), 3296–3319.

Brenning, K. M., Soenens, B., Van Petegem, S., & Kins, E. (2017). Searching for the Roots of Overprotective Parenting in Emerging Adulthood: Investigating the Link with Parental Attachment Representations Using An Actor Partner Interdependence Model (APIM). *Journal of Child and Family Studies*, *26*(8), 2299–2310. https://doi.org/10.1007/s10826-017-0744-2.

Brummelman, E., Thomaes, S., Nelemans, S. A., De Castro, B. O., Overbeek, G., & Bushman, B. J. (2015). Origins of narcissism in children. *Proceedings of the National Academy of Sciences of the United States of America*, *112*(12), 3659–3662. https://doi.org/10.1073/pnas.1420870112.

Campos, J. J., Frankel, C. B., & Camras, L. (2004). On the Nature of Emotion Regulation. *Child Development*, *75*(2), 377–394.

Chaplin, J. P. (2004). *Kamus Lengkap Psikologi*. Jakarta: PT RajaGrafindo Persada.

Christy, M. M. (2025). *Hubungan antara regulasi emosi dengan gejala depresi pada mahasiswa Universitas Mercu Buana Yogyakarta yang mengikuti kegiatan organisasi* [Skripsi, Universitas Mercu Buana Yogyakarta]. Universitas Mercu Buana Yogyakarta.

Cui, L., Morris, A. S., Criss, M. M., Houltberg, B. J., & Silk, J. S. (2014). Parental Psychological Control and Adolescent Adjustment: The Role of Adolescent Emotion Regulation. *PARENTING: SCIENCE AND PRACTICE*, *14*(1), 47–67. https://doi.org/10.1080/15295192.2014.880018.

Cui, M., Hong, P., & Jiao, C. (2022). Overparenting and Emerging Adult Development: A Systematic Review. *Emerging Adulthood*, *10*(5), 1076–1094. https://doi.org/10.1177/21676968221108828.

Dewanti A. D. P., & Ayriza Y. (2021). Pengaruh Optimisme terhadap Kesejahteraan Subjektif pada Mahasiswa yang Mengerjakan Tugas Akhir. *Acta Psychologia*, *3*(2), 119–126. http://journal.uny.ac.id/index.php/acta-psychologia.

ElBarazi, A. S. (2025). The effect of emotion regulation training on anxiety in college students in Egypt (Randomized control trial). *Journal of Public Health Research*, *14*(2), 1–14. https://doi.org/10.1177/22799036251347030.

Ferismanda, M. K., Pratitis, N. T., & Efendy, M. (2025). The Relationship of Perfectionism and Emotion Regulation towards Academic Stress with the Moderator External Locus of Control. *International Journal of Social Science and Human Research*, *08*(03). https://doi.org/10.47191/ijsshr/v8-i3-13.

Field, A. (2018). *Discovering statistics using IBM SPSS statistics* (5th ed.). SAGE Publications.

George, D., & Mallery, P. (2003). *SPSS for Windows step by step: A simple guide and reference.* (Ally & Bacon, Eds.; 4th ed.).

Gratz, K. L., & Roemer, L. (2004). Multidimensional Assessment of Emotion Regulation and Dysregulation: Development, Factor Structure, and Initial Validation of the Difficulties in Emotion Regulation Scale. *Journal of Psychopathology and Behavioral Assessment*, *26*(1).

Gross, J. J. (2015). Emotion Regulation: Current Status and Future Prospects. *Psychological Inquiry*, *26*(1), 1–26. https://doi.org/10.1080/1047840X.2014.940781.

Gross, J. J., Feldman Barrett, L., John, O., Lane, R., Larsen, R., & Pennebaker, J. (1998). The Emerging Field of Emotion Regulation: An Integrative Review. In *Review of General Psychology* (Vol. 2, Number 5).

Gross, J. J., & John, O. P. (2003). Individual Differences in Two Emotion Regulation Processes: Implications for Affect, Relationships, and Well-Being. *Journal of Personality and Social Psychology*, *85*(2), 348–362. https://doi.org/10.1037/0022-3514.85.2.348.

Jalal, N. M., Irdianti, Syam, R., Istiqamah, St. H. N., Ansar, W., & Ismail, I. (2022). Gambaran School Wellbeing pada Mahasiswa. *EDUKATIF : JURNAL ILMU PENDIDIKAN*, *4*(3), 4627–4637. https://doi.org/10.31004/edukatif.v4i3.2990.

Kins E., & Soenens B. (2012). Parental psychological control and dysfunctional separation–individuation: A tale of two different dynamics. *Journal of Adolescence*, *35*(5).

Kusumaningtyas, L. E. (2015). Dampak Overprotektif Terhadap Perkembangan Kemandirian Anak. *Widya Wacana*, *10*(1).

Lemoyne, T., & Buchanan, T. (2011). Does "hovering" matter? Helicopter parenting and its effect on well-being. In *Sociological Spectrum* (Vol. 31, Number 4, pp. 399–418). https://doi.org/10.1080/02732173.2011.574038.

Mandoa, F., Saud, H., & Reba, Y. A. (2021). Penyesuaian Diri Akademik Mahasiswa Ditinjau dari Regulasi Emosi dan Self-Esteem. *Psychocentrum Review*, *3*(1), 119–127. https://doi.org/10.26539/pcr.31595.

Mathijs, L., Mouton, B., Zimmermann, G., & Petegem, S. Van. (2023). Overprotective parenting and social anxiety in adolescents: The role of emotion regulation. *Journal of Social and Personal Relationships*, *41*(2), 413–434. https://doi.org/10.1177/02654075231173722 .

Morris, A. S., Jennifer, S. S., Steinberg, L., Myers, S. S., & Robinson, L. R. (2007). The role of the family context in the development of emotion regulation. *Social Development*, *16*(2), 361–388. https://doi.org/10.1111/j.1467-9507.2007.00389.x.

Nafisah, A., & Makki, M. A. (2021). Hubungan Antara Regulasi Emosi Dengan Karakteristik Perilaku Self-Injury Pada Mahasiswa Fakultas Dakwah Angkatan 2020 Universitas Islam Negeri Kiai Haji Achmad Siddiq Jember. *Psychospiritual: Journal of Trends in Islamic Psychological Research*, *1*(2), 1–12. https://doi.org/10.35719/psychospiritual.vxix.xx.

Nguyen, Q., Madison, S., Ekas, N. V., & Kouros, C. D. (2024). Helicopter Parenting Behaviors and Emerging Adult Mental Health: The Mediating Role of Emotion Dysregulation. *Emerging Adulthood*, *12*(5), 820–837. https://doi.org/10.1177/21676968241254565.

Priyatno, D. (2018). *SPSS: Panduan Mudah Olah Data Bagi Mahasiswa dan Umum*. CV. Andi Offset.

Qian, G., Wu, Y., Wang, W., Li, L., Hu, X., Li, R., Liu, C., Huang, A., Han, R., An, Y., & Dou, G. (2022). Parental psychological control and adolescent social problems: The mediating effect of emotion regulation. *Frontiers in Psychiatry*, *13*. https://doi.org/10.3389/fpsyt.2022.995211.

Rakhmat, Jalaluddin. (2001). *Psikologi komunikasi*. Penerbit PT Remaja Rosdakarya.

Rehing, M. A., Musawwir, & Zubair, A. G. H. (2024). Gambaran Regulasi Emosi Pada Mahasiswa di Universitas X. *Jurnal Psikologi Karakter*, *4*(2), 626–631. https://doi.org/10.56326/jpk.v4i2.3727.

Robbins, S. P., & Judge, T. A. (2017). *Organizational Behavior* (17th ed.). http://www.pearsonmylabandmastering.com.

Rotter, J. B. (1966). Generalized Expectancies for Internal Versus Exterbal Control Reinforcement. *Psychological Monographs*, *80*.

Segrin, C., Woszidlo, A., Givertz, M., & Montgomery, N. (2013). PARENT AND CHILD TRAITS ASSOCIATED WITH OVERPARENTING. *Journal of Social and Clinical Psychology*, *32*(6), 569–595.

Sobur, Drs. A. (2016). *PSIKOLOGI UMUM*.

Sugito, Soenarto, S., & Tohani, E. (2017). Evaluasi proses bimbingan skripsi mahasiswa Universitas Negeri Yogyakarta berdasar perspektif pembelajaran orang dewasa. *Jurnal Penelitian Dan Evaluasi Pendidikan*, *21*(2), 228–239. https://doi.org/10.21831/pep.v21i2.17150.

Sugito, Soenarto, S., & Tohani, E. (2017). Evaluasi proses bimbingan skripsi mahasiswa Universitas Negeri Yogyakarta berdasar perspektif pembelajaran orang dewasa. *Jurnal Penelitian Dan Evaluasi Pendidikan*, *21*(2), 228–239. https://doi.org/10.21831/pep.v21i2.17150.

Sugiyono, Prof. DR. (2019). *METODE PENELITIAN KUANTITATIF KUALITATIF DAN R&D* (19th ed.). ALFABETA, CV.

Thomas, C., & Zolkoski, S. (2020). Preventing Stress Among Undergraduate Learners: The Importance of Emotional Intelligence, Resilience, and Emotion Regulation. *Frontiers in Education*, *5*. https://doi.org/10.3389/feduc.2020.00094.

Thomassin, K., Fay Wilson, L., Vaughn-Coaxum, R., Keith Campbell, W., Zeichner, A., & Miller, J. D. (2020). Development and Validation of the Praise, Indulgence, and Status Parenting Scale. *Journal of Personality Assessment*, *102*(6), 804–816. https://doi.org/10.1080/00223891.2019.1639187.

Thompson, R. A. (1994). Emotion Regulation: A Theme in Search of Definition. *JSTOR*, *59*(2/3), 25–52.

Walgito, B. (2010). *Pengantar Psikologi Umum* (4th ed.).

Widhiarso, W. (2010). *Catatan pada Uji Linearitas Hubungan*. Fakultas Psikologi UGM.