

ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan antara religiusitas dengan makna hidup pada lansia. Penelitian ini dilatarbelakangi oleh berbagai perubahan fisik, psikologis, dan sosial yang dialami lansia sehingga dapat memengaruhi cara mereka memaknai kehidupan. Penelitian menggunakan pendekatan kuantitatif dengan desain korelasional. Partisipan penelitian berjumlah 130 lansia berusia 60 tahun ke atas yang tinggal di lingkungan masyarakat maupun panti jompo. Pengumpulan data dilakukan menggunakan Skala Religiusitas dan Skala Makna Hidup yang disusun berdasarkan aspek *purpose*, *significance*, dan *coherence*. Analisis data menggunakan korelasi Pearson Product Moment dengan bantuan program IBM SPSS Statistics 26. Hasil penelitian menunjukkan terdapat hubungan positif yang signifikan antara religiusitas dengan makna hidup pada lansia ($r = 0,661$; $p = 0,000$). Temuan ini menunjukkan bahwa semakin tinggi religiusitas yang dimiliki lansia, semakin tinggi pula makna hidup yang dirasakan. Dengan demikian, religiusitas memiliki hubungan yang positif dengan makna hidup pada lansia.

Kata kunci: religiusitas, makna hidup, lansia.

ABSTRACT

This study aimed to examine the relationship between religiosity and meaning in life among older adults. The study was motivated by the physical, psychological, and social changes experienced during later life, which may influence how older adults perceive the meaning of their lives. A quantitative approach with a correlational design was employed. The participants consisted of 130 older adults aged 60 years and above living in the community and nursing homes. Data were collected using the Religiosity Scale and the Meaning in Life Scale, which was developed based on the dimensions of purpose, significance, and coherence. Data were analyzed using the Pearson Product-Moment correlation with IBM SPSS Statistics version 26. The results revealed a significant positive relationship between religiosity and meaning in life among older adults ($r = 0.661$, $p < .001$). These findings indicate that higher levels of religiosity are associated with higher levels of meaning in life. Therefore, religiosity is positively related to meaning in life among older adults.

Keywords: *religiosity, meaning in life, older adults.*